

## YOU NEED ANY HELP?

Contact the Cathedral Office for all necessary information and the Office will direct you to the appropriate persons to help. Below are the Contact Persons.

- A. **For Booking of all Services of the Church**  
*The Dean; The Canon Residentiary*
- B. **For Social Welfare and Charity**  
*The Dean; Rev. Canon Azubike Ahubelem; Dr. (Mrs.) Irene Omogbehin*
- C. **For Cathedral Societies**  
*The Dean; The Society Chaplains; Presidents & Secretaries of Societies*
- D. **For The Elderly Ministry**  
*The Dean; Rev. O. Toriola; Chief (Mrs.) Ayo Akideinde*
- E. **For The Evangelical Ministry**  
*The Dean; The Canon Residentiary; Mr Emeka Madubuike*
- F. **For Cathedral Missionary Society**  
*The Dean; Mr Tunji Odeneye.*
- G. **For the Children Ministry**  
*The Dean; The Rev. Oluwambe Toriola, Mr. Tunji Odeneye;*
- H. **For The Youth Ministry**  
*The Dean, Chief (Mrs) Funmi Ogunbadejo. Mr Ikenna Ezeugwu*
- I. **For The Boys' & Girls Brigade; Boys' & Girls' Guild**  
*The Dean, Rev. O. Odumosu; Mrs C.F. Akinrotimi, Mrs A.O. Agara, Mrs A.A. Odumosu.*
- J. **For The Medical Ministry**  
*The Dean; Rev. Oluwambe Toriola; Dr. (Mrs.) Irene Omogbehin,*
- K. **For the Counselling Ministry**  
*The Dean; Dr. (Mrs) Irene Okwerekwu*
- L. **For the Prisons & Hospital Ministry**  
*The Dean; Rev. (Dr). Benjamin Okere;*
- M. **For Discipleship Training**  
*The Dean; Mr Tunji Odeneye; Dr (Mrs) Oyin Ilo*
- N. **For The Home Fellowship**  
*The Dean; Mr Emeka Madubuike*
- O. **For Singles' and Couples' Fellowship**  
*The Dean; Mr. Steve Aladesawe*
- P. **For Intercessory Ministry**  
*The Dean; The Rev. Canon Azubike Ahubelem; Engr. R. S. Ogundana*
- Q. **For Sport Ministry**  
*The Dean; The Canon Residentiary, Chief Bolaji Okubule, Mr Steve Ahua*
- R. **For Board of Directors for Clinic**  
*The Dean; Prof. M.A. Bankole*
- S. **For Board of Directors for Economic Empowerment**  
*The Dean; Dr. Oladimeji Alo; Mr Olumide Ajomale*
- T. **For Cathedral Christian Mothers Matters**  
*The Dean; The Rev. Taiwo Adebayo; Mrs. A.O. Agara; Mrs. Folake Owolabi*
- U. **For Chaplains to Societies**  
*The Dean; The Canon Residentiary*
- V. **For The Choir**  
*The Dean; Mr Sunday Olawuwo*
- W. **For Booking of the Halls & Guest House**  
*The Dean; The Chapter Clerk; The Wardens.*

**Below are the Telephone Numbers of the Cathedral Office, the Dean and the Cathedral Priests. You can contact these phones as need be.**

The Dean	0803-7152811
The Ven. Festus Olowosile	0803-4003552
The Ven. Gbenga Oniye	0803-3564593
The Rev. Canon James Adekanye	0803-5806344
The Rev. Canon Azubike Ahubelem	0803-3081617
The Rev. Oluwambe Toriola	0802-3194800
The Rev. Oladele Odumosu	0803-2005701
The Rev. Taiwo Adebayo	0818-1645373
The Rev. Dr. Benjamin Chijioke Okere	0802-3270247
The Rev. Opeyemi Ibikunle	0817-0700696

## DIocese of LAGOS WEST (Anglican Communion)



### ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL

Oba Akinjobi Way, GRA, Ikeja

Founded – March, 1964

P.O. Box 506, Ikeja, Lagos

Website: [www.avmcc.org.ng](http://www.avmcc.org.ng)

E-mail: [info@avmcc.org.ng](mailto:info@avmcc.org.ng)

Follow Us On  AVMCC Cathedral

 @avmcccathedral



Vol. 13/28/07/2017

#### Our Vision:

"CHRIST FOR ALL NATIONS"

#### Our 2017 Mission:

**"ARISE, SHINE FOR YOUR LIGHT HAS COME"**  
Isaiah 60:1.

A GOOD INDICATOR OF YOUR SPIRITUAL TEMPERATURE IS YOUR EAGERNESS TO COME TO THE CHURCH (PS 122:1). NEVER ALLOW YOUR SEAT TO BE EMPTY FOR AN EMPTY SEAT IS AN EMPTY HEAD AND IN HIS PRESENCE ONLY ARE FULLNESS OF JOY AND PLEASURES.

### WEEKLY BULLETIN

SUNDAY, 16<sup>TH</sup> JULY - SATURDAY, 22<sup>ND</sup> JULY,  
2017

TRINITY 5

**Sunday Theme: OBEYING GOD  
COURAGEOUSLY**

Colour: Green

Mr. Adetunji Adekoya  
Cathedral Warden

Mr. Bode Ogunlela  
Cathedral Warden

The Ven. Adegoke O. Agara  
The Dean of the Cathedral

The Rt. Rev. Dr. James O. Odedeji  
The Bishop, Diocese of Lagos West

Please Take A Copy

**1. SERVICES FOR SUNDAY – 16<sup>TH</sup> JULY**

**A. 7.00 am HOLY COMMUNION**

**BAND OF GLORY ANNIVERSARY**

**Celebrant:** *The Rev. Opeyemi Ibikunle*  
**The Epistle:** *Band of Glory*  
**The Gospel:** *The Rev. Canon A. Ahubelem*  
**Preacher:** *The Rev. Oladele Odumosu*  
**Intercession:** *The Rev. Canon J. Adekanye*

- ❖ Processional Hymn: VSH 65 – O Lord my God
- ❖ Worship Songs
- ❖ The Preparation to Penitence - **Ven. F. Olowosile**
- ❖ The Epistle: Romans 12:1-8
- ❖ Gradual Hymn: CH 493
- ❖ The Gospel: Luke 15:11-32
- ❖ Sermon
- ❖ Nicene, Creed & Intercession
- ❖ The Peace
- ❖ The Offerings: Choruses
- (a) *First Fruit* (b) *Tithes, Building, Covenant Seed & Sunday Offering*
- ❖ The Eucharistic Prayers
- ❖ The Administration: CH 453, 198, 447, 448, 449, 452
- ❖ The Ablution: VSH 78 – Standing on the promises
- ❖ Post Communion Prayer
- ❖ **The Anniversary:**
  - i. Band of Glory Anthem
  - ii. Rededication of Members
  - iii. Band of Glory, Patrons /Matrons & The Church
- ❖ **Thanksgiving**
  - i. Clergy Harvest: **The Rev. Canon Azubike Ahubelem & Family**
  - ii. Family Harvest as indicated: (*see page 22*)
  - iii. Society Harvest as indicated (*see page 22*)
  - iv. Birthday thanksgiving of Mrs Anita Mojekwu & God’s numerous blessings.
  - v. Thanksgiving by Nnamdi Azikwe University Alumni (Lagos Chapter) for the growth & sustenance of the Alumni and God’s numerous blessings.
  - vi. Thanksgiving after the successful burial of Late Chief Clement Ejikeme Ogbogu (Father of Mrs Tessa Onwuasoanya), successful surgery and journey mercies.
- ❖ Doxology & Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: VSH 10 – When we walk...

