

## YOU NEED ANY HELP?

Contact the Cathedral Office for all necessary information and the Office will direct you to the appropriate persons to help. Below are the Contact Persons.

- A. **For Booking of all Services of the Church**  
*The Dean; The Canon Residentiary*
- B. **For Social Welfare and Charity**  
*The Dean; The Rev. Dr. S. Opaaje; Dr. (Mrs.) Irene Omogbehin 08033223803*
- C. **For Cathedral Societies**  
*The Dean; The Society Chaplains; Presidents & Secretaries of Societies*
- D. **For The Elderly Ministry**  
*The Dean; Chief (Mrs.) Ayo Akideinde - 07068610707*
- E. **For The Evangelical Ministry**  
*The Dean; The Canon Benson Odude; Mr Raymond Agu - 08033003906*
- F. **For Cathedral Missionary Society**  
*The Dean; Rev. Dr. Benjamin Okere; Mr Tunji Odeneye - 08033163337*
- G. **For the Children Ministry**  
*The Dean; The Rev. Canon B. Odude, Mr. Tunji Odeneye - 08033163337;*
- H. **For The Youth Ministry**  
*The Dean, Rev. Ayodeji Oluwatusin; Chief (Mrs.) Funmi Ogunbadejo – 08033025033; Mir Dayo Egbadeyi - 08022865591*
- I. **For The Boys' & Girls Brigade; Boys' & Girls' Guild**  
*The Dean, The Rev. Ayodeji Oluwatusin; Mrs A. O. Agara, Mrs C.F. Akinrotimi 08022791113; Mr Ayo Tetede - 08020691247*
- J. **For The Medical Board**  
*The Dean; Rev. Dr. Benjamin Okere; Prof. (Mrs.) Ronke Akinsete 0802300049*
- K. **For the Counselling Ministry**  
*The Dean; Rev. Canon Odude, Dr. (Mrs) Irene Okwerekwu – 08023078162*
- L. **For the Prisons & Hospital Ministry**  
*The Dean; Rev. (Dr). Benjamin Okere; Mrs Babarinsa - 08031334211.*
- M. **For ETS Discipleship Training**  
*The Dean; Rev. Dr. Benjamin Okere; Mr Tunji Odeneye – 0803-3163337; Dr (Mrs) Oyin Ilo*
- N. **For The Home Fellowship**  
*The Dean; Ven. J. Adekanye, Rev. Dr. B. Okere, Sir. Godson I. Chijindu- 08033025458*
- O. **For Singles' and Couples' Fellowship**  
*The Dean; Rev. Ayodeji Oluwatusin; Mr. Steve Aladesawe- 08033261047*
- P. **For Intercessory Ministry**  
*The Dean; Rev. Dr. Samuel Opaaje,*
- Q. **For Sports Ministry**  
*The Dean; The Canon Residentiary, Mr Desmond Odiase, Mr Steve Ahua - 07038816041*
- R. **For Board of Directors for Economic Empowerment**  
*The Dean; Rev. Ayodeji Oluwatusin; Dr. Oladimeji Alo; Mrs Segilola Olawoyin - 08074533508*
- S. **For Cathedral Christian Mothers Matters**  
*The Dean; Mrs. A.O. Agara; Mrs. Folake Owolabi - 08023156546*
- T. **For Chaplains to Societies**  
*The Dean; The Canon Residentiary*
- U. **For The Choir**  
*The Dean; Mr Sunday Olawuwo - 08023030357*
- V. **For Booking of the Hall**  
*The Dean, Mrs. Tola Famade - 0803-3109378*
- W. **For Booking of the Guest House**  
*Mr. Jide Afolabi - 08037128186*

**Below are the Telephone Numbers of the Cathedral Office, the Dean and the Cathedral Priests. You can contact these phones as need be.**

|                                      |               |
|--------------------------------------|---------------|
| The Cathedral Office                 | 0811-1114588  |
| The Dean                             | 0803-7152811  |
| The Ven. Festus Olowosile            | 0803-4003552  |
| The Ven. Gbenga Oniye                | 0803-3564593  |
| The Ven. James Adekanye              | 0803-5806344  |
| The Ven. Azubike Ahubelem            | 0803-3081617  |
| The Rev. Canon Benson Odude          | 0802-3608782  |
| The Rev. Dr. Samuel Opaaje           | 08 06-3097612 |
| The Rev. Dr. Benjamin Chijioke Okere | 0802-3270247  |
| The Rev. Opeyemi Ibikunle            | 0803-0573299  |
| The Rev. Ayodeji Oluwatusin          | 0802-7562421  |

