

YOU NEED ANY HELP?

Contact the Cathedral Office for all necessary information and the Office will direct you to the appropriate persons to help. Below are the Contact Persons.

- A. **For Booking of all Services of the Church**
The Dean; The Canon Residentiary
- B. **For Social Welfare and Charity**
The Dean; Ven. Azubike Ahubelem; Dr. (Mrs.) Irene Omogbehin
08033223803
- C. **For Cathedral Societies**
The Dean; The Society Chaplains; Presidents & Secretaries of Societies
- D. **For The Elderly Ministry**
The Dean; Rev. O. Toriola; Chief (Mrs.) Ayo Akideinde - 07068610707
- E. **For The Evangelical Ministry**
The Dean; The Canon Residentiary; Mr Raymond Agu - 08033003906
- F. **For Cathedral Missionary Society**
The Dean; Mr Tunji Odeneye. - 08033163337
- G. **For the Children Ministry**
The Dean; The Rev. Oluwambe Toriola, Mr. Tunji Odeneye - 08033163337;
- H. **For The Youth Ministry**
The Dean, Rev. Ayodeji Oluwatusin; Chief (Mrs) Funmi Ogunbadejo - 08033025033; Miss Ijeoma Obi - 08132829137
- I. **For The Boys' & Girls Brigade; Boys' & Girls' Guild**
The Dean, The Rev. Ayodeji Oluwatusin; Mrs A.O. Agara, Mrs C.F. Akinrotimi 08022791113; Mr Ayo Tetede - 08020691247
- J. **For The Medical Board**
The Dean; Rev. Dr. Benjamin Okere; Prof. (Mrs.) Ronke Akinsete - 08023000496,
- K. **For the Counselling Ministry**
The Dean; Rev. Canon Odude, Dr. (Mrs) Irene Okwerekwu - 080230781 62
- L. **For the Prisons & Hospital Ministry**
The Dean; Rev. (Dr). Benjamin Okere; Mr Sunday Oji - 08037136077.
- M. **For Discipleship Training**
The Dean; Mr Tunji Odeneye - 0803-3163337; Dr (Mrs) Oyin Ilo
- N. **For The Home Fellowship**
The Dean; Mr Raymond Agu- 08033003906
- O. **For Singles' and Couples' Fellowship**
The Dean; Mr. Steve Aladesawe- 08033261047
- P. **For Intercessory Ministry**
The Dean; The Rev. Canon A. Ahubelem;
- Q. **For Sport Ministry**
The Dean; The Canon Residentiary, Mr Desmond Odiase - , Mrs Funmi Olumoroti, Mr Steve Ahua - 07038816041
- R. **For Board of Directors for Economic Empowerment**
The Dean; Dr. Oladimeji Alo; Mr Olumide Ajomale - 08128782929
- S. **For Cathedral Christian Mothers Matters**
The Dean; Mrs. A.O. Agara; Mrs. Folake Owolabi - 08023156546
- T. **For Chaplains to Societies**
The Dean; The Canon Residentiary
- U. **ForThe Choir**
The Dean; Mr Sunday Olawuwo - 08023030357
- V. **For Booking of the Halls & Guest House**
The Dean, Mr Kyeshak Ardel - 0703-3343999, Mr Seye Ogunsanya - 0703-2649958

Below are the Telephone Numbers of the Cathedral Office, the Dean and the Cathedral Priests. You can contact these phones as need be.

The Dean	0803-7152811
The Ven. Festus Olowosile	0803-4003552
The Ven. Gbenga Oniye	0803-3564593
The Ven. James Adekanye	0803-5806344
The Ven. Azubike Ahubelem	0803-3081617
The Rev. Canon Benson Odude	0802-3608782
The Rev. Oluwambe Toriola	0802-3194800
The Rev. Dr. Benjamin Chijioke Okere	0802-3270247
The Rev. Moyinoluwa Talabi	0806-2334497
The Rev. Opeyemi Ibikunle	080-30573299
The Rev. Ayodeji Oluwatusin	0802-7562421

DIocese OF LAGOS WEST (Anglican Communion)



ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL

Oba Akinjobi Way, GRA, Ikeja

Founded - March, 1964

P.O. Box 506, Ikeja, Lagos

Website: www.avmcc.org.ng

E-mail: archbishopviningchurchcathedral@yahoo.com

Follow Us On avmcc gra ikeja

@avmcccathedral



Vol. 14/07/29/2018

Our Vision:

"CHRIST FOR ALL NATIONS"

Our 2018 Mission:

"MY HELP COMES FROM THE LORD"
Psalm 121:2.

A GOOD INDICATOR OF YOUR SPIRITUAL TEMPERATURE IS YOUR EAGERNESS TO COME TO THE CHURCH (PS 122:1). NEVER ALLOW YOUR SEAT TO BE EMPTY FOR AN EMPTY SEAT IS AN EMPTY HEAD AND IN HIS PRESENCE ONLY ARE FULLNESS OF JOY AND PLEASURES.

WEEKLY BULLETIN

Sunday, 22nd July - Saturday, 28th July, 2018

TRINITY 8

Theme: The Armour of God
Sub-Theme: Crave for True Positive Change:
The Biblical Standard

Colour: GREEN

Mr. Adetunji Adekoya
Cathedral Warden

Mr. Charles Ojo
Cathedral Warden

The Ven. Adegoke O. Agara
The Dean of the Cathedral

The Rt. Rev. Dr. James O. Odedeji
The Bishop, Diocese of Lagos West

Please Take A Copy

Support God's Mission through the Covenant Seed
Be A Diocesan Covenant Seeder

1. SERVICES FOR SUNDAY – 22nd JULY

A. 7.00 am HOLY COMMUNION

Celebrant: *The Ven. Azubike Ahubelem*
The Epistle: *Layreader Ndidi Uzo*
The Gospel: *The Rev. Moyinoluwa Talabi*
Preacher: *The Dean*

- ❖ Processional Hymn: VSH 81
- ❖ Worship Songs
- ❖ The Preparation to Penitence – **The Ven. James Adekanye**
- ❖ The Epistle: Ephesians 6:10-20
- ❖ Gradual Hymn: VSH 64
- ❖ The Gospel: John 17:11b-19
- ❖ Hymn: CH (CS) 12
- ❖ **Sermon / Bible Teaching (pages 16-18)**
- ❖ Nicene Creed & Intercession
- ❖ The Peace
- ❖ The Offerings: Choruses
(a)First Fruit(b Tithes, Building, Covenant Seed & Sunday Offering
- ❖ The Eucharistic Prayers
- ❖ The Administration: VSH 22, 115, 119, 21, 20
- ❖ The Ablution: CH (CS) 66
- ❖ Post Communion Prayer

Thanksgiving

- i. Clergy Harvest: **The Ven. & Mrs Festus Olowosile & Family**
- ii. Family Harvest: *(as indicated see page 22)*
- iii. Society Harvest *(as indicated see pg 22)*
- iv. 70th birthday of Mr Durojaiye Olatunji and God's numerous blessings.
- vi. Otunba F. Bode Ashogbon thanking God for the successful completion of Law Degree & Graduation of their son Mr Adefolarin Ashogbon from University of Liverpool and God's numerous blessing.
- ❖ Doxology & Benediction
- ❖ Notices
- ❖ **EEP Address**
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: Oh my Comrades ... *(pg 19)*

WE WELCOME ALL OUR FIRST TIMERS IN JESUS NAME. WE REQUEST THAT YOU PLEASE MOVE TO THE LADY'S CHAPEL AFTER THE SERVICE WHERE OUR EVANGELICAL TEAM IS WAITING TO ATTEND TO YOU.