**WE WELCOME ALL OUR FIRST TIMERS IN JESUS NAME.**

**B. 10.00 am HOLY COMMUNION  
YWCA ANNIVERSARY**

**Celebrant:** *The Ven. Festus Olowosile*  
**O.T. Reading** *YWCA*  
**The Epistle:** *YWCA*  
**The Gospel:** *The Ven. Gbenga Oniye*  
**Preacher:** *The Rev. Opeyemi Ibikunle*  
**Intercession:** *The Rev. Oladele Odumosu*

- ❖ Processional Hymn: CH 608
- ❖ Worship Songs

**G. 2017 INTER-SOCIETY BIBLE QUIZ**

The above named **Quiz Competitions** among Societies in the Cathedral will be coming up on Sunday, **3<sup>rd</sup> September, 2017 by 4.00p.m** for the preliminary and the **final on Sunday 5<sup>th</sup> November, 2017 by 4.00p.m.** **Book of Study –(a) ISAIAH 40 - END, (b) MATTHEW 1-15 (C) ANGLICANISM (D) CHURCH OF NIGERIA BIBLE STUDY OUTLINE 2017 (JUNE – AUGUST).**

**H. LECTURE! LECTURE!! LECTURE!!!  
ORGANISED BY YWCA**

The above Society is organising a Lecture to mark her 51<sup>st</sup> Anniversary titled **“Parenting & Grandparenting – Techniques Roles and Responsibilities”** on Sunday, 16<sup>th</sup> July, 2017 by 1.30pm at Rotary International Hall, No 8, Ladoke Akintola Street, off Oba Akinjobi Road, GRA – Ikeja. **Speaker: Dr. Funmilola B. Omotayo, PhD. Cpsychol, AFBPSS Chartered Psychologist & Associate Fellow, British Psychological.** Societies and Ministries are invited to send **TWO** representatives each to the Lecture / Reception.

**I. LAUNCHING! LAUNCHING!! LAUNCHING!!!**

A member of the Youth (**Eze Onyinyechi Chikaodi**) cordially invite all to her Launching of a book titled **“Guidance & Counselling in Crises Management”** which comes up today, Sunday 16<sup>th</sup> July, 2017 at Vining Hall by 2.00pm. God bless you as you attend. Thank you.

**J. AVMCC BANK ACCOUNTS DETAILS**

<u>BANK</u>	<u>ACCOUNT NUMBER</u>	<u>SORT CODE</u>	<u>PURPOSE</u>
ACCESS	0017948337	044151245	Evangelical Fund
WEMA	0120970667	035150695	Offering & Thanksgiving
FIRST	2025018178	011151841	Harvest (kindly signify the purpose e.g. Family harvest, Youth Harvest etc.)
FIRST	2001350641	011151841	Project Support
STANBIC	9200212515		
IBTC		221150027	First Fruits
GTB	0007899440	058152120	Tithes
WEMA	0122245798	035150695	Endowment Fund Please indicate your name in the payments.

Parishioners can now pay directly to any of the Banks with account details listed, as applicable. Payment by POS is also available in the Church office.

## **D. HARVEST NEWS**

### **A. Family Harvest for today - Sunday 16<sup>th</sup> July, 2017**

**7.00am:** Mrs Anita Mojekwu & Family, Mrs Bukola Fawehinmi & Family, Mr Obafemi Aluko & Family, Sir Kene Okonkwo & Family, Mr Adewale Adegbite & Family, Dr. (Mrs) Kike Adegbite & Family, Sir. Alozie Nsirimobi & Family, Mr Abiodun Shadare & Family.

**10.00am:** Mr Gbenga Odeyemi & Family, Mr Ayodele Adeluola & Family.

### **B. Society Harvest for today – Sunday 16<sup>th</sup> July, 2017**

Agape Christian Sisters, Christian Family, YMCA & Y.W.C.A

### **C. Society Harvest for – Sunday 23<sup>rd</sup> July, 2017**

Ambassadors of Christ; Ascension Fellowship;

### **D. Society Harvest for – Sunday 6<sup>th</sup> August, 2017**

Good Samaritan; Torchbearers, Anglican Fellowship

**Children Harvest July 30<sup>th</sup> 2017 – Photo Gallery:** Make your children / grandchildren proud and happy by featuring them in the Photo Gallery. Send their photos to Sunday School Co-ordinator or directly to the Harvest office – 2<sup>nd</sup> Floor, Vining House, Room 202 with N4,000 for 25cm; N10,000 for Quarter Page, N15,000 for Half Page & N20,000 for Full Page. Thank you. For enquiries: Call Jide on 08152223222 or Charity 07063214646. Deadline for submission is Sunday, 16<sup>th</sup> July, 2017.

## **E. HARVEST NEWS**

### **2017 HARVEST PROGRAMMES**

Parishioners are to please note the Harvest Calendar Activities. Please keep the days free in your diaries.

- |                              |                             |
|------------------------------|-----------------------------|
| (1.) Family Harvest          | Sunday, June 11 – Nov. 2017 |
| (2.) Children's Harvest      | Sunday, July 30, 2017       |
| (3.) Youth Harvest           | Sunday, August 27, 2017     |
| (4.) Corporate/ Professional | Sept. – Nov. 2017           |
| (5.) All Women Harvest       | Sunday, Sept. 10, 2017      |
| (6.) Community Hymn Singing  | Sunday, Sept 17, 2017       |
| (7.) National Harvest        | Sunday, Oct. 1, 2017        |
| (8.) Alma-Mater Harvest      | Sunday, Oct. 15, 2017       |
| (9.) Adult Harvest           | Sunday, Oct. 29, 2017       |

### **F. AVMCC CHURCH NEEDS**

Dear Parishioners,

*Be encouraged to pick one or more of the items listed below to mark your birthday, wedding anniversary and other occasions of joy. Do endeavour to get in touch with the WARDENS for specifications or monetization.*

- |   |              |
|---|--------------|
| 1. Tables & Chairs For The Halls        |              |
| 2. APC Industrial Ups 10KVA             | N2,400,000   |
| 3. Split Air Conditioner 2HP            | N182-250,000 |
| 4. Split Air Conditioner 1.5 HP         | N110-180,000 |
| 5. Panasonic Ac Standing 2tons-         | N345,000     |
| 6. Panasonic Ac Standing 3tons-         | N475,000     |
| 7. Hi Tech Surveillance System          | N1,800,000   |
| 8. Mercury Stabilizer 10 KVA            | N250,000     |
| 9. Development of our landed properties |              |

**GOD LOVES A CHEERFUL GIVER NOT A FEARFUL GIVER**

- ❖ The Preparation to Penitence - **The Ven. G. Oniye**
- ❖ O.T. Reading: Genesis 12:1-9
- ❖ Psalm 119:17-32
- ❖ The Epistle: Romans 12:1-8
- ❖ Gradual Hymn: VSH 10 - When we walk....
- ❖ The Gospel: Luke 15:11-32
- ❖ Sermon
- ❖ Nicene, Creed & Intercession
- ❖ The Peace
- ❖ The Offerings: Choruses
- ❖ (a) *First Fruit* (b) *Tithes, Building, Covenant Seed & Sunday Offering*
- ❖ The Eucharistic Prayers
- ❖ The Administration: Worship Songs
- ❖ The Ablution: CH 614
- ❖ Post Communion Prayer
- ❖ **The Anniversary:**
  - i. YWCA Anthem
  - ii. Rededication of Members
  - iii. YWCA, Patrons /Matrons &The Church
- ❖ **Thanksgiving**
  - i. Clergy Harvest: **The Rev. Canon Azubike Ahubelem & Family**
  - ii. Family Harvest as indicated: (*see page 22*)
  - iii. Society Harvest as indicated (*see page 22*)
  - iv. The Churcing of Mrs Adaugo Chidubem for the gift of a baby boy and God's numerous blessings.
- ❖ Doxology and Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: CH 471

### **C. EVENTS AHEAD**

1. Children's Harvest – Sunday, 30<sup>th</sup> July, 2017.
2. God in my Life: Chief Olusegun Obasanjo GCFR – Sunday, 6<sup>th</sup> August, 2017 at 4.00pm.