## DIOCESE OF LAGOS WEST

(Anglican Communion)



### ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL

Oba Akinjobi Way, GRA, Ikeja

Founded – March, 1964

P.O. Box 506, Ikeja, Lagos

Tel: 0811-1114588

Website: [www.avmcc.org.ng](http://www.avmcc.org.ng)

E-mail: [info@avmcc.org.ng](mailto:info@avmcc.org.ng)

[archbishopviningchurchcathedral@yahoo.com](mailto:archbishopviningchurchcathedral@yahoo.com)

Follow Us On  [avmccgraikeja](https://www.facebook.com/avmccgraikeja)  [@avmcccathedral](https://twitter.com/avmcccathedral)

 [#avmc\\_cathedral](https://www.instagram.com/avmc_cathedral)



Vol. 16/3/09/2020

#### Our Vision:

"CHRIST FOR ALL NATIONS"

#### Our 2020 Mission:

**"THE JUST SHALL LIVE BY FAITH"**  
**Romans 1:17**

A GOOD INDICATOR OF YOUR SPIRITUAL TEMPERATURE IS YOUR EAGERNESS TO COME TO THE CHURCH (PS 122:1). NEVER ALLOW YOUR SEAT TO BE EMPTY FOR AN EMPTY SEAT IS AN EMPTY HEAD AND IN HIS PRESENCE ONLY ARE FULLNESS OF JOY AND PLEASURES.

#### WEEKLY BULLETIN

Sunday, 1<sup>st</sup> March - Saturday, 7<sup>th</sup> March, 2020

LENT 1

**THEME: GOING BEYOND TOKENISM  
IN FASTING**

**Colour: Purple**

**Mr. Adetunji Adekoya**  
*Cathedral Warden*

**Mr. Charles Ojo**  
*Cathedral Warden*

**The Ven. Adegoke O. Agara**  
*The Dean of the Cathedral*

**The Rt. Rev. Dr. James O. Odedeji**  
*The Bishop, Diocese of Lagos West*

**Please Take A Copy**  
**Support God's Mission through the Covenant Seed**  
**Be A Diocesan Covenant Seeder**

# 1. SERVICES FOR SUNDAY – 1<sup>ST</sup> MARCH

A. 6.00am HOUR OF BLESSINGS

B. 7.00 am HOLY COMMUNION

Celebrant: *The Dean*  
 The Epistle: *Layreader Dele Ajala*  
 The Gospel: *The Rev. Canon Benson Odude*  
 Preacher: *The Dean*  
 Litany: *The Rev. Canon Benson Odude*

- ❖ Processional Hymn: CH 221
- ❖ Praise & Worship **10mins. (Judges 1:1-2, Ps 100vs 4, Ps 95 vs. 2)**
- ❖ Preparation to Penitence- *The Ven. Festus Olowosile*
- ❖ Epistle: *James 1:2-19*
- ❖ Gradual Hymn: VSH 22 'More Holiness' (Pg.16 )
- ❖ The Gospel: *Matthew 4:1-11*
- ❖ Hymn before sermon: CH 241

## ❖ **SERMON**

- ❖ Nicene Creed
- ❖ Hymn: VSH 17 'Pass me not' (Pg.16)
- ❖ Litany (To be chanted)
- ❖ The Peace **(Let there be peace – page 6)**
- ❖ The Offerings: Choruses
- (a) **First Fruit** (b) **Tithes, Building, Covenant Seed & Sunday Offering**
- ❖ The Eucharistic Prayers
- ❖ The Administration: VSH 5, 19, 68, 131, 212
- ❖ The Ablution: CH 210
- ❖ Post Communion Prayer
- ❖ **Thanksgiving:**
  - i. Monthly Thanksgiving
  - ii. Those born and / or Married in February
  - iii. The Churching of Mrs. Chinelo A. Nwankwo for the gift of a baby girl and God's numerous blessings.
- ❖ For Doxology .... (pg 11)
- ❖ Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: CH 17

**WE WELCOME ALL OUR FIRST TIMERS IN JESUS NAME. WE REQUEST THAT YOU PLEASE MOVE TO THE LADY'S CHAPEL AFTER THE SERVICE WHERE OUR EVANGELICAL TEAM IS WAITING TO ATTEND TO YOU. REMAIN BLESSED AND RAPTURABLE.**

## BREAST FEEDING SUITE

This opens at the back of the ALTAR from 6.30am to 2.00pm on SUNDAYS to enable our nursing mothers remain BABY FRIENDLY within the confines of the Church during services.