BREAST FEEDING SUITE

This opens at the back of the ALTAR from **6.30am to 2.00pm** on **SUNDAYS** to enable our nursing mothers remain **BABY FRIENDLY** within the confines of the Church during services.

WANTED: MALE SUNDAY SCHOOL TEACHERS:

Male, well spirited and spiritually inclined members are needed to strengthen the workforce in the Sunday School department of AVMCC. Kindly contact **Mr Odeneye on 09022162227**

H. RENOVATION OF VINING HOUSE REST ROOMS

This is to inform all parishioners to please bear with the inconveniences arising from the refurbishment of Vining House Rest Rooms. It is to make them better. Thank you.

I. DAUGHTERS OF LIGHT HOLIDAY PROGRAMME 2018

Annual Holiday Program by the Daughters of Light Society for Toddlers to Teenagers will come up from Monday 30th July - Saturday, 4th August, 2018 at Vining Hall. Time: 9.00am – 5.00pm daily. Theme: **Citizens of Heaven.** Ticket: **N3,000.** Snacks and Lunch will be served. Activities: **Bible Lessons, Arts & Crafts, Choreography, Aerobics/Sports, Personal Hygiene, Excursion, Sex Education etc....**

J. INTENSIVE CONFIRMATION CLASS FOR STUDENTS ON HOLIDAYS

This will hold from 9.00am to 11.00am every Tuesday and Thursday w.e.f Tuesday 24th July, 2018.

Venue: Conference Room (1st Floor, Vining House).

Please note:

****Students below 12 years of age are not eligible.**

****Also, those whose coaching classes conflict with this arrangement need not join the class.**

****Candidates are to report with writing materials and their personal copies of The Bible, Book of Common Prayers and the Church Hymnal.**

K. AVMCC BANK ACCOUNTS DETAILS

<u>BANK</u>	<u>ACCOUNT NUMBER</u>	<u>SORT CODE</u>	<u>PURPOSE</u>
ACCESS	0017948337	044151245	Evangelical Fund
WEMA	0120970667	035150695	Offering & Thanksgiving
FIRST	2025018178	011151841	Harvest (kindly signify the purpose e.g. Family harvest, Youth Harvest etc.)
FIRST	2001350641	011151841	Project Support
STANBIC	9200212515		
IBTC		221150027	First Fruits
GTB	0007899440	058152120	Tithes
WEMA	0122245798	035150695	Endowment Fund

Please indicate your name in the payments.

L. AVMCC CHURCH NEEDS

Dear Parishioners,

Be encouraged to pick one or more of the items listed below to mark your birthday, wedding anniversary and other occasions of joy. Do endeavour to get in touch with the WARDENS for specifications or monetization.

1. Tables for the Halls N 4,100 per one
2. Chairs for the Halls N1,600 per one
3. APC Industrial Ups 10KVA N2,400,000
4. Hi Tech Surveillance System N1,800,000
5. Mercury Stabilizer 10 KVA N 250,000
6. 4 Channel Video Switcher N1,200,000
7. 4 pcs Flagon 48oz capacity
8. 4pcs Chalice
9. Advance Bass Combo N200,000
10. Pro. Bass Guitar 6 strings Cort 6 N400,000
11. Development of our landed properties
12. Painting of the Church and our halls
13. 3 Pcs Handsfree Table Microphones
- 14.

D. INVITATION

THE REV. AYODEJI OLUWATUSIN

Invites all to the funeral rites of his mother (MRS CHRISTIANA MOROUNFOLA OLUWATUSIN)

Wake Keep: On Wednesday, 25th July, 2018 at Christ The Redeemer Anglican Church, Ootunja, Ikole Ekit at 5.00pm.

Funeral Service: On Thursday, 26th July, 2018 @ same venue as above @ 10.00am.

E. HARVEST NEWS

A. Family Harvest for today - Sunday 22nd July, 2018

7.00am: Mr Segun Akintemi & Family, Mr Durojaiye Olatunji & Family, Mr Abiodun Shadare & Family.

10.00am: Chief (Mrs) Grace Odukumaiya & Family, Chief (Dr.) John Agboola & Family, Mr Eberechukwu Agbo & Family, Mrs Gbemisola & Family, Mr Wole Ajayi & Family.

B. Society Harvest for today – Sunday 22nd July, 2018

Agape Christian Sisters, Christian Family, Ambassadors of Christ and Ascension Fellowship.

C. Family Harvest for next - Sunday 29th July, 2018

7.00am: Mr Adeniyi Adegbonmire & Family, Mr Obika Sunday & Family, Sir Sam Ubachukwu & Family, Mrs Funminiyi Afuye & Family,

10.00am: Mrs Ngozi Okonkwo & Family.

2018 HARVEST PROGRAMMES

Parishioners are to please note the Harvest Calendar Activities. Please keep the days free in your diaries.

- | | |
|-----------------------------|-----------------------------|
| (1) Family Harvest | Sunday, June 10 – Nov. 2018 |
| (2) Children's Harvest | Sunday, July 29, 2018 |
| (3) Youth Harvest | Sunday, August 26, 2018 |
| (4) Corporate/ Professional | Sept. – Nov. 2018 |
| (5) All Women Harvest | Sunday, Sept. 9, 2018 |

2018 Children Harvest: Today is the last day for the collection of picture for the children photo gallery. Please check to confirm if your child's name has been captured at the harvest desk at the North door or send to jibowuolajide@yahoo.com. or call chairperson 08038559066

F. 2018 INTER-SOCIETY BIBLE QUIZ

The above named Quiz Competitions among Societies in the Cathedral will be coming up on Sunday, 2nd September, 2018 by 3.00p.m for the preliminary and the final on Sunday 4th November, 2018 by 3.00p.m. Book of Study – (A) ESTHER (B) NEHEMIAH (C) ANGLICANISM (D) CHURCH OF NIGERIA BIBLE STUDY OUTLINE (JUNE – AUGUST).

G. BIBLE IN ONE YEAR

Avail yourself of this plan. Read the BIBLE in one year and be blessed – Rev. 1:3

- | | | | |
|--------------------------|-----------|---|---------------|
| 1. July 22 nd | Sunday | - | Proverb 25-28 |
| 2. July 23 rd | Monday | - | Proverb 29-31 |
| 3. July 24 th | Tuesday | - | Eccl. 1-3 |
| 4. July 25 th | Wednesday | - | Eccl. 4-6 |
| 5. July 26 th | Thursday | - | Eccl. 7-9 |
| 6. July 27 th | Friday | - | Eccl. 10-12 |
| 7. July 28 th | Saturday | - | Song 1-4 |

B. 10.00am MATTINS

BAND OF MERCY ANNIVERSARY

Cantor: *The Ven. Festus Olowosile*

O.T. Reading: *Band of Mercy*

N.T. Reading: *Band of Mercy*

Preacher: *The Dean*

- ❖ Processional Hymn: CH 469
 - ❖ Worship Songs
 - ❖ Call to Worship
 - ❖ Psalm 119:65-80
 - ❖ O.T. Reading: 1 Samuel 17:37-50
 - ❖ Hymn: CH 472
 - ❖ N.T. Reading: John 17:11b-19
 - ❖ Apostles Creed – Collects
 - ❖ Hymn: In Christ Alone..... (pg 11)
 - ❖ Sermon / Bible Teaching (pages 16-18)
 - ❖ Praises, Intercessory - Grace
 - ❖ The Offerings: Choruses
- (a) *First Fruit* (b) *Tithes, Building, Covenant Seed & Sunday Offering*
- i. Band of Mercy Anthem
 - ii. Rededication of Members
 - iii. Band of Mercy, Patrons/Patronesses & the Church