### **D. EQUIPPING THE SAINTS IS ON**

**BE A PARTAKER. IT IS SPIRITUALLY REWARDING. Classes hold every Saturday at 9.00am. Venue: 1<sup>st</sup> Floor, Vining Hall.**

### **E. FIRST FRUIT – LEV. 23:10-11; DEUT. 26:1-10**

1. Your first salary on a new job.
2. The first profit from a new line of business
3. For those already working, it is the first salary in the year.
4. When promoted to another level, the difference between your former salary and the new one.
5. To the aged with no pension, it is your first allowance from your children.
6. For Landlords and Landladies, the rent for the first month in the year is your first fruit.
7. For students, the poor, the jobless, it is your first gift in the year.

8. For those with multiple sources of income or salary, the best or the highest of all is ideal as first fruit.

**TEST GOD WITH IT, TASTE AND SEE THAT THE LORD IS GOOD – Mal. 3:10, Ps. 34:8**

**Acct NO - STANBIC IBTC - 9200212515- First Fruits**

**F. CHRISTIANS**

- i. If you are suffering, check your offering – 2 Cor. 9:7.**
- ii. If things are TIGHT for you, check your TITHE – Mal. 3:8-10.**
- iii. You do not have to be in UK to be OK – Ps. 122:6, Psalm 128:5.**
- iv. Every good thing comes from ABOVE not from ABROAD – Col. 3:2.**

**G. PROMOTION**

**Beloved our PROMOTION in life is NOT by CLASS but by CHRIST.**

**It is NOT from ABROAD but from ABOVE.**

**It is NOT by DEGREE but by DIVINE DECREE.**

**Therefore, pray that you will be highly favoured unto DIVINE PROMOTION in Jesus name. Amen.**

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**H. 7.00a.m & 10.00a.m. YOUTH SERVICE**

**Celebrant: The Rev. Taiwo Adebayo**

**Preacher: The Rev. Taiwo Adebayo**

**Theme: Obeying God courageously**

- ❖ Opening Hymn: CH 556
- ❖ The Preparation to Penitence
- ❖ The Epistle: Romans 12:1-8
- ❖ Praise Worship
- ❖ The Gospel: Luke 15:11-32
- ❖ Sermon
- ❖ Nicene Creed to Intercession
- ❖ The Peace
- ❖ Offertory Hymn: Choruses
- (a) First Fruits (b) Tithes, Building, Covenant Seed & Sunday Offering**
- ❖ The Eucharistic Prayers
- ❖ The Administration: Worship Choruses
- ❖ Post Communion Prayer
- ❖ Thanksgiving
- ❖ Prayer & Benediction
- ❖ The Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: VSH 10

**C. ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL  
EDUCATIONAL SUPPORT INITIATIVE FOR  
INDIGENT YOUTHS IN AVMCC**

Applications are invited for the AVMCC Annual Scholarship Awards.

**1. CRITERIA FOR AWARDS:**

- Applicant and/or any parent must have been on the registered list of members of the AVMCC for at least FIVE years prior to the application.
- Applicant must be indigent and must attach evidence through an attestation letter by the Dean or a Priest in the Cathedral
- Applicant and/or parent must be a member of a Church Society or Ministry
- Applicant must be a registered student of a **Tertiary Institution or professional Institute in Nigeria ONLY** i.e. Universities, Polytechnics, Colleges of Education or accredited professional Institutes and certified by appropriate authority of the Institution
- Applicants must have good academic performances with evidence through the statement of results signed by the Registrar/appropriate authority of the institution

**2. How to Apply for AVMCC Scholarships**

Each applicant shall submit a typed application letter, not more than two pages. addressed to “**The Chairman, Educational Support Initiative, Archbishop Vining Memorial Church Cathedral, Ikeja, Lagos**” The letter must include the name of the candidate, course of study, year of study, state of origin, and why the candidate believes that he/she should be given the scholarship award. The application letter must be accompanied by:

- Evidence of AVMCC membership of applicant and / or parent
- Or a letter from the Dean of AVMCC certifying that candidate is a member indicating the Society or ministry he/she or the parent belongs
- Evidence of membership of the Cathedral Youth Vanguard
- Photocopies of SSCE/NECO results and JAMB admission letter
- A photocopy of the candidate's current school Identity card.
- A letter from the Registrar of the candidate's institution certifying that the candidate is a student of such institution.
- A letter from the candidate's current Head of Department, including correct information of the candidate's biodata, academic profile and CGPA for the last academic semester.
- Two (2) current passport photographs.

All applications are to be submitted to the Office of the Dean, AVMCC not later than **FOUR weeks from the date of this announcement.**

**3. Value of Award: N100,000.00 annual support grant.**

## 15. CHRISTIAN MOTHERS

- i. All women prayer meeting {Cathedral Deanery} - Every 1<sup>st</sup> Thursday of the Month. Venue: The AVMCC Auditorium. Time: 5.00pm-6.00pm.
- ii. Bible Study for Christian Mothers - Every 1<sup>st</sup> Monday of the month at 5.00pm.
- iii. Fasting & Prayer for Christian Mothers - Every last Monday of the month at 5.00pm.
- iv. **Adult Education Programme:** This course is for young and old every Monday & Wednesday by 3.30pm at the Vining Hall.

## 16. INFORMATION FOR MEMBERS

### A. Obituaries

- i. We announce the passing into glory of Revd. Felix Nwoke. (Father-in-law of Bro Eze Ebonugwu of Lord's Labours Fellowship & Deliverance Healing Unit of AVMCC) Burial Arrangements are as follows:

**Service of Songs:** On Thursday, 20<sup>th</sup> July, 2017 at his compound by 5.00pm.

**Funeral Service:** On Friday, 21<sup>st</sup> July, 2017 at St. Andrew's Anglican Church, Obizi- Ezinihite Mbaise, Imo State by 10.00am.

- ii. We announce the passing into glory of Madam Hannah Tamuno Mgba-afor-ocha (Mother of Mrs Blessing Marshall of Ambassadors of Christ Society). Burial Arrangements are as follows:

**Service of Songs:** On Friday, 21<sup>st</sup> July, 2017 at Chief Owoi Compound, Greme Ama in Okrika Township, Rivers State by 4.30pm.

**Funeral Service:** On Saturday, 22<sup>nd</sup> July, 2017 at St. Peter's Anglican Church, Okrika Township, Okrika LGA, Rivers State by 12.00noon.

### B. VACANCIES

- i. A **Staff Nurse (Midwife)** is needed at the AVMCC Cathedral Primary Health Centre. Applicant must be registered with **Nursing & Midwifery Council of Nig, Must have valid practising license; 3-5 years post qualification experience etc.** Submit your application to the Cathedral Office within 2 weeks of this publication.
- ii. Mature **Sales girl** needed in a "Fabric Outfit" in Magodo Area. Lagos. Please contact: 08037120704; 08053783996.
- iii. **Professional/Experienced (Male) Tailors** and Apprentice Tailors urgently required in a fashion house in Maryland, Lagos. Please contact: 08065252325; 09098701006.