## AVMCC DEVELOPMENT FUND ACCOUNT

Account Name: AVMCC Development Fund  
 Account Number: 1021733207  
 Sort Code: 033154512  
 Branch Address, UBA Plc, 51A Adeniyi Jones Street, Ikeja

## J. GIRL'S GUILD/BOYS GUILD/ ROYAL GEM & VESSEL

**GG/BG/Royal Gem & Vessels meets every last Sunday at Vining Hall during 7.00am and 10.00am service beginning from March 2020.**

## M. REVISITING AND RESUSCITATING HOME FELLOWSHIP CENTRES IN AVMCC

The AVMCC House Fellowship Project has finally taken off! Parishioners are encouraged to attend House Fellowship in their nearest Centers. Those whose locations have changed should please contact Mrs. Charity Nnebedum for corrections. The following are the existing House Fellowship Centres:

| AREA                              | COORDINATOR                             | PHONE NUMBER               | ADDRESS  |
|-----------------------------------|---|----------------------------|--|
| Opebi                             | Bro. I.O. Odeniran                      | 08023096565                | 11a Samuel Awoniyi St. Opebi   |
| Ikotun/Isheri                     | Bro. Funsho Omole / Sis. Blessing Aigbe | 08171885310<br>08067733144 | H.C13, E Close, Home Foundation Estate Isheri/Lasu, Express way, Isheri, Idimu |
| Egbeda                            | Sis. Funmi Akinbobola                   | 08033083851                | 7 Akinola Erinoluwa St. Magodo Phase 2.  |
| Oyemekun/Adeyeri/College Rd, Ogba | Bro. Ndubisi Odebeatu                   | 08037297743                | 19, Ilerioluwa Crescent off Adeyeri St, College Rd. Ogba                       |
| Ajao Estate                       | Sis. Ebele Okere                        | 08026609443                | 29 Fatai Irawo Street, Off Murtala Mohammed Int Airport Rd, Ajao Estate        |

**For enquiries, please call or Whassap: 070632214646 or 08033025458**

## N. AVMCC BANK ACCOUNTS DETAILS

| BANK    | ACCOUNT NUMBER | SORT CODE | PURPOSE  |
|---------|----------------|-----------|--|
| ACCESS  | 0017948337     | 044151245 | Evangelical Fund   |
| WEMA    | 0120970667     | 035150695 | Offering & Thanksgiving  |
| FIRST   | 2025018178     | 011151841 | Harvest (kindly signify the purpose e.g. Family harvest, Youth Harvest etc.) |
| FIRST   | 2001350641     | 011151841 | Project Support  |
| STANBIC | 9200212515     |           |  |
| IBTC    |                | 221150027 | First Fruits   |
| GTB     | 0007899440     | 058152120 | Tithes   |
| WEMA    | 0122245798     | 035150695 | Endowment Fund   |

**For the New Cathedral Development Account details please refer to page 2 of this bulletin.**

## G. 2020 VESTRY MEETING

### A. Cathedral Warden:

1. Mr. ADEKOYA Adetunji
2. Mr. OJO Charles

### B. Standing Committee:

1. Mrs. EBOH Azuka (DAUGHTERS OF LIGHT)
2. Mrs. OGHENEKARO Pauline (CHRISTIAN FAMILY)
3. Mrs. JEGEDE Abeke (YWCA)
4. Mr. RANDLE Ayodeji (CHRISTIAN BROTHERS)
5. Mrs. OGUNDIPE Titilayo (BAND OF FAITH)
6. Mr. AZIKE Joe (YMCA)
7. Mr. OJUOKO Adeoye (TORCHBEARERS)
8. Mr. OMOLE Funso (ANGLICAN FELLOWSHIP)
9. Mr. EZENWAJI Peter (GOOD SHEPHERD)