Thanksgiving

- i. Clergy Harvest: **The Ven. & Mrs Festus Olowosile & Family**
 - ii. Family Harvest: *(as indicated see page 22)*
 - iii. Society Harvest *(as indicated see pg 22)*
 - iv. The Churching of Mrs Ogechi Iroabueke for the gift of a baby girl and God's numerous blessings.
 - v. The Churching of Mrs Onyinyechi Okafor for the gift of a baby boy and God's numerous blessings.
- ❖ Doxology & Benediction
 - ❖ Notices
 - ❖ EEP Address
 - ❖ Diocesan Anthem
 - ❖ Withdrawal Hymn: Conqueror and Overcomer.... (pg 19) (drumming)

C. EVENTS AHEAD

1. Young Wives Fellowship on Saturday, 11th August, 2018 at 11.00am at the Youth Chapel.
2. Hosting of 2018 Diocesan Women's Conference by AVMCC at the City of God, Ipaja from 23rd to 25th August., 2018.
3. Intersociety Bible Quiz – Sunday, 2nd September, 2018 at 3.00pm.
4. DLW Choral Competition – Sunday, 2nd September, 2018 at 4.00pm.
5. Intersociety Singing Festival – Sunday, 23rd September, 2018 at 4.00pm.

D. EQUIPPING THE SAINTS IS ON BE A PARTAKER. IT IS SPIRITUALLY REWARDING.
Classes hold every Saturday at 9.00am. Venue: 1st Floor, Vining Hall.

E. FIRST FRUIT – LEV. 23:10-11; DEUT. 26:1-10

1. Your first salary on a new job.
2. The first profit from a new line of business
3. For those already working, it is the first salary in the year.
4. When promoted to another level, the difference between your former salary and the new one.
5. To the aged with no pension, it is your first allowance from your children.
6. For Landlords and Landladies, the rent for the first month in the year is your first fruit.
7. For students, the poor, the jobless, it is your first gift in the year.
8. For those with multiple sources of income or salary, the best or the highest of all is ideal as first fruit.

TEST GOD WITH IT, TASTE AND SEE THAT THE LORD IS GOOD – Mal. 3:10, Ps. 34:8

Acct NO - STANBIC IBTC - 9200212515- First Fruits

F. AVMCC SPONSORSHIP OF 2018
EVENSONG BY SOCIETIES

1. Sunday July 22, 2018 - Christian Friends
2. Sunday July 29, 2018 - Children's Harvest
3. Sunday August 5, 2018 - Anglican Fellowship
4. Sunday August 11, 2018 - Ambassadors of Christ
5. Sunday August 19, 2018 - Band of Glory
6. Sunday August, 26, 2018 - Youth Harvest
7. Sunday Sept 2, 2018 - Bible Quiz Competition
8. Sunday Sept. 9, 2018 - Light of the World
9. Sunday Sept. 16, 2018 - Band of Mercy
10. Sunday Sept. 23, 2018 - Intersociety Singing

G. 7.00a.m & 10.00a.m. YOUTH SERVICE

Celebrant: *The Rev. Oluwambe Toriola*

Preacher: *The Rev. Oluwambe Toriola*

Theme: *The Armour of God*

- ❖ Processional Hymn: CH 469
- ❖ Call to Worship
- ❖ Psalm 119:65-80
- ❖ O.T. Reading: I Samuel 17:37-50
- ❖ Hymn CH 472
- ❖ N.T. Reading: John 17:11b-19
- ❖ Creed to Collect
- ❖ Choir Ministration
- ❖ Sermon
- ❖ Intercession
- ❖ Offertory: Choruses

(a) *First Fruits* (b) *Tithes, Building, Covenant Seed & Sunday Offering*

- ❖ Thanksgiving
- ❖ Benediction
- ❖ Notices
- ❖ Withdrawal Hymn: Oh my comrades... (pg 19)

C. ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL
EDUCATIONAL SUPPORT INITIATIVE FOR INDIGENT YOUTHS IN AVMCC

Applications are invited for the AVMCC Annual Scholarship Awards.

1. CRITERIA FOR AWARDS:

- Applicant and/or any parent must have been on the registered list of members of the AVMCC for at least FIVE years prior to the application.
- Applicant must be indigent and must attach evidence through an attestation letter by the Dean or a Priest in the Cathedral
- Applicant and/or parent must be a member of a Church Society or Ministry
- Applicant must be a registered student of a **Tertiary Institution or professional Institute in Nigeria ONLY** i.e. Universities, Polytechnics, Colleges of Education or accredited professional Institutes and certified by appropriate authority of the Institution
- Applicants must have good academic performances with evidence through the statement of results signed by the Registrar/appropriate authority of the institution

2. How to Apply for AVMCC Scholarships

Each applicant shall submit a typed application letter, not more than two pages. addressed to "**The Chairman, Educational Support Initiative, Archbishop Vining Memorial Church Cathedral, Ikeja, Lagos**" The letter must include the name of the candidate, course of study, year of study, state of origin, and why the candidate believes that he/she should be given the scholarship award. The application letter must be accompanied by:

- Evidence of AVMCC membership of applicant and / or parent
- Or a letter from the Dean of AVMCC certifying that candidate is a member indicating the Society or ministry he/she or the parent belongs
- Evidence of membership of the Cathedral Youth Vanguard
- Photocopies of SSCE/NECO results and JAMB admission letter
- A photocopy of the candidate's current school Identity card.
- A letter from the Registrar of the candidate's institution certifying that the candidate is a student of such institution.
- A letter from the candidate's current Head of Department, including correct information of the candidate's biodata, academic profile and CGPA for the last academic semester.
- Two (2) current passport photographs.

All applications are to be submitted to the Office of the Dean, AVMCC not later than Friday, 31st August, 2018.

15. CHRISTIAN MOTHERS

- i. Young Wives Fellowship comes up on Saturday, 11th August, 2018 at 11.00am. Topic: **Sex in Marriage**. **Speaker: Mrs Segilola Olawoyin. Venue: AVMCC Youth Chapel.**
- ii. All women prayer meeting {Cathedral Deanery} Every 1st Thursday of the Month. Venue: The AVMCC Auditorium. Time: 5.00pm-6.00pm.
- iii. Bible Study for Christian Mothers - Every 1st Monday of the month at 5.00pm.
- iv. Fasting & Prayer for Christian Mothers - Every last Monday of the month at 5.00pm.
- v. **Adult Education Programme:** This course is for young and old every Monday & Wednesday by 3.30pm at the Vining Hall.

16. INFORMATION FOR MEMBERS

A. Obituary

- i. We announce the passing into glory of our Mother Mrs Paulina Nnenna Ezekwo (Mother of Mr & Mrs Kesley Ezekwo of Good Shepherd Society). Aged: 70years. Burial arrangements are as follows:
Service of Songs/ Wake Keep: On Wednesday, 25th July, 2018 at her residence Umuojogwo in Umuchu, Anambra State by 5.00pm.
Funeral Service: On Thursday, 26th July, 2018 at St. Peters Anglican Church, (ZION CITY) Umuchu, Anambra State by 10.00am. Outing Service on Sunday, 29th July, 2018 at the same Church.

B. ECONOMIC EMPOWERMENT NEWS TRACK

July 2018 Credit Facilities: Parishioners who need funds to start or grow their businesses are invited to pick up application forms from the EEP office. Applications close on July 22, 2018.

Jewelry, Stoning & Bead Making Course: This training session comes up on Saturday, July 28, 2018. Interested Parishioners are to pay N6,500 (which includes personal kit needed for the course). Registration is ongoing. Payments should be received in the EEP Office latest Wednesday, July 25, 2018. Kindly make enquiries by sending SMS to 08186134769 or E-mail cep@avmcc.org.ng. Limited Spaces available. See flyers for more information.