20.

## I. 6.00 pm. EVENSONG

**Cantor:** *The Rev. Oluwambe Toriola*

**Preacher:** *The Rev. Oladele Odumosu*

**Sponsor:** *Anglican Fellowship*

**Organist:** *Dr. Chinedu Osinigwe*

- ❖ Processional Hymn: CH 38
- ❖ Call to Worship
- ❖ Praise Worship
- ❖ Lesson: Eph. 4:17-End – Anglican Fellowship
- ❖ Hymn: CH 484
- ❖ Short Exhortation & Prayer
- ❖ Offerings Choruses

*(a) First Fruit (b Tithes, Building, Covenant Seed & Sunday Offering*

- ❖ Thanksgiving
- ❖ Closing Prayer
- ❖ Withdrawal Hymn: VSH 10

## J. AVMCC SPONSORSHIP OF 2017 EVENSONG BY SOCIETIES

1. Sunday - July 16, 2017 - Anglican Fellowship
2. Sunday - July 23, 2017 - Ambassadors of Christ
3. Sunday - July 30, 2017 - Children Harvest
4. Sunday - August 6, 2017 - Band of Glory
5. Sunday - August 13, 2017 - Light of the World
6. Sunday - August 20, 2017 - Band of Mercy
7. Sunday - August 27, 2017 - Youth Harvest
8. Sunday - Sept.3, 2017 - Good Samaritan
9. Sunday - Sept.10, 2017 - YWCA

## SENTENCES FOR TRINITY 5

### Introductory Sentence

Do not return evil for evil, or reviling for reviling, but on the contrary bless, for to this you have been called, that you may obtain a blessing. **1 Peter 3:9.**

### Collects for the Week:

God, of our forebearers as Your chosen servant Abraham was given faith to obey Your call and go out into the unknown, so may Your Church be granted such faith that we may follow You courageously now and forever, through Jesus Christ our Lord. **Amen.**

Almighty God without You we are not able to please You. Mercifully grant Your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord. **Amen.**

### Post Communion Sentence

Put on the Lord Jesus Christ, and make no provision for the flesh. **Romans 13:14.**

## 3. ANIMA CHRISTI

1. **Soul of my Saviour, Sanctify my breast  
Body of Christ, be Thou my saving guest  
Blood of my Saviour, Bathe me in Thy tide  
Wash me with water flowing from Thy side.**

2. **Strength and protection may Thy passion be  
O blessed Jesus, hear and answer me  
Deep in Thy wounds, Lord, hide and shelter me  
So shall I never, never part from Thee.**

5.

3. **Guard and defend me from the foe malign  
In death's dread moments, make me only Thine  
Call me and bid me come to Thee on high  
When I may praise Thee with Thy Saints for aye.**  
Amen.

4. **PRAYER POINTS FOR TODAY – SUNDAY,  
16<sup>TH</sup> JULY, 2017**

A. **Prayers for the Anglican Communion and for  
Christian Denominations and Organizations**

- i. Pray for The Rt. Rev. Abel Oluyemi Ajibodu, his family and all members of the Diocese of Ile-Oluji.
- ii. Pray for The Rt. Rev. Ezekiel B. Dahunsi, his family and all members of the Diocese of Idoani.
- iii. Pray for The Rt. Rev. Dr. James O. Odedeji, his family and all members of the Diocese of Lagos West

B. **Prayer for AVMCC**

- i. That the spirit of obedience will permeate the lives of every member of the Cathedral.
- ii. That the members of this Cathedral will not fall from GRACE to GRASS.
- iii. Pray for all who labour in this Cathedral selflessly for God to reward them.

C. **Prayer for all our members who are having their  
Birthdays and/or other Anniversaries today:**

- i. For Dr. Lilian Enone, Engr. Igwe Enuoyibo, Mr Uchenna Ifezue, Mr Kingsley Igbom, Mrs Olushade Adu, Mr Mgbemena Godswill, Mrs Anita Mojekwu, Mrs Olaide Olopade, Mr Austin Ufomba, Chief Charles Okeke and others who are celebrating their birthdays today.
- ii. For those having their Wedding Anniversaries or any other positive Anniversaries today.

D. **Prayers for individual Families within the  
AVMCC Household**

- i. Bejide Family, Belolise Family, Benjamin Family, Bielonwu Family, Blue-Jack Family, Boboye Family, Bolaji Family, Bola Ifeghale Family, Bolarinwa-Oye Family, Bonojo Family.

E. **Prayer for the following people:** The Rt. Rev. Dr. P. A. Adebisi, Pa Laban Namme, Engr. & Mrs. Odedairo, Mrs. Beatrice Akinola, Prof. & Mrs. Segun, Mrs. David-West, Chief (Mrs) I.A. Norma-Williams, Mrs M.I. Ilori, Mrs Idowu Bajomo, Pa Muiyiwa Adebekun, Mr & Mrs R.A. Metu, Mr. B. Sorinmade, Mr Tuyi Olonisakin, Mrs M.M. Aruofor, Mrs Olukolu, Chief Festus Okubule.

F. **Prayer for Nigeria & the World**

- i. That God should arise and scatter all the enemies of this Nation wherever they may be.
- ii. That all the secret agenda to Islamize this nation be revealed and nullified.

G. **All Needy People:** The barren, the pregnant, spinsters, bachelors, jobless, homeless that God remembers all of them for good.

H. **HARVEST 2017:** Pray that in this month of our children's harvest, we shall never have reason to weep over anyone of them.

**SERVICE TIME ON**

By major harvest days is meant Children's harvest, Young people's harvest, National Harvest and Adult Harvest days.

These are days when we have a combine service involving our children in Sunday School and the Youth Chapel at both services.

It should be of interest to you to be reminded that it is becoming increasingly difficult to end the 7.30am service before 10.00am on major harvest days for obvious reasons. Our population is a large one for which the church remains eternally grateful to God trusting Him that AVMCC shall not experience depletion, physically or spiritually nor become a proverb a by word nor a desolate.

Be that as it may however, with the 7.30a.m service being statutorily an Holy Communion service and the harvest requiring every member to dance to the altar as a matter of expediency and in the spirit of thanksgiving and thanks offering, it takes a longer time. It is therefore to this end under God, by the leading of the Holy Spirit and with due recourse to our father the Diocesan that we hope to explore the possibility of starting the second service at **10.30am on major harvest days only.**

The implication of this is that rather than keeping our parishioners outside for too long while waiting, moreso given the fact that most of them are elders, they are to arrive at 10.30am to start the service and flow into the harvest reception on the field. We are trusting God that this should enhance our worship as you pray along with us.

Conclusively, we reiterate our since appreciation for your readiness in furthering the work of God in AVMCC notwithstanding the prevailing economic challenges. Our sincere regards to the entire membership of the society committed to your charge under God.

May the Lord remember all of us for good in Jesus name. Amen.

**B. Cathedral Youth Chapel**  
**Regular Weekly Programmes**

YEAR THEME: "EXPLOITS: REVEALING HIS GLORY"

- i. Strictly Feminine - Every 3<sup>rd</sup> Saturday of the month.
- ii. Just 4 Guys – Every 1<sup>st</sup> Saturday of the month at 1.00p.m
- iii. Youth Fellowship every Saturday by 3.00p.m.