**NB: (1) SWEARING IN SUNDAY, 8<sup>TH</sup> MARCH, 2020 AT 10.00AM SERVICE**

**(2) INAUGURAL SESSION ON MONDAY, 9<sup>TH</sup> MARCH, 2020 AT 5.30PM**

## H. NOTICE ON CATHEDRAL FINANCE

1. Payments can now be done using POS Terminals which are available in the Church Office and the Vestry.
2. All payments by cheques should henceforth, have the payers name and phone for ease of reference, if the need arises.

## I. ICT LOUNGE:

Kindly patronize the AVMCC ICT LOUNGE at Adetiloye House (Ground Floor), which opens at 9.00am-5.00pm Monday to Friday, for your: Typing, Printing, Photocopy, Scanning, Bulk SMS, Laminating, Tinted Permit, Internet Work, Binding, Scratch Cards (Jamb, WAEC, NECO etc) and Computer Training. *Contact: Call/Whatsapp No: 07063214646.*

## J. AVMCC GUEST HOUSE - PLEASE READ!

Dry cleaning and Laundry Services are now available at the AVMCC Guest House at reasonable prices. Please patronize. Thank you. **Tel. No. 08033716752**

## K. VACANCIES

A. A growing business concern with interest in Confectionery and related Food & Beverage products is seeking applicants with essential competencies:

- i. Male Baker (23-27years)
- ii. Driver (30-40years)
- iii. Female Executive Assistant to the CEO (35-40years)

Interested applicants should send their CV within one week from the date of this publication to: [consultingdcc@gmail.com](mailto:consultingdcc@gmail.com)

B. A member of the Church who leaves within Ikeja needs an experience Driver. Kindly submit your application in the Church Office not later than 28<sup>th</sup> February, 2020.

## L. EEP NEWS TRACK

- i. Basic Book Keeping Course. Kindly join us on Friday, March 6, 2020. **Registration Fee – N3,500.00.**
- ii. Finance for Non-Finance Executives- A One-day practical training session will hold on Friday, March 6, 2020. Registration Fee- N5,000.00 Discount available for bulk bookings. **Register TODAY – Contact the EEP Office. Call Kola- 08186134769 Funmi – 08023234012.** Email :avmcc\_eep@yahoo.com.

## B. 10.00am HOLY COMMUNION

### CHARITY BAND SOCIETY ANNIVERSARY

**Celebrant:** *The Dean*  
**The Epistle:** *Charity Band*  
**The Gospel:** *The Rev. Dr. Benjamin Okere*  
**Preacher:** *The Dean*  
**Litany:** *The Ven. Gbenga Oniye*

- ❖ Processional Hymn: CH 234
- ❖ Praise & Worship **10mins. (Judges 1:1-2, Ps 100vs 4, Ps 95 vs. 2)**
- ❖ Preparation to Penitence- *The Ven. Festus Olowosile*
- ❖ Epistle: **James 1:2-19**
- ❖ Gradual Hymn: CH 497
- ❖ The Gospel: **Matthew 4:1-11**
- ❖ Hymn before sermon: CH 241

### ❖ **SERMON**

- ❖ Nicene Creed
- ❖ Hymn: CH 225
- ❖ Litany *(To be chanted)*
- ❖ The Peace **(Let there be peace – page 6)**
- ❖ The Offerings: Choruses

### (a) **First Fruit (b) Tithes, Building, Covenant Seed & Sunday Offering**

- ❖ The Eucharistic Prayers
- ❖ The Administration: VSH 5, 19, 68, 131, 212
- ❖ The Ablution: CH 211
- ❖ Post Communion Prayer
- ❖ **The Anniversary:**
  - i. Charity Band Anthem
  - ii. Rededication of Members
  - iii. Charity Band, Patrons / Patronesses & the Church
- ❖ **Thanksgiving:**
  - i. Monthly Thanksgiving
  - ii. Those born and / or Married in February
  - iii. The Churching of Mrs. Adeola Oni for the gift of a set of twins and God's numerous blessings.
  - iv. Thanksgiving after the successful wedding of Mr. & Mrs. Ayodeji Oni (children of Mr. & Mrs. Kayode Oni of Christian Brothers and Bands of Mercy Societies) and God's numerous blessings.
  - v. Thanksgiving after the successful wedding of Mr. & Mrs. Segun Peters (children of Late Mr. Ade Awobiye) and God's numerous blessings.
  - vi. Thanksgiving after the successful burial of Late Prince Agbo Oshikoya (husband of Mrs. Oyin Oshikoya of the Christian Morning Star society, Vining Intercessors, Social welfare Ministry) and journey mercies.
- ❖ For Doxology .... **(pg 11)**
- ❖ Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: CH 369