Teenagers' Leadership Bootcamp: The Capacity & Building Team of the AVMCC-EEP is organizing a four-day Teenagers' Leadership Bootcamp (for Teens 13-16). This holds between **Wednesday, 8th August and Saturday 11th August, 2018**. It is strictly a residential program that will be hosted within the AVMCC premises. It promises to be a life transforming experience for all participants. **Limited to only 20 participants.** Participation Fee: **N20,000**. Registration is ongoing. Payments should be received in the EEP Office latest August 1, 2018. Kindly make enquiries by sending SMS to 08186134769 or E-mail cep@avmcc.org.ng. Limited Spaces available. See flyers for more information.

AVMCC - EEP Bank Details - GTB. 010634434 (Please indicate your name and what payment is for)

H. 6.00 pm. EVENSONG

Cantor: *The Rev. Moyinoluwa Talabi*
Preacher: *The Rev. Canon Benson Odude*
Sponsor: *Christian Friends*
Organist: *Mr Femi Williams*

- ❖ Processional Hymn: CH 589
- ❖ Call to Worship
- ❖ Praise Worship
- ❖ Lesson: Eph. 6:10-End – **Christian Friends**
- ❖ Hymn: CH 237
- ❖ Short Exhortation & Prayer
- ❖ Offerings Choruses
(a) First Fruit (b Tithes, Building, Covenant Seed & Sunday Offering
- ❖ Thanksgiving
- ❖ Closing Prayer
- ❖ Withdrawal Hymn: CH 44

2. SENTENCES FOR TRINITY 8

Introductory Sentence

Not everyone who says to Me, Lord, shall enter the Kingdom of heaven, but he who does the Will of My Father who is in heaven. **Matthew 7:21.**

Collect for the Week:

Almighty God, Your word is a lamp to our feet and a light upon our path; grant that by patient study of the scriptures we may follow more closely the way that You set before us; through Jesus Christ who lives and reigns with You and the Holy Spirit, One God now and forever. Amen.

Almighty God, You see that we have no power of ourselves to help ourselves, keep us both outwardly in our bodies and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

Post Communion Sentence

Let us be self-controlled, putting on faith and love as a breastplate, and the hope of salvation as a helmet.

1 Thess. 5:8.

3. ANIMA CHRISTI

1. Soul of my Saviour, Sanctify my breast

**Body of Christ, be Thou my saving guest
Blood of my Saviour, Bathe me in Thy tide
Wash me with water flowing from Thy side.**

2. Strength and protection may Thy passion be

**O blessed Jesus, hear and answer me
Deep in Thy wounds, Lord, hide and shelter me
So shall I never, never part from Thee.**

3. Guard and defend me from the foe malign

**In death's dread moments, make me only Thine
Call me and bid me come to Thee on high
When I may praise Thee with Thy Saints for aye.**

Amen

**4. PRAYER POINTS FOR TODAY – SUNDAY,
22ND JULY, 2018**

**A. Prayers for the Anglican Communion and for
Christian Denominations and Organizations**

- i. Pray for Nicholas our Primate, Olusina, Our Archbishop and Olusola our Bishop that God will fortify them with His divine armour.
- ii. For the Rt. Rev. Andrew Ajayi, his family and all members of the Diocese of Ekiti Kwara.

B. Prayers for Nigeria & the World

- i. For peace to reign in all troubled areas.
- ii. For the spirit of the fear of God to reign.
- iii. For the righteous to be vindicated.
- iv. For divine intervention in all things.

C. Prayers for AVMCC Members

- i. That no arm of flesh shall prevail over us.
- ii. That more shall come to the knowledge of the Lord.
- iii. That the grace of God shall be more than sufficient.
- iv. That God will secure His hedges around each and everyone of us.

**D. Prayers for all our members who are having their
Birthdays and/or other Anniversaries today:**

- i. For Mrs Adesola Aboderin, Mr Oladipo Akinbobola, Miss Ugochi Nwagau, Mr Adedoyin Aluko, Mr Izuchukwu Obiukwu, Mrs Nonye Uzoh-Njoku, Mr Olatunji Durojaiye, Miss Oluwasikemi Odukomaiya, Mrs Taiwo Olowojoba, Mr Olutola Olufunwa, Mr Olumuyiwa Olusoga, Mrs Nkechi Siakpere, Miss Tenilola Ibidapo-Obe and others who are celebrating their birthdays today.
- ii. For those having their Wedding Anniversaries or any other positive Anniversaries today.

**E. Prayers for individual Families within the
AVMCC Household**

- i. Atanda Family, Atanmo Family, Atasie Family, Ateghie Family, Atere Family, Atiba Family, Atilade Family, Atilade Family, Atinuke Family, Atolagbe Family.

F. Prayers for the following people: The Rt. Rev. Dr. P. A. Adebisi, Engr. & Mrs. Odedairo, Mrs. Beatrice Akinola, Prof. Segun, Mrs. David-West, Mrs M.I. Ilori, Mrs Idowu Bajomo, Mr & Mrs R.A. Metu, Mr. B. Sorinmade, Mrs M.M. Aruofor, Mrs Esther Babalola, Mrs Roseline Anyadikwa, Mrs. Ronke Famuyide, Mrs Betty Bamgboye, Mr Samuel Chukwudum, Mr I.O. Anwo, Prof. Michael Bankole, Mrs Comfort Duru, Pa Isaiah Olajide Solaja, Pa Bisi Lawrence.

G. Prayers For: The barren, the pregnant, spinsters, bachelors, the jobless and the homeless among us that God will open a book of remembrance covering them all and help them speedily to the shame of the devil, removing their reproaches.

WITHDRAWAL HYMN FOR 7.00A.M SERVICE

1. Ho, my comrades!
see the signal waving in the sky!
Reinforcements now appearing,
victory is nigh.
Refrain.
“Hold the fort, for I am coming,”
Jesus signals still;
Wave the answer back to Heaven,
“By Thy grace we will.”
2. See the mighty host advancing,
Satan leading on;
Mighty ones around us falling,
courage almost gone!
Refrain. “Hold the fort, for I am coming,”
3. See the glorious banner waving!
Hear the trumpet blow!
In our Leader’s Name we triumph
over ev’ry foe.
Refrain. “Hold the fort, for I am coming,”
4. Fierce and long the battle rages,
but our help is near;
Onward comes our great Commander,
cheer, my comrades, cheer!
Refrain. “Hold the fort, for I am coming,”

WITHDRAWAL HYMN FOR 10.00AM SERVICE
CONQUERORS AND OVERCOMERS

1. Conquerors and overcomers now are we
Through the precious blood of Christ we’ve victory
If the Lord be for us we can never fail
Nothing ‘gainst His mighty power can e’er prevail
Conquerors are we,
through the blood of Jesus
God will give us victory,
through the blood of Jesus
Through the lamb for sinners slain
Yet who lives and reigns again
More than conquerors are we
More than conquerors are we
2. In the name of Israel’s God we’ll on ward press
Overcoming sin and all unrighteousness
Not to us, but unto Him the praise shall be
For salvation and for blood bought victory
Conquerors are we, through the blood of Jesus
3. Unto Him that overcometh shall be given,
Here to eat of “hidden manna” sent from Heaven
Over yonder He the victor’s palm shall bear
And a robe of white and golden crown shall wear
Conquerors are we, through the blood of Jesus

E. ADOPTION – Rom. 8:15; Gal. 4:5,7

1. Regeneration begins the new life in the soul when it is born again by the spirit.
2. Justification deals with the new attitude of God towards the soul.
3. Adoption admits man into the family of God with final joy to our Father God.
4. Regeneration is **CHANGED NATURE**, justification is a **CHANGED STANDING**, sanctification is a **CHANGED CHARACTER**, Adoption is **A CHANGED POSITION**.
5. Adoption is the act of God whereby He places the justified believer as an adult son to enjoy the privileges and responsibilities of the position.
6. In Exodus 2 Moses became the adopted son of Pharaoh's daughter with all the rights and privileges of that position when He came of age – In Heb. 11:24 Moses rejected his Egyptian position for something better.
7. The only condition for **ADOPTION** is to **ABIDE IN CHRIST**. To be in union with Him – Gal. 3:26.
8. The sign of our **ADOPTION** is to be led by the Holy Spirit – Rom. 8:14; Guidance of the Holy Spirit is a must – Jh. 16:13; Gal. 5:18.
9. The cry of adoption is **ABBA FATHER** – Rm. 8:15. Gal. 4:6; Mk. 14:36. A slave was never allowed to address his master as **ABBA**.