**Sunday:** 7.00am. & 10.00am. Services

**Venue:** Youth Chapel (2<sup>nd</sup> Floor, Adetiloye House)

**Strictly Feminine - Coordinator – Sister Chiemeka Anadu – 08094816786.**

**Just 4 Guys Co-ordinator – Bro. Ernest Elue – 08060866421.**

**C. Elderly Ministry**

All Senior Citizens are welcome every Tuesday from 11.00 am to 3.00pm.

- i. Medical Check-up in the Clinic; Spiritual Talks; Games /Exercises and Handicrafts in the Vining Hall.
- ii. Please send names of sick and shut-in Elders to the Coordinator Elderly Ministry or the Cathedral office for visitation.
- iii. **2017 Bible Quiz Book – The Gospel according to LUKE**

**D. Evangelical Ministry**

**i. Monthly Meeting**

2<sup>nd</sup> & 3<sup>rd</sup> Monday of the Month at 1<sup>st</sup> Floor, Vining House by 6.00pm.

**ii. Home Fellowships:**

All Parishioners and their friends are encouraged to attend a Home Fellowship of their Choice and convenience near their homes or work places. Please check the list of Home Fellowship Centres pasted on the Notice Board in front of the Church or contact: **08033100270**, or the Church Office.

**iii. Visitation:**

Do you know any Parishioner who needs to be visited by the Church? Please send the name and address to the Evangelical Ministry for a follow-up.

**E. Counselling Ministry**

Please take advantage of the Cathedral Counselling Ministry. It involves every aspect of Human Endeavour, which includes but is not limited to Marriage, Business, and Career. We have a monthly Family Evening where we bring the current needs of Families into focus. If you wish to talk to somebody for Counselling, please call: **08037605902**, available on 24 hour basis.

**5. THOUGHT FOR THE WEEK**

**SUNDAY – 16<sup>TH</sup> JULY, 2017**

**TODAY'S TOPIC: OBEYING GOD  
COURAGEOUSLY**

**BIBLE READINGS: PSALM 119:17-32; GENESIS 12:1-9; ROMANS 12:1-8; LUKE 15:11-32.**

**INTRODUCTION:** Obedience is compliance with an order, request, or law or submission to another authority. What endears a believer to God is his faith in God and prompt obedience to God's instruction. Abraham obeyed the Lord in the midst of uncertainty and God rewarded his obedience. God rejected King Saul on account of his disobedience while Abraham became the father of many nations because He obeyed God. To obey means:

- Do as you are told- **Gen. 12:1-9**
- To abide by- **John 15;1-5**
- To comply with specific order or instruction- **Joshua 1;8**
- To yield to without looking back- **Heb. 6:3**
- To submit to without questioning- **Phil.2:1-10**

To obey God is to put Him first in all things and living in accordance with His precepts. When God tests our obedience to Him, He entrusts His blessings to us if we courageously obey Him. To disobey the Lord is to act contrary to God's word, His instructions and His will for our lives. The proof of our faith to God is our obedience to His word. **TO OBEY THE LORD ALWAYS WE MUST ALLOW:**

- The Spirit of God to transform our lives on daily basis- **Romans 12;1**
- Our mind and trust in the Lord must be renewed everyday through the word of God **Romans 12:2**
- **Not conforming to this world by disobeying God.**
- We must prove the perfect will of God by obeying the Lord in same regard.

**SPIRITUAL FACTS ABOUT OBEYING GOD**

1. It takes courage to obey God - **Heb. 11:29-30.**
2. Obeying God is a choice - **Joshua 24:15.**
3. To obey is better than sacrifices- **I Sam.15:22b.**
4. It requires absolute trust in God to be obedience to His instructions - **II Kings 22:2.**
5. Obeying God brings God's blessings- **Deut. 11:26-27**
6. No one obeys God and regrets it - **Romans 5;19.**
7. Obedience is a test of our faith in the Almighty of God - **Job 1:21.**
8. Obedient life is a sweet aroma and is pleasing unto the Lord- **I John 2:3-4.**
9. Obedience to God shows brings us to a realm of greatness in God's agenda. **Isaiah 1:19**
10. Disobedience brings God's wrath and closes heaven over a life- **Romans 1:18.**
11. Nothing pleases God like a life of obedience- **Romans 4:18-21.**
12. God takes special delight in those who obey Him- **Eccl. 12:13.**
13. Obedience to God means not hold back from God- **Heb 11:8.**

## WHERE GOD WANTS US TO OBEY HIM

God wants us to be obedient to His words, instructions, revelations and whatever He is asking us to do no matter how difficult it looks. He wants us to obey His written word. Take note of the following areas where God is expecting us to obey Him and obedience to Him is not limited to these areas.

1. We are expected to obey whatever the written word of God says - **Joshua 1:7-8.**
2. We are to obey God by paying our tithes and offering accurately. Remember God loves a cheerful giver and not a fearful giver- **Mal.3:8-12.**
3. We are to obey God when faced with temptations or challenges- **Isaiah 64:8; John 3:30.**
4. Obeying our spiritual fathers in all things lawful- **Titus 1:16**
5. Obedience to God in our marriage- **Eph. 5:21-33**
6. Living in obedience as citizens of Heaven- **Acts 5:29 & 4:13-20.**
7. Obeying God by submitting absolutely to His will- **Heb.5:8.**
8. Anytime God gives us divine revelation of His purpose, we must obey without delaying or holding back from Him- **Acts 11:1-9.**
9. We are to obey the gospel- **Mark 16:15**
10. We are to obey our parents- **Eph.6:1-4**
11. We are to obey constituted authority and those in authority- **Romans 13:1-7**
12. By living an exemplary life-Our perfect example of obedience is Christ Jesus- **Luke 22:42**

## HOW TO OBEY GOD- we are to:

1. Obey God unconditionally- **Deut. 11:13**
2. Obey God heartily- **Psalms 119:2, 10**
3. Obey God absolutely- **I Samuel 15:22**
4. Obey God sincerely- **Romans 6:17**
5. Obey God wholeheartedly – **Eph. 6:7**
6. Obey God genuinely- **Phil.2:12**
7. Obey God courageously –**Joshua 22:2-3**
8. Obey God fully- **Exodus 19:5**
9. Obey God cheerfully- **I Thess. 5:16-26, Pro. 15:13**
10. Obey God willingly- **Isaiah 1:19**
11. Obey God all of the time- **Romans 1:5**

## I. Admission to Lagos Anglican Schools,

- **Anglican Comprehensive High School, College Road, Ipaja,**
- **Anglican Girls' Grammar School, 19, Akinhanmi Street, Surulere,**
- **CMS Grammar School, Bariga**
- **Bishop Howells Memorial Grammar School, St. Finbarrs College Road, Akoka, Yaba - Lagos.**
- **Igbobi College, Yaba**

The forms for the above schools with the exception of IGBObI COLLEGE are out at the rate of **₦7,500.** Payment should be made into **Union Bank Acct No 0002516850.** Account Name: Lagos Anglican Schools Management Board and Collect the form at the Cathedral Office and submit to the school of your choice. Examination take place on Saturday, 27<sup>th</sup> July, 2017 in the schools' premises by 8.00am.

## J. Admission to The Federal Polytechnic, Ile-Oluji, Ondo State.

Admission into (i) **Accountancy** (ii) **Computer Science** (iii) **Computer Engineering Technology** (iv) **Electrical Electronics Engineering Technology** (v) **Statistics.** Programme is now open to candidates with **5 O'level** credit passes and who scored up to **150** in the 2017 UTME. For more information, visit [www.fedpolel.edu.ng](http://www.fedpolel.edu.ng) or call: 07035927583.