## 2.30pm Confirmation Class at Lady Chapel

### C. **THIS WEEK**

Mothers' Union meeting holds at the Lady Chapel By 5.00pm on Monday, 2<sup>nd</sup> March, 2020. **TOPIC: SUICIDE PREVENTION: THE ROLE OF MOTHERS.**

### D. **EVENTS AHEAD**

1. **ANNUAL DIOCESAN WARDENS, SECRETARIES & ACCOUNTANT RETREAT** 6<sup>th</sup> March, 2020 at AVMCC TIME: 8.00am
2. **12 HOURS PRAISE – MARCH 27<sup>TH</sup>, 2020**

3. **MOTHERS UNION ENROLMENT:** March 2020  
Interested and qualified women to see any of the  
CLERGY WIVES
4. **JESUS FESTIVAL – APRIL 11<sup>TH</sup>, 2020.** *Buy your  
ANKARA now in the Church Office*
5. **CONFIRMATION CLASS:** Regular and Executive  
Classes resume simultaneously from March

#### F. EQUIPPING THE SAINTS IS ON

"This is to inform all interested parishioners of the Cathedral that the next Class of the Equipping The Saints (ETS) Discipleship Training starts 9.00am Saturday, 29<sup>th</sup> February, 2020. Venue: 1<sup>st</sup> Floor Vining House AVMCC, GRA, Ikeja. Please register in the Cathedral Office or come to the Venue: Vining House On 29<sup>th</sup> February."

#### G. FIRST FRUIT – LEV. 23:10-11; DEUT. 26:1-10

1. Your first salary on a new job.
2. The first profit from a new line of business
3. For those already working, it is the first salary in the year.
4. When promoted to another level, the difference between your former salary and the new one.
5. To the aged with no pension, it is your first allowance from your children.
6. For Landlords and Landladies, the rent for the first month in the year is your first fruit.
7. For students, the poor, the jobless, it is your first gift in the year.
8. For those with multiple sources of income or salary, the best or the highest of all is ideal as first fruit.

**TEST GOD WITH IT, TASTE AND SEE THAT THE LORD IS GOOD – Mal. 3:10, Ps. 34:8**

**Acct NO - STANBIC IBTC - 9200212515- First Fruits**

#### H. **AVMCC SPONSORSHIP OF 2020 EVENSONG BY SOCIETIES**

1. Sunday March 1, 2020 Christian Morning Star
2. Sunday March 8, 2020 Lord's Labourers Fellowship
3. Sunday March 15, 2020 Band of Light
4. Sunday March 22, 2020 Band of Grace
5. Sunday March 29, 2020 Cathedral Youth
6. Sunday April 5, 2020 Palm Sunday
7. Sunday April 12, 2020 Fountain of Hope/Easter Cantata

#### G. **7.00a.m & 10.00am - YOUTH SERVICE**

**Celebrant:** *The Rev. Ayodeji Oluwatusin*

**Preacher:** *The Rev. Ayodeji Oluwatusin*

**Theme:** *Going Beyond Tokenism in Fasting*

- ❖ Opening Hymn: CH 234
- ❖ The Preparation to penitence
- ❖ The Epistle: *James 1:2-19*
- ❖ Praise Worship
- ❖ The Gospel: *Matthew 4:1-11*
- ❖ Sermon
- ❖ Nicene, Creed & Intercession
- ❖ The Peace
- ❖ The Offerings: Choruses