10. THE BLESSING OF ADOPTION

- (A) Objects of God's peculiar love – Jh. 17:23.
- (B) Object of Father's fatherly care – Luke 12:27-33.
- (C) Having family name – 1 Jh 3:1
- (D) Having family likeness – Rm. 8:29.
- (E) Having family love – 1 Jh 3:14.
- (F) Having filial spirit – Rm. 8:15.
- (G) Having family gathering
- (H) Receive fatherly chastisement – Heb. 12:5-11
- (I) Receive fatherly comfort – 2 Cor. 1:4.
- (J) Receive fatherly inheritance – 1 Peter 1:4.

9. With all of these in place, we also have an assurance of **SALVATION** which of course is the ultimate in our care and crave for change..

10. **CONCLUSION:** Everything **ADOPTION** in our consideration today culminate under normal circumstances in a veritable positive **CHANGE** if explored to the fullest. The much desired change in Nigeria, all over the world and indeed in any given human environment is only possible if we are **REGENERATED, JUSTIFIED, SANCTIFIED and ADOPTED**.

The whole world will experience a **TURN AROUND** and we shall all live happily ever. Invariably we have major role to play in the transformation and change we crave for. **THE CHANGE MUST START WITH US, BY US, THROUGH US, FROM US AS CHRISTIANS AND THE BODY OF CHRIST**

H. Pray that God will send **HELP** to us from **ABOVE** to facilitate the development of our lands that are fallow.

5. THOUGHT FOR THE WEEK

SUNDAY, 22ND JULY, 2018

THEME: THE ARMOUR OF GOD

READINGS: Psalm 119:65-80; 1 Samuel 17:37-50; Ephesians 6:10-20; John 17:11b-19.

Finally, be strong in the Lord and in his mighty power. Put on the full armour of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Eph 6:10-13 NIV

Here is a serious exhortation to constancy in our Christian course. Is life not warfare? Yes it is so; for we struggle with the daily calamities of human life. Is being a Christian not much more a warfare? It is so; for we struggle with the opposition of the powers of darkness, and with many enemies who would keep us from God and heaven. We have enemies to fight against, a captain to fight for, a banner to fight under, and certain rules of war by which we are to govern ourselves.

We are in a state of warfare, exposed to innumerable enemies: for if we are not called to fight, there would not be need to be armed. There are too many of us who like the name 'Christian' without its responsibility. We desire to be soldiers of Christ, but not on active service. We should never forget that the true service of Jesus in the world means hardness, watchfulness, self-denial, above all things, fighting the powers of this evil world.

In Ephesians 6:10-18, we are told that our primary battles are of a spiritual nature and that we need spiritual armour to be able to stand firm in the midst of these battles. The armour includes the following pieces:

Belt of truth: The belt of truth is the first item in our arsenal. A belt holds the other pieces of clothing and armour together. It secures the outfit and allows a soldier to move freely. Truth secures us and gives us freedom (John 8:32). One of Satan's greatest offensive tactics is to deceive us; he is the "father of lies" (John 8:44). With the belt of truth around our waists, we are prepared to defend against this. This truth also applies to the way we live our lives. When we live with honesty and integrity, the other pieces of our armour – what could be considered our spiritual selves – stay intact. A life of integrity is not easily torn asunder.

Breastplate of righteousness: The breastplate of righteousness covers our hearts and other vital organs. In a sense, the breastplate covers the most vulnerable areas of a warrior. Proverbs 4:23 says, "Keep your heart with all vigilance, for from it flow the springs of life." The righteousness that guards a believer's heart is the righteousness of Christ (2 Corinthians 5:21).

Footwear of the readiness of the gospel: Our feet are to be "fitted with the readiness that comes from the gospel of peace" (Ephesians 6:15 NIV). Because we know the good news of Christ and by that knowledge experience peace in Him (John 14:27), our feet are willing to move. In obedience to Christ, we will flee temptations (1 Corinthians 10:14; 1 Timothy 6:11; 2 Timothy 2:22) and walk into whatever He has called us to (Psalm 86:11; Isaiah 30:21; John 15:10).

Shield of faith: The shield of faith is used to "extinguish all the flaming darts of the evil one" (Ephesians 6:16). When Satan attacks us, our faith in Christ lessens the blow. We are able to withstand the attack because we know whom we have believed (2 Timothy 1:12).

Helmet of salvation: A helmet protects the brain, basically our minds. It is because of salvation that our minds can be sound. We are assured of our eternity, and made righteous recipients of peace, practitioners of faith, and knowers of truth. Our minds are protected because of Jesus' work on the cross; we have been given the mind of Christ (1 Corinthians 2:12-16). A helmet can also serve as a signifier. When the enemy looks at us, he sees that we belong to Christ. We carry with us the seal of the Holy Spirit (Ephesians 1:13-14).

Sword of the Spirit: The sword of the Spirit is the Word of God. This includes God's written Word (the Bible), God's incarnate Word (Jesus as Logos), and God's spoken Word (the Holy Spirit within us). The sword is the one offensive weapon in the list. We are told, "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart" (Hebrews 4:12). Second Timothy 3:16 (NIV) speaks of Scripture as being "God-breathed." When God spoke creation came into existence. He breathed life into man. There is power in the Word of God; this is why it is our best offense.

Prayer: Prayer is an often forgotten part of the armour of God, but is essential to using the armour of God well. Prayer is the way we draw strength from God and rely on Him. In essence, it is what "activates" the armour. Apart from God, and reliance on Him through prayer, our efforts in spiritual battle are ultimately futile. First Thessalonians 5:17 tells us to "pray without ceasing."

8.

C. JUSTIFICATION

Justification is being accounted righteous before God.

1. Justification is more than pardon.
2. To justify is to declare as righteous.
3. God could not compromise in judgement and treat sin lightly.
4. Law and justice demanded the death penalty for every sin – Ezek. 18:4, 20.
5. The mercy of God yearned to rescue the offender in the interest of love.
6. In a human court the judge justifies the righteous and condemn the wicked – Deut. 25:1.
7. God refuses to justify the guilty – Ex. 23:7; Isa. 5:22-23; Luke 16:15.
8. According to Romans 2:13; the DOERS of law shall be justified.
9. The question before God is **"WHAT MAN COULD KEEP THE LAW PERFECTLY?"** – Rom. 3:23.
10. Thus by the infinite wisdom and grace of God coupled with His love for mankind Jesus volunteered to be the man to live the perfect life according to the LAW, gain the RIGHTEOUSNESS and then give it as a GIFT to the believing – Micah 7:18-19, Acts 13:38-39; Rom. 3:22.
11. Faith is the condition for our forgiveness – Gal. 2:16, Rom. 3:26; Rom. 4:5.
12. The means of our justification (A) GOD – Rom. 8:33 (B) GRACE – Rom. 3:24; Titus 3:7 (C) By Blood – Rom. 5:9 (D) By Resurrection – Rom. 4:25.
13. Our justification is expected ideally to manifest in our **GOOD WORKS** – James 2:21-23..
14. The result of our justification (A) PEACE – Rom. 5:1, (B) Access to the presence of God for WORSHIP, PRAISE, PETITION – Romans 5:2. (C) Favour with God (D) Tribulation in the world – Rm. 5:3; 2 Tim. 3:12.