## H. Babington Macaulay Junior Seminary, Ikorodu

The forms for the above school are out at the rate of **₦10,000.** Payment should be made into **Zenith Bank Plc: Babington Macaulay Junior Seminary Account No 1012883577.** Collect your own at the Cathedral Office and submit at the school. **Examination Date:** Saturday, 4<sup>th</sup> June, 2016. Interview on Saturday 11<sup>th</sup> June, 2016.

## K. Admission to Lagos Anglican Bible College, Lagos.

Admission into the Diploma and Certificate Courses in Biblical studies will come to an end on 30<sup>th</sup> June, 2017. There are still few vacancies left. The form is now **₦2000.** For further details contact 08023014807.

## 14. MINISTRIES & FELLOWSHIPS

### A. Children's Ministry

Parents are requested to send their children to the Sunday School with Bibles, Note Books & Biro. Please instruct your children to remain in the Sunday School and not wander about looking for things to buy. **Children are better and safer in the Sunday School. Release your children for learning and safe keep there.**



### 13. NOTICES

#### A. Visitors and New Comers

We welcome Visitors and New Comers to Archbishop Vining Memorial Church Cathedral, Ikeja. We pray that the joy of the Lord will be yours today and always. Visitors and New Comers are requested to please move outside and stay behind the Altar, after the service where a Priest and Members of the Evangelical Ministry of the Church will welcome them and give them more information about the Church.

#### B. Library:

The Cathedral Library opens daily:

Monday - Friday 9.00am to 6.00pm  
Sundays 1.00pm to 3.00pm.

We request everyone to make use of this opportunity

#### C. Vining Bookshop

Kindly patronize the Bookshop at Adetiloye House, which opens at 9.00am - 5.00pm Tuesday to Friday, 10.00am - 4.00pm on Saturdays and 9.30am - 2.00pm on Sundays.

#### D. Hall Rental

- i. The Halls in the Vining House and Archbishop Adetiloye House are available for Conferences, Seminars, Receptions and Lectures. Please, make your bookings through the Cathedral Office or call – **07033343999**.
- ii. A decent hall for Conferences, Lectures, Seminars and reception, with large parking space is available at Archdeacon Ogunbiyi Memorial Anglican Church, Ikeja. The facility is accessible via the Oshodi-Agege Express Road, across the Railway tracks. For Enquiries: Contact: 08050644093. Thank you.

#### E. AVMCC Guest House

Stay within a purely Christian environment at AVMCC Guest House. Visit the Office of Archbishop Vining Memorial Church Cathedral, GRA, Ikeja, for more details and Booking. You will be happy to use the Facilities for enquiries call – Seye on **07032649958**.

#### F. Admission to Ajayi Crowther University, Oyo

The Forms for the above college/university are out at the rate of N6,000 . Payment should be made to any of the following banks: **Stanbic IBTC – Acct. 9202409902, Guaranty Trust Bank -0050684338, Eco Bank – 3192002268**. For more information visit our Website: [www.acu.edu.ng](http://www.acu.edu.ng) or call: **08145920637, 08104408768**.

#### G. Admission to Anglican Girls' College, Ijanikin

The forms for the above school are out at the rate of **N6,000**. Payment should be made into **Anglican Girls' College, Ketu Wema Bank Account No – 0120980406**. Collect your own at the Cathedral Office and submit to the school or Women's Office, 3<sup>rd</sup> Floor, Adetiloye House.

### RETURNING TO GOD AFTER DISOBEDIENCE ACT

God is merciful and wants His children to come back to Him after any act of disobedience. He wants no man to perish. The story of the prodigal son reminds us of the love of God when a disobedient child repents of his shortcomings (**Luke 15:11-32**)

- a. The prodigal child was lost but God's love found him back. God's love is always available to us even when we stray off in disobedience.
- b. He came to His senses- disobedience takes our spiritual senses away. **Romans 1:28-32**.
- c. He repented of sins- we have an Advocate with the Father!
- d. He arose from His disobedience act and came back to his father.
- e. He father had compassion on him. God is merciful and gracious to those who come to His saving grace.

### BENEFITS OF OBEDIENCE

The rewards of obeying God and of obedience to His word are numerous but not limited to the ones stated below:

1. God's guidance and leading
2. God's blessings
3. Divine favour and mercy from generation to generation
4. Divine protection from dangers
5. Divine intervention
6. Increase/Multiplication on every side
7. Undeniable testimonies
8. Abundance in the midst of scarcity
9. Divine preservation
10. Showing forth God's power

**CONCLUSION:** obeying God means we rely on him and depend on His reliability. Having faith in God and in our obedience to Him means realizing that God is bigger, greater, and better than our challenges. Genuine faith is relying on God's direction and on who He is. He knows what you need, and He wants to meet those needs. Unfortunately, we think we know better, we think we have a better plan. We want to use our logic and get to the answer. Because we trust in Him, we must obey what He says – even if it doesn't make sense to us.

### 6. FAITH INSPIRING TESTIMONIES OF THE WEEK

1. **My IBTC pension has finally been paid. Praise the Lord.**
2. **Indeed our God is enthroned permanently and reigns over the affairs of men. After messing up my earlier opportunity, the God of second chance graciously gave me a second attempt at obtaining a University Education and this time I graduated in flying colours.**
3. **All praise and thanks to God who graciously gave my daughter success in the promotional exam at her work place.**
4. **Children of God, please praise God with me. During the seven days New Year program the Lord healed me of prolonged pains on the right side of my stomach. I have battled with this problem since 2008 and I have spent a lot on medical test, scan and treatment all to no avail. Praise God for healing me.**

**ALL TO THE GLORY OF GOD**

## 9. ATTENDANCE FOR PREVIOUS WEEK

July 9 – July 15

7.00 am Holy Communion	1,023
7.00 am Youth Service	165
7.00 am Sunday School	287
10.00 am Mattins	867
10.00 am Youth Service	141
10.00 am Sunday School	208
6.00 pm Service	35
Bible Study	106
Wednesday Holy Communion	158
Wednesday Prayer Meeting	253

## 10. MEETINGS THIS WEEK

- The following Societies will meet immediately in the Church after Service

✚ *Ladies Christian Circle*  
✚ *Christian Unity Band Society*  
✚ *Torchbearers Society*  
✚ *Band of Grace Society*  
✚ *Band of Mercy Society*  
✚ *Band of Light Society*  
✚ *Ladies Progressive League*  
✚ *Fountain of Hope Society*  
✚ *The Lord Vessel Society*  
✚ *Band of Glory Society*  
✚ *Lord Labourers Fellowship*

- AVMCC Special Marshal Unit 34 meeting today after 7.00a.m. Service at the usual venue.
- Good Shepherd meeting comes up today at Police Children's School, behind Old Passport office, Ikeja after 7.00am Service.
- Evangelical Ministry meeting comes up on Monday, 17<sup>th</sup> July, 2017 at 1<sup>st</sup> Floor, Vining House by 6.00p.m.
- Men & Women of Grace meeting comes up on **Thursday, 20<sup>th</sup> July, 2017** at the front of the Church by 11.00am.  
**Topic: Lifting up our souls in songs. Speaker: Mrs Amaka Okpara.**

## 11. CATHEDRAL ROSTER

### A. Cathedral Health Centre

#### i. Personnel on Duty Today Sunday, 16<sup>th</sup> July, 2017

**7.00a.m-10.00a.m:** Dr. Makinde Akinlemibola, Pharm. Ifeanyi Uchefuna, Pharm. Ezenwaji Amaka, Mrs Gina Okolo. Dr. Akinola Oliver.