**(a) First Fruits (b) Tithes, Building, Covenant Seed & Sunday Offering**

- ❖ The Eucharistic Prayers
- ❖ The Administration: Worship Choruses
- ❖ Post Communion Prayer
- ❖ New Month Thanksgiving
- ❖ Youth Anthem
- ❖ Notices - Secretariat
- ❖ Prayer & Benediction
- ❖ Withdrawal Hymn: CH 54

#### C. **BIBLE IN ONE YEAR**

Avail yourself of this plan. Read the BIBLE in one year and be blessed – **Rev. 1:3**

- |          |                 |           |   |             |
|----------|-----------------|-----------|---|-------------|
| 1. March | 1 <sup>st</sup> | Sunday    | - | Josh. 10-12 |
| 2. March | 2 <sup>nd</sup> | Monday    | - | Josh. 13-15 |
| 3. March | 3 <sup>rd</sup> | Tuesday   | - | Josh. 16-18 |
| 4. March | 4 <sup>th</sup> | Wednesday | - | Josh. 19-21 |
| 5. March | 5 <sup>th</sup> | Thursday  | - | Josh. 22-24 |
| 6. March | 6 <sup>th</sup> | Friday    | - | Judges 1-4  |
| 7. March | 7 <sup>th</sup> | Saturday  | - | Judges 5-8  |

#### E. **ROSTER FOR VIGIL**

**MAR. 12 HOURS PRAISE VIGIL (LENT)**

- APR.** (1) AMBASSADORS OF CHRIST  
(2) CHARITY BAND  
(3) BAND OF GLORY

- MAY** (1) BAND OF LIGHT  
(2) CHRISTIAN HOUSEHOLD  
(3) CHRISTIAN BROTHERS

- JUNE** (1) DAUGHTERS OF LIGHT  
(2) BAND OF MERCY  
(3) YWCA / YMCA

#### F. **15 BAD HABITS TO AVOID IN CHURCH:**

*1 Timothy 3:15; 2 Thessalonians 3:7; 1 Thessalonians 2:10*

1. Chatting and receiving calls during Church Service.
2. Running out to pick calls with your phone ringing out so loud. This is **SACRILEGIOUS**.
3. Refusing to obey the directives of the Church Stewards indicates disobedience in the house of God.
4. Folding your hands when your Pastor is teaching or preaching. You are telling him that what he is saying is not worthwhile.
5. Habitual lateness to Church service is a **SPIRITUAL FLIGHT** that has take off time.
6. Staring at fellow parishioners and making them uncomfortable.
7. Dozing or sleeping in Church during sermon or in the course of the Service -Acts 20:9.
8. Sitting down inactive during Prayer or Praise session especially when other parishioners are standing without any evidence of health challenge.
9. Looking at the clock on the wall and your wristwatch and then at the Pastor's face insinuating that he should round off.
10. Borrowing things like phone chargers, pen etc. and leaving the Church with the said items. Remember Exodus 20:15, 17
11. Leaving the Church before the end of Service.
12. Gathering outside the Church to discuss while Service is going on. You're not honouring God whom you come to Worship.
13. Buying yourself a seat in Church and ensuring no one sits there even when you are not in church.
14. Leaving the Church without dropping your offering.
15. Talking and distracting others while service is on.

1 Samuel 2:30 '.....for those who honour Me I will honour and those who despise Me shall be lightly esteemed. **ALWAYS CHOOSE TO HONOUR GOD WHEN YOU ARE IN HIS PRESENCE AND INDEED EVERYWHERE ALL OF THE TIME.**

## 15. CHRISTIAN MOTHERS

- i. All women prayer meeting {Cathedral Deanery} Every 1<sup>st</sup> Thursday of the Month. Venue: The AVMCC Main Sanctuary. Time: 5.00pm-6.00pm.
- ii. Bible Study for Christian Mothers - Every 1<sup>st</sup> Monday of the month at 5.00pm.
- iii. Fasting & Prayer for Christian Mothers - Every last Monday of the month at 5.00pm.
- iv. **Adult Education Programme:** This course is for young and old every Monday & Wednesday by 3.30pm at the Vining Hall.