D. SANCTIFICATION

1. Sanctification shows the fruit of a justified life.
2. We must be sanctified because our Saviour was sanctified by His father – Jh. 10:36, by himself – Jh. 17:19, by His people – 1 Peter 3:16.
3. Sanctification is the work of the Holy Spirit. Sanctification and holiness are the same in essence.
4. The basic meaning of sanctification is **SEPARATION** – Ps. 4:3.
5. Bible meaning of sanctification is to be set apart. (a) By God (b) For God (c) From Sin (d) Unto a Holy Life – Heb. 12:14. 1 Tim. 2:21.
6. It is separation from EVIL – 2 Chro. 29:5, 15-18. It is separation unto God – Lev. 27:16.
7. The **TRINITY** authors sanctification.
8. Means of sanctification are: (A) Word of God – Jh. 17:17. (B) By the blood of Jesus – Heb. 3:12; (C) By chastisement – Heb. 12:10-11; (D) By yielding to God – Rom. 6:19; (E) By our personal self effort and commitment – 2 Cor. 7:1.
9. Perfection through Christ – Heb. 10:14 and fruit of Holiness – Rom. 6:22 are tested results of sanctification.
10. To retain sanctification is to walk in obedience resisting the devil – James 4:7 being constant in prayer, Bible study witnessing and living for others.

**CRAVE FOR TRUE POSITIVE CHANGE:
 THE BIBLICAL STANDARD – Rom. 10:1-2; Rom. 8:29-30**

AIM:

1. That all may be saved – Rm. 10:1-2
2. That all may come to the knowledge of the truth.
3. That all may take up the responsibility as ordained instrument of positive change.

A. INTRODUCTION

Ours is undoubtedly a nation, generation and dispensation wherein we have a seemingly unprecedented craving for **CHANGE** in all spheres of human endeavour for obvious reasons. Interestingly, it appears to be a global phenomenon.

A proper understanding of the foundations and fundamentals of faith should indeed enhance the positive changes we earnestly desire if we explore it exhaustively and objectively thus strengthening us in our resolve to remain steadfast and immovable while we daily await the second coming of Jesus Christ in glory for the ultimate change. The Lord says, my people perish for lack of knowledge. May the eyes of our understanding be enlightened therefore in Jesus name. Amen.

In the Anglican world there are quite a number of **TIONS** that are classified as the exclusive preserve and reserve of the Bishops. This includes among others, **DEDICATION, CONFIRMATION, INSTALLATION, ORDINATION, CONSECRATION, INSTITUTION** etc.

However, in christendom, we have certain **TIONS** that are equally the exclusive preserve and reserve of **THE MOST HIGH GOD, THE ALMIGHTY HIMSELF**. This includes **SALVATION, JUSTIFICATION, REDEMPTION, REGENERATION, ADOPTION, SANCTIFICATION** etc. While the **BISHOPS** partner with God in the former, the latter emanate from God exclusively. Both are however also channels of positive changes.

B. REGENERATION

Conversion and regeneration are inseparable. Conversion is turning from sin to Christ, regeneration is being made a new creature by the spirit's power. Regeneration or the new birth is the instrument that brings us into the family of God, into the kingdom of the son of God. The new birth is the door to salvation and consequently to **HEAVEN**.

1. The necessity for regeneration, going by the Bible language is for all. The good like Nicodemus, the Persecutor like Paul.
2. It is an **EVENT** and not a **PROCESS** just like the **FIRST BIRTH**. However from the first conviction of **SIN** to the point of regeneration, it may cover many days, weeks, months, or even years. Jh. 3:3.
3. To fail to be **BORN AGAIN** is to be **LOST**. No substitute – Jer.13:23.
4. Holiness of God demands it – Heb. 12:14, 2 Cor. 5:17.
5. The word of God and the spirit of God are the agents of regeneration – 1 Peter 1:23, Jh. 3:5-6.
6. The evidence of a regenerated life is a righteous life and abhorrence of sin – 1 Jh. 3:9, Luke 10:27.
7. The regenerated life overflows in love 1 Jh. 2:29. and

The full armour of God is a way to describe some of the blessings of God in the life of a Christian and the tools with which He has equipped us to stand firm against the evil one and have spiritual victory over the enemy.

We must therefore resolve, by God's grace, not to yield to Satan. We must resist him, and he will flee. Our present business is to withstand the assaults of the devil, and to stand it out; and then, having done all that is incumbent on the good soldiers of Jesus Christ, our warfare will be accomplished, and we shall be finally victorious. Therefore, as you go this week, think more on the weapons of your warfare in Christ and apply them to maintain the victory Christ has won for you.

Until next week, remain blessed!

FOOD FOR THOUGHT

1. FAMILY IS NOT ABOUT BLOOD. IT IS ABOUT WHO IS WILLING TO HOLD YOUR HAND WHEN YOU NEED IT THE MOST.
2. NEVER CONFUSE PEOPLE WHO ARE ALWAYS AROUND YOU WITH PEOPLE WHO ARE ALWAYS THERE FOR YOU.
3. FRIENDSHIP IS NOT ABOUT PEOPLE WHO ACT TRUE TO YOUR FACE. IT IS ABOUT PEOPLE WHO REMAIN TRUE BEHIND YOUR BACK.
4. DO NOT BLAME PEOPLE FOR DISAPPOINTING YOU, BLAME YOURSELF FOR EXPECTING TOO MUCH FROM THEM.

G. FAITH INSPIRING TESTIMONIES OF THE WEEK

1. For provision of new 4WD Toyota car.
2. For provision of new job and gift of a baby girl.
3. For miraculous healing of bones sickness.
4. For success of SSCE Examination.
5. For complete restoration after several crisis.
6. For deliverance of husband from strange sickness.
7. For miraculous healing of a son.
8. For deliverance of a son from two accident in one day.
9. For recovery and deliverance from liver sickness.
10. God's vindication over a landed property.

ALL TO THE GLORY OF GOD

9. ATTENDANCE FOR PREVIOUS WEEK

July 22 – July 28

7.00 am Holy Communion	1014
7.00 am Youth Service	178
7.00 am Sunday School	463
10.00 am Mattins	865
10.00 am Youth Service	186
10.00 am Sunday School	179
6.00 pm Service	143
Bible Study	134
Wednesday Holy Communion	161
Wednesday Prayer Meeting	237

10. MEETINGS THIS WEEK

- The following Societies will meet immediately in the Church after Service

✚ *Band of Faith*

✚ *Ladies Christian League*

✚ *Christian Friends Society*

✚ *Lord Labourers Fellowship*

- Men & Women of Grace meeting comes up on **Thursday, 26th July, 2018** at the front of the Church by 11.00am.
- St. Anne's Old Girls Association meeting comes up on Sunday, 29th July, 2018 at Board Room, Faculty of Science, Unilag, Akoka, Lagos by 2.30pm. God bless you as you attend.