**10.00am-2.00pm:** Dr. (Mrs) Irene Okwerekwu, Pharm. Dele Ajala, Dr. Femi Olaleye, Mrs Chinelo Emenike, Dr. Frances.

#### ii. Personnel on Duty Next Sunday, 23<sup>rd</sup> July, 2017

**7.00a.m-10.00a.m:** Dr. Makinde Akinlemibola, Pharm. Ifeanyi Uchefuna, Pharm. Chie Nwerri, Mrs Gina Okolo. Dr. Akinola Oliver,

**10.00am-2.00pm:** Dr. Tunji Areo, Pharm. Yewande Olorunsola, Mrs Kate Igunma, Dr. (Mrs) Frances Ajose, Dr. Femi Olaleye.

### B. Security & Traffic Control

#### i. Sunday 16<sup>th</sup> July - Saturday, 22<sup>nd</sup> July, 2017

Jemerigbe Helen I. (**Captain**), Adeyemi Muyiwa (**Assistant Captain**), Goke Uthman, Juliet Chimezie, Helen Arhagba, Caroline Omowhara, Jones Bassey; Funso Fagbuyiro, Kene Obimma, Femi Agbaje, Chukwuemeka Osaka.

10.

## 11. SUMMARY OF SERVICES FOR NEXT SUNDAY

Trinity 6 July 23

**Theme: God's Unchanging Love**

**Colour: Green**

**7.00 am: HOLY COMMUNION**

**Celebrant:** *The Ven. Festus Olowosile*

**Epistle:** *1 John 2:8-17*

*Layreader Gloria Okeke*

**Gospel:** *Mark 12:28-34*

*The Rev. Canon A. Ahubelem*

**Address:** *The Rev. Opeyemi Ibikunle*

### THE YOUTH SERVICE:

**Venue:** *The Adetiloye House*

**Cantor & Preacher:** *The Rev. Oluwambe Toriola*

### 10.00 am: MATTINS

#### BAND OF MERCY ANNIVERSARY

**Cantor:** *The Ven. Festus Olowosile*

**O.T. Reading:** *Hosea 11:1-9*

*Band of Mercy*

**N.T. Reading:** *1 John 2:8-17*

*Band of Mercy*

**Address:** *The Rev. Taiwo Adebayo*

### 6.00 pm: EVENSONG

**Cantor:** *The Rev. Oladele Odumosu*

**Psalm:** *99*

**Lesson:** *Mark 12:28-End*

**Preacher:** *The Rev. Canon J. Adekanye*

## 12. BANNES OF MARRIAGE

We publish the Banns of Marriage between the persons under-listed: If anyone knows any just cause in law why the persons listed may not be joined together in Holy Matrimony, he should declare it immediately.

### 3<sup>RD</sup> NOTICE:

1. *Mr Kingsley Oguine & Miss Annette Odimegwu of this church*

2. *Mr Chinedum Joseph Odumodu of Catholic Church of The Presentation, GRA Ikeja & Miss Uju Uzoamaka Onyechi of this church*

### 2<sup>ND</sup> NOTICE:

1. *Mr Paul Omeke & Miss Onyinye Ezinne Obele of this church*

### 1<sup>ST</sup> NOTICE:

1. *Mr Olanrewaju Aderibigbe & Miss Iyintitunfoluwa Abayomi of this church*

2. *Mr Golden Chigozirim Ohuabunwa & Miss Chisom Felix of this church*

*The Dean has directed that all intending COUPLES should instructively read the following pages of the Restoring Family Values Pamphlet: 3-4, 15-28, 36. Those without copies should get their copies from the Dean's Secretary, Mrs Tolani Famade - 08033109378.*

15.

**Friday, July 21, 2017** **Colour: Green**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Taiwo Adebayo*  
**Epistle:** *Acts 13:13-25 – Lay. Gloria Okeke*  
**Gospel:** *Mark 3:7-19a*  
**Hymns:** *CH 2, VSH 63, CH 577*  
**Preacher:** *The Ven. Gbenga Oniye*

**Prayer Points:**

- ❖ For the Most Rev. Edmund Akanya, his family and all members of the Diocese of Kebbi.
- ❖ For the Rt. Rev. Timothy Yahaya, his family and all members of the Diocese of Kaduna.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs Victoria Areo, Miss Olusola Odunlami, Mrs Abimbola Cole, Engr. Olukayode Jaiyesimi, Mrs Ifeoma Okongwu, Elder Godfrey Nwadioke, Miss Kosisochukwu Ukadike, Sir. (Dr.) Aku Omokhodion, Mr Babatunde Famutimi, Sir. Joel Onukwube, Miss Oluyomi Onasanya, Mrs Francisca Oshewa, Mrs Magaret Ezechukwu, Miss Ukadike Kosi, Mrs Virginia Ezue, Mr Olumide Ijogun, Miss Juliet Ukadike.
- ❖ For these individual Families within the AVMCC Household: Chukwukelu Family, Chukwuma Family, Chukwura Family, Clement Family, Cletus Family, Coker Family, Cole Family, Cookey Family, Dachom Family, Dachon Family.

**6.00pm EFAC Meeting**

**6.30pm Choir Practice**

**Saturday, July 22, 2017** **Colour: Green**

**St. Mary Magdalene**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Opeyemi Ibikunle*  
**Epistle:** *Acts 11:1-18 - Lay. Edwin Eze*  
**Gospel:** *Mark 1:14-28*  
**Hymns** *CH 306, VSH 59, CH 647 (1)*  
**Preacher:** *The Rev. Oladele Odumosu*

Collect: Almighty God, Whose Son restored Mary Magdalene to health of mind and body and called her to be a witness of His resurrection: forgive and heal us by Your grace, that we may serve You in the power of His risen life; who is alive and reigns with You and the Holy Spirit, one God, now and forever. Amen.

**Prayer Points**

- ❖ For the Rt. Rev. Yusuf Ishaya Janfalan, his family and all members of the Diocese of Ikara.
- ❖ For the Most Rev. Dr. Caleb Maduoma, his family and all members of the Diocese of Ideato.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Adesola Aboderin, Mr Oladipo Akinbobola, Mr Adedoyin Aluko, Miss Ugochi Nwagau, Mr Izuchukwu Obiukwu, Mrs Nonye Uzoh-Njoku, Mr Durojaiye Olatunji, Miss Oluwasikemi Odukomaia, Mrs Taiwo Olowojoba, Mr Olutola Olufunwa, Mr Olumuyiwa Olusoga, Mrs Nkechi Siakpere, Miss Teniola Ibidapo-Obe.
- ❖ For these individual Families within the AVMCC Household: Dada Family, Daina Family, Dairo Family, Daisi Family, Dalumo Family, Damilola Family, Dania Family, Dappa Family, Daramola Family, Dasar Family.

**4.00 pm Youth Fellowship**

**4.00 pm Boys' Brigade and Girls' Brigade**

**4.00 pm Baptism**

**14.**

**ii. Sunday 23<sup>rd</sup> July - Saturday, 29<sup>th</sup> July, 2017**

Segun Openiyi (**Captain**), Nwaorgu Chinedu (**Assistant Captain**), Odanye Moji (Mrs.), Ayo Tetede, Ogunleye Adebobo, Mbaekwe Augustine, Dare Sigbeku, Jones Bassey, George A. Adeyemi, Juliet Chimezie, Omotola Onakoya.