## 16. INFORMATION FOR MEMBERS

**A. NB: PLEASE BE INFORMED THAT THE STATUTORY TIME FOR FUNERALS IS 9.00AM. THIS IS SACROSANCT FOR OBVIOUS REASONS. GOD WILL SATISFY US ALL WITH LONG FLOURISHING LIVES IN JESUS. AMEN. IN THE SAME VEIN LYING IN STATE IS A PRIVATE FAMILY AFFAIR MEANT SOLELY AND IDEALLY FOR THE HOME OF THE DECEASED AND NOT IN THE CHURCH.**

### B. Obituaries

- i. We announce the passing into glory of our Father and Grandfather Late Engr. Jacob Ekenobi of (Vining Intercessory Ministry, Good Shepherd Society and Men & Women of Grace) Aged 77. Burial arrangements will be announced later.

=====

### C. AVMCC CHURCH NEEDS

Dear Parishioners,

*Be encouraged to pick one or more of the items listed below to mark your birthday, wedding anniversary and other occasions of joy. Do endeavour to get in touch with the WARDENS for specifications or monetization.*

Development of our landed properties

Painting of the Church and our halls

Hi-tech Digital Camera

|                           |   |              |
|---------------------------|---|--------------|
| Roland Sample Pad         | - | N250,000     |
| Head Phone X6             | - | N35,000 each |
| Stand for Sampler         | - | N15,000.00   |
| 3 in one RMU by Schneider | - | N3.2m        |
| Copper Earth Rod          | - | N144,000.00  |
| 70mm 3 Core Cable         | - | N450,000.00  |
| Copper Earth Wire         | - | N90,000.00   |
| Rayehem Indoor            | - | N50,000.00   |
| Rayehem Outdoor           | - | N50,000.00   |

**KINDLY TIE YOUR DONATIONS TO THE NEW CATHEDRAL BUILDING**

## K. 6.00 pm. EUCHARIST WITH ANOINTING

*Celebrant: The Rev. Ayodeji Oluwatusin*

*Preacher: The Rev. Canon Benson Odude*

*Sponsor: Christian Morning Star*

*Organist: Mr. Sina Oyeneye*

- ❖ Processional Hymn: CH 56
- ❖ Preparation to Collect
- ❖ Psalm 119:1-8
- ❖ The Epistle: James 1:2-19- *Christian Morning Star*
- ❖ The Gospel: Matthew 4:1-11
- ❖ Sermon
- ❖ Nicene Creed, Intercession to Peace
- ❖ Offerings CH 584
- (a) *First Fruit* (b) *Tithes, Building, Covenant Seed & Sunday Offering*
- ❖ The Eucharistic Prayers
- ❖ The Communion: *WORSHIP SONGS*
- ❖ Ablution Hymn: VSH 22
- ❖ Post Communion Prayer
- ❖ Prayer & Benediction
- ❖ Notices
- ❖ Withdrawal Hymn CH 54

### 2. LENT 1

#### Introductory Sentence

I am the vine, and you are the branches, says the Lord. Those who abide in Me and I in them, bear much fruit.

*John 15:5*

#### Collect for Lent 1

Almighty God, Whose Son Jesus Christ fasted for forty days in the wilderness, and was tempted as we are, yet without sin, give us grace to discipline ourselves in obedience to Your Spirit; and as You know our weakness, so may we know Your power to save, through Jesus Christ our Lord. Amen.

#### Post Communion Sentence

Jesus answered, "it is written; Man does not live by bread alone, but on every word that comes from the mouth of God.

*Matthew 4:4*

### TOWARDS THE NEW CATHEDRAL

#### THE COLLECT:

Heavenly Father we acknowledge the fact that without You, we can do nothing, for except You build, those who are building are doing it in vain. Empower us to build to Your glory and honour O Lord. Provide for us unto overflowing and over abundance. Make way where there seems to be none, silence every spirit of Sanballat and Tobiah and fill us with the anointing of Zerubbabel unto a glorious timely and speedy completion for with You there is no abandoned project. All of these and many more mercies and grace we ask for in the mighty name of Jesus Christ our Lord and Saviour. Amen.

### 3. LET THERE BE PEACE (ADAPTED)

Let there be PEACE shared among us  
Let there be Peace in our hearts  
May NOW your Peace sweep this church  
Cause us O Lord to Arise  
Give us a fresh understanding  
Of Brotherly Peace that is Real  
Let there be Peace shared among us  
Let there be Peace.

### 4. PRAYER POINTS FOR TODAY– SUNDAY, 1<sup>