11. CATHEDRAL ROSTER

A. Cathedral Health Centre

i. Personnel on Duty this Sunday, 22nd July, 2018

7.00a.m-10.00a.m: Dr. Makinde Akinlemibola, Pharm. Ifeanyi Uchefuna, Pharm. Chie Nwerri, Mrs Gina Okolo, Dr. Akinola Oliver.

10.00am-2.00pm: Dr. Tunji Areo, Pharm. Yewande Olorunsola, Mrs Kate Igunma, Dr. Frances Ajose, Dr. Femi Olaleye.

ii. Personnel on Duty Next Sunday, 29th July, 2018

7.00a.m-10.00a.m: Dr. Makinde Akinlemibola, Pharm. Deji Osinoiki, Pharm. (Mrs) Yomi Osinoiki, Mrs Gina Okolo.

10.00am-2.00pm: Dr. (Mrs) Frances Ajose, Pharm. Ranti Adedeji, Mrs Bola Awobiyi, Ms. Adenike Adefila, Dr. Femi Olaleye, Pharm. Dele Ajala.

B. Security & Traffic Control

i. Sunday 22nd July - Saturday, 28th July, 2018

Jemerigbe Helen I. (**Captain**), Adeyemi Muiyiwa (**Assistant Captain**), Goke Uthman, Juliet Chimezie, Helen Arhagba, Caroline Omowhara, Jones Basse; Funso Fagbuyiro, Kene Obimma, Chukwuemeka Osaka, Bolaji Dania, Funmi Ladele, Ekwegh Lilian.

10.

11. SUMMARY OF SERVICES FOR NEXT SUNDAY

Trinity 9

July 29

Theme: Harvest of Divine Covenant
Sub-Theme: Sustaining God's Covenant from Children to Children

Colour: Green

7.00 am: HOLY COMMUNION
CHILDREN'S HARVEST

Celebrant: The Ven. Festus Olowosile

O.T. Reading Genesis 17:1-9
Oluwatosin Oyebanji

Psalm: 89:1-8

Epistle: Ephesians 6:1-4
Kossi Nwobodo

Gospel: John 6:1-14

The Rev. Opeyemi Ibikunle
Mrs (Evang.) Kehinde Enih

Address:

10.00 am: HOLY COMMUNION
CHILDREN'S HARVEST

Celebrant: The Ven. Gbenga Oniye

O.T. Reading Genesis 17:1-9
Sis. Lilian Emenike

Psalm: 89:1-8

Epistle: Ephesians 6:1-4
Brother Adedapo Adegbokun

Gospel: John 6:1-14

The Rev. Moyinoluwa Talabi
Mrs Adebisi Layiwola

Address:

12. BANNES OF MARRIAGE

We publish the Banns of Marriage between the persons under-listed: If anyone knows any just cause in law why the persons listed may not be joined together in Holy Matrimony, he should declare it immediately.

3RD NOTICE:

1. *Mr Toyosi Williams & Miss Ebunoluwa Adebajo*

2ND NOTICE:

1. *Mr Nick Kenechukwu Ndinwa & Miss Olufunke Oni*
2. *Mr Efe Urhobo Okpako & Miss Ebele Nwando Iwugo*

1ST NOTICE:

1. *Mr Chukwudi Osakwe & Miss Nancy Emengo*

13. NOTICES

A. Visitors and New Comers

We welcome Visitors and New Comers to Archbishop Vining Memorial Church Cathedral, Ikeja. We pray that the joy of the Lord will be yours today and always. Visitors and New Comers are requested to please move to the Lady's Chapel where our Evangelical Team is waiting to attend to you.

B. Library:

The Cathedral Library opens daily:

Monday – Friday 9.00am to 6.00pm

Sundays 1.00pm to 3.00pm

We request everyone to make use of this opportunity.

15.

Friday, July 27, 2018 **Colour: Green**

7.00 am **Holy Communion**

Celebrant: *The Rev. Canon Benson Odude*

Epistle: *Rom. 15:14-24 Lay. Oluremi Onabolu*

Gospel: *Matthew 27:1-10*

Hymns: *CH 12, VSH 57, CH 539*

Preacher: *The Rev. Moyinoluwa Talabi*

Prayer Points:

- ❖ For the Rt. Rev. Yohannah A. Audu, his family and all members of the Diocese of Damaturu.
- ❖ For the Rt. Rev. Foreman Nedison, his family and all members of the Diocese of Jalingo.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Abraham Adeyemi, Mr Olusegun Adedaja, Mr Okechukwu Onekanma, Ms Ebere Agbara, Mrs Tejumade Akinbiyi, Mrs Edith Cookey, Mr Godwin Eze, Mr Jonathan Kafoi, Mr Ebere Mbaeru, Mr Joshua Obinwa, Mrs Augusta Odoh, Mrs Funmilayo Shyllon, Mrs Oluyemisi Taiwo, Mrs Temitayo Gidado, Mr Ifeanyi Ofoelu, Mrs Ejiro Oduntan, Dr. Chijioke Mbaebie.
- ❖ For these individual Families within the AVMCC Household: Baiyewun Family, Bajomo Family, Bakare-Oladipo Family, Baleen Family, Balogun Family, Bamgboye Family, Bamtefa Family, Bankole Family, Bartels Family, Bayode Family.

6.00pm **EFAC Meeting**

6.30pm **Choir Practice**

10.00pm **Monthly Vigil – Theme: Night of Divine Perfection – Sponsored by Anglican Fellowship**

Saturday, July 28, 2018 **Colour: Green**

7.00 am **Holy Communion**

Celebrant: *The Ven. Azubike Ahubelem*

Epistle: *Rom. 15:25-33 - Lay. Nkiru Arah*

Gospel: *Matthew 27:11-23*

Hymns: *CH 13, VSH 99, CH XVI.*

Preacher: *The Rev. Dr. Benjamin Okere*

Prayer Points

- ❖ For the Rt. Rev. Henry Ndukuba, his family and all members of the Diocese of Gombe.
- ❖ For the Rt. Rev. Dr. Olumuyiwa Ajayi, his family and all members of the Diocese of Pankshin.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Martins Akinde, Mr Charles Onwuzurike, The Rev. Canon Ebunoluwa Okenile, Miss Oluwafunmilayo Bamgboye, Mr Iyebuye Jide-Fadiya, Mr Eddie Chukwura, Mr Olusola Sonola, Mrs Oluchukwu Umeokafor, Mr Babatope Obilana, Mr Eddie Chukwura, Prince Laide Omisore.
- ❖ For these individual Families within the AVMCC Household: Beckley Family, Bejide Family, Belolise Family, Benjamin Family, Bielonwu Family, Blue-Jack Family, Boboye Family, Bolaji Family, Bola- Ifeghale Family, Bolarinwa-Oye Family.

11.30pm **Wedding**
Mr Ifedolapo Atinmo & Miss Oreoluwa Kolawole

4.00 pm **Youth Fellowship**

4.00pm **Boys' Brigade and Girls' Brigade**

4.00 pm **Baptism**

14.

ii. Sunday 29th July - Saturday, 4th August, 2018

Segun Openiyi (**Captain**), Nwaorgu Chinedu (**Assistant Captain**), Odanye Moji (Mrs.), Ayo Tetede, Ogunleye Adeboboye, Mbaekwe Augustine, Dare Sigbeku, Jones Bassey, George A. Adeyemi, Juliet Chimezie, Omotola Onakoya, Akinniran O. Temidayo, Bolaji Dania. Rita Osibodu.