## **CAREER PLAN – Jer. 10:23**

Your career plan should be well thought out, realistic and most importantly flexible like a road map that may grow and change as you move through the world. Always remember, however that as a Christian your steps must be ordered and guided by God in all your endeavours. He alone knows the way through the wilderness of life. Endeavour to follow Him. Jer. 10:23; Prov. 3:5-8.

## **LET THEM JUDGE YOU – Neh. 4:1-5**

Let them misunderstand you  
Let them gossip about you  
Their opinions are not your problems  
You stay kind  
Remain committed to love and be free in your authenticity.  
No matter what they do or say,  
Don't you ever dare doubt your worth  
or the beauty of your truth.  
Just keep shining like you do.  
You are created to succeed  
You are designed to win  
You are equipped to overcome  
You are anointed to prosper  
You are blessed to become a blessing.  
Learn from NEHEMIAH

### **BEWARE**

“Beware, in everybody, there is a piece of flesh, if it is healthy, the whole body is healthy and if it is sick, the whole body is sick.

“The signs of the hypocrite are three:

***When he speaks, he lies,***

***When he promises, he breaks it***

***And when any trust is kept with him, He misuses it,***

***Are you are one of them? If yes; BEWARE.***

### **BE STILL**

Whenever problems arise, Be still

If Satan trembles, Be still!

Whatever your enemies do, be still knowing that one day they will push you to a place of Glory. Just be still in Christ and His goodness will surely come upon you. Exodus 14:14.

**11.**

## 10. ACTIVITIES FOR THE WEEK

**Monday, July 17, 2017**

**Colour: Green**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Oluwambe Toriola*  
**Epistle:** *Acts 11:19-30 - Lay. Oluremi Onabolu*  
**Gospel:** *Mark 1:29-45*  
**Hymns:** *CH 462, VSH 143, CH (CS) 51*  
**Preacher:** *The Rev. Taiwo Adebayo*

**Prayer Points:**

- ❖ For the Rt. Rev. Zakka Nyam, his family and all members of the Diocese of Kano.
- ❖ For the Rt. Rev. J.S. Bamaiyi, his family and all members of the Diocese of Katsina.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Innocent Anaduaka, Engr. (Mrs) Obatosin Aluko-Arowolo, Mr Ehis Ehizonomen, Mr Adeniran Fawehinmi, Miss Nchekwube Nwosu-Igbo, Mr Solomon Odoh, Mrs Comfort Ogunye, Mr Samuel Osinoiki, Mrs Peggy Oyewale, Miss Motunrayo Falade, Obafemi Shyllon, Miss Christiana Tetede, Omobolaji Christiana.
- ❖ For these individual Families within the AVMCC Household: Botu Family, Braimah Family, Brodricks Family, Bruce Family, Buolu Family, Caulcrick Family, Chibueze Family, Chidi Family, Chiedozie Family, Chieji Family.

**5.00 pm Adult Baptism Preparatory Class**

**5.30 pm Family/Marriage Counselling Meeting**

**6.30 pm Choir Practice**

**Tuesday, July 18, 2017**

**Colour: Green**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Canon James Adekanye*  
**Epistle:** *Acts 12:1-17 - Lay. Ndidi Uzor*  
**Gospel:** *Mark 2:1-12*  
**Hymns:** *CH 3, VSH 19, CH 484*  
**Preacher:** *The Rev. Oladele Odumosu*

**Prayer Points:**

- ❖ For the Rt. Revd. Augustine Omole, his family and all members of the Diocese of Sokoto.
- ❖ For the Rt. Rev. Markus Yohanna Danbinta, his family and all members of the Diocese of Dutse.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Raluchukwu Akabike, Mr Ephraim Evezi, Mr Ebubechukwu Akabike, Mrs Mosunmola Jafojo, Mr Emmanuel Obuna, Mrs Lolade Ogun, Miss Bolutife Ogunsanya, Mr Julius Owolabi, Mrs Christiana Aluko, Miss Ijeoma Oporum.
- ❖ For these individual Families within the AVMCC Household: Chiemelie Family, Chigbo Family, Chigbu Family, Chike Family, Chikezie Family, Chima Family, Chimelie Family, Chimelu Family, Chimezie Family, Chinakwe Family.
- ❖ **For Mr Julius Owolabi on his 60<sup>th</sup> birthday today**

**11.00 am – 3.00 pm - Senior Citizens Clinic & Fellowship**

**5.00pm – 6.00pm Intercessory Prayer**

**5.00pm - 6.00pm BIBLE STUDY REVIEW**

**6.00 pm Bible Study - ISAIAH 35**

12.

**Wednesday, July 19, 2017**

**Colour: Green**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Oluwambe Toriola*  
**Epistle:** *Acts. 12:18-25-Lay. Grace Odukomaiya*  
**Gospel:** *Mark 2:13-22*  
**Hymns:** *VSH 157, CH 270, Anima Christi, VSH 248, CH 6*

**Preacher:** *The Rev. Opeyemi Ibikunle*

**Prayer Points**

- ❖ For the Rt. Rev. Dr. A.B. Lamido, his family and all members of the Diocese of Wusasa.
- ❖ For the Rt. Rev. John Garba Danbinta, his family and all members of the Diocese of Gusau.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Olumuyiwa Onabolu, Mrs Abeke Akinwande, Mrs Juliana Alale, Mrs Olusola Atiba, Miss Nkiruka Orji-Nwozor, Mr Folajaiye Dania, Mr Hilary Ihe, Miss Blessing Nwodo, Mrs Olorunteleola Akano, Mrs Stella Ejike-Kanu.
- ❖ For these individual Families within the AVMCC Household: Chine Family, Chinwoke Family, Chinwokwu Family, Chinwuba Family, Chinwuko Family, Chiobi Family, Chioke Family, Chisom-Nse Family, Chivor Family, Christian Family.

**8.00am Vining Intercessor's Visitation**

**6.00pm PRAYER MEETING – CAUSE YOUR ANGEL TO SMOTE MY HERODS O LORD – ACTS 12:23.**

**Thursday, July 20, 2017**

**Colour: Green**

**7.00 am Holy Communion**

**Celebrant:** *The Rev. Dr. Benjamin Okere*  
**Epistle:** *Acts 13:1-12 - Lay. Nkiru Arah*  
**Gospel:** *Mark 2:23-3:1-6*  
**Hymns:** *CH 5, VSH 99, CH 17*  
**Preacher:** *The Rev. Oluwambe Toriola*

**Prayer Points:**

- ❖ For the Rt. Rev. (Prof.) Cornelius Salio Bello, his family and all members of the Diocese of Zaria.
- ❖ For the Rt. Rev. Idris Ado Zubairu, his family and all members of the Diocese of Bari.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs Aderonke Aregbesola, Miss Dorcas Adeyemi, Mr Rogers Blue-Jack, Mrs Uche Onyemaobi, Mrs Gladys Ekwejunor, Mrs Ijeoma Agazie, Mr Olugbemiga Sonusi, Miss Davina Ayodele, Miss Egwin Kesidee, Mrs Abike Olopade, Mr Oluwadamilade Olufade, Mrs Elizabeth Adesoye.
- ❖ For these individual Families within the AVMCC Household: Christopher Family, Chukwu Family, Chukwudolue Family, Chukwudozie Family, Chukwudum Family, Chukwuemeka Family, Chukwuemela Family, Chukwuere Family, Chukwujioko Family, Chukwuka Family.

**11.00 am - Meeting of Men & Women of Grace -**

**Topic:** *Lifting up our souls in songs. Speaker: Mrs Amaka Okpara.*

13.