WHAT TO DO

HAPPY MOMENTS	-	Praise God
DIFFICULT MOMENTS	-	Seek God
QUIET MOMENTS	-	Worship God
PAINFUL MOMENTS	-	Trust God
EVERY MOMENT	-	Thank God

HYMN AFTER PRAYER FOR 10.00AM SERVICE

IN CHRIST ALONE

1. In Christ alone my hope is found,
He is my light, my strength, my song;
this Cornerstone, this solid Ground,
firm through the fiercest drought and storm.
What heights of love, what depths of peace,
when fears are stilled, when strivings cease!
My Comforter, my All in All,
here in the love of Christ I stand.
2. In Christ alone! who took on flesh
Fulness of God in helpless babe!
This gift of love and righteousness
Scorned by the ones he came to save:
Till on that cross as Jesus died,
The wrath of God was satisfied -
For every sin on Him was laid;
Here in the death of Christ I live.
3. There in the ground His body lay
Light of the world by darkness slain:
Then bursting forth in glorious Day
Up from the grave he rose again!
And as He stands in victory
Sin's curse has lost its grip on me,
For I am His and He is mine -
Bought with the precious blood of Christ.
4. No guilt in life, no fear in death,
This is the power of Christ in me;
From life's first cry to final breath.
Jesus commands my destiny.
No power of hell, no scheme of man,
Can ever pluck me from His hand;
Till He returns or calls me home,
Here in the power of Christ I'll stand.

11.

10. ACTIVITIES FOR THE WEEK

Monday, July 23, 2018 Colour: White

St. Mary Magdalene (Transferred)

7.00 am Holy Communion

Celebrant: *The Rev. Opeyemi Ibikunle*

Epistle: *II Cor. 5:14-18 - Lay. Edwin Eze*

Gospel: *John 20:11-18*

Hymns: *CH 3, VSH 25, CH 484*

Preacher: *The Ven. Gbenga Oniye*

Collect: Almighty God, whose Son restored Mary Magdalene to health of mind and body and called her to be a witness of His resurrection: forgive and heal us by Your grace, that we may serve You in the power of His risen life; who is alive and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Prayer Points:

- ❖ For the Rt. Rev. Olajide Adebayo, his family and all members of the Diocese of Igbomina.
- ❖ For the Most Rev. Dr. Benjamin Kwashi, his family and all members of the Diocese of Jos.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Olusegun Akintemi, Mr David Okoye, Sir. Obiora Dibiazue, Mr Uchenna Agbasi, Mr Babatunde Fasokun, Miss Celestina Mgbachi, Mrs Olufunke Olatunji, Miss Victoria Olusodo, Mr Chijioke Okonkwo.
- ❖ For these individual Families within the AVMCC Household: Atuchukwu Family, Awakan Family, Awe Family, Awobiyi Family, Awokoya Family, Awolalu Family, Awoleke-Bamgbopa Family, Awom Family, Awosika Family, Awowede Family.

9.00 am 50th Birthday of Mr Segun Akintemi

5.30 pm Family/Marriage Counselling Meeting

6.30 pm Choir Practise

Tuesday, July 24, 2018 Colour: Green

7.00 am Holy Communion

Celebrant: *The Ven. James Adekanye*

Epistle: *Rom. 14:1-12 - Lay. F. Okey Ogbu*

Gospel: *Matt. 26:47-56*

Hymns: *CH 10, VSH 21, CH 373*

Preacher: *The Rev. Canon Benson Odude*

Prayer Points:

- ❖ For the Rt. Rev. Temple Nwaogu, his family and all members of the Diocese of Isiala Ngwa.
- ❖ For the Rt. Rev. Nathan C.O. Kanu, his family and all members of the Diocese of Aba Ngwa North.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs Juliana Agbonkhina, Miss Blessing Aigbe, Ms Nkechi Anozie, Mr Uche Ibekwu, Mrs Sandra Obi, Mrs Ngozi Ogah, Mr Onyechi Orakwe, Mr Nnamdi Owo, Mrs Alice Oyedokun, Mrs Seyi Pratt.
- ❖ For these individual Families within the AVMCC Household: Awunor Family, Awurumibe Family, Awuzie Family, Ayankogbe Family, Ayeni Family, Ayileye Family, Ayinde Family, Ayodele-Alao Family, Ayodele-Oyefin Family, Ayoola Family.

9.00 am 50th Birthday of Mrs Oluwaseyi Pratt

11.00 am – 3.00 pm - Senior Citizens Clinic & Fellowship

5.00pm – 6.00pm Intercessory Prayer

5.00pm – 6.00pm BIBLE STUDY PREVIEW

6.00 pm Bible Study - NEHEMIAH 7

12.

Wednesday, July 25, 2018

Colour: Red

St. James the Apostle

7.00 am Holy Communion

Celebrant: *The Dean*

Epistle: *Acts 11:27-12:1-2-Lay. Oluremi Abimbola*

Gospel: *Mark 10:35-45*

Hymns: *CH 660, CH 630, Anima Christi, VSH 68, CH (CS) 51*

Preacher: *The Ven. Festus Olowosile*

Collect: Merciful God, we pray that as Your Holy Apostle Saint James left his father and all that he had and obeyed the calling of Your Son Jesus Christ even to death; so may we forsake every selfish desire and be ready at all times to answer Your call through Jesus Christ our Lord. Amen.

Prayer Points

- ❖ For the Rt. Rev. Marcus Ibrahim, his family and all members of the Diocese of Yola.
- ❖ For the Rt. Rev. Emmanuel Morris, his family and all members of the Diocese of Maiduguri.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Olajide Afolabi, Miss Oluwatosin Adebajo, Mrs Patience Agu, Mr Lucky Itua, Mrs Princess Amam Okeke, Mrs Rose Obi, Mr Olawale Okikiayo, Miss Joy Ochogu, Mr Makanjuola Oloniyi, Mrs Beatrice Olubobokun, Mr Stanley Nwokolo, Mr Mark Ogbonna, Mr Taiwo Oshikoya, Mr Tuyo Adeyemi, Miss Onaolatimirin Falade, Sir Obi Madueke.
- ❖ For these individual Families within the AVMCC Household: Ayorinde Family, Ayozie Family, Ayuba Family, Azike Family, Azobandu Family, Azoronye Family, Azuaru Family, Azubuike Family, Azunna Family, Azunwoke Family.

8.00am Vining Intercessor's Visitation

6.00pm PRAYER MEETING – DO NOT ABANDON MY SOUL O LORD AS I HASTEN AFTER YOU –PSALM 16:1-END

Thursday, July 26, 2018 Colour: Green

7.00 am Holy Communion

Celebrant: *The Rev. Moyinoluwa Talabi*

Epistle: *Rom. 15:1-13 – Lay. Kike Akinyemi*

Gospel: *Matt. 26:69-75*

Hymns: *CH 2, VSH 27, CH 577*

Preacher: *The Ven. Gbenga Oniye*

Prayer Points:

- ❖ For the Rt. Rev. Musa Tula, his family and all members of the Diocese of Bauchi.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Miss Abigail Clement, Miss Grace Agbugba, Lady Funmi Alabi, Mr Daniel Amanchukwu, Mrs Patricia Madu, Mr Shedrack Okeke, Mr Chidubem Ogbuka, Mrs Ogechi Onyechere, Mrs Olufunke Ojo, Mr Augustine Obi, Princess Justina Ulasi, Mr Ikechukwu Okeke, Mr Ike Ogbonna Ozy.
- ❖ For these individual Families within the AVMCC Household: Azuru Family, Babalola Family, Babarinsa Family, Babatola Family, Babatunde Family, Babayeju Family, Badejo Family, Bademosi Family, Badmos Family, Bagbonon Family.

11.00 am - Meeting of Men & Women of Grace

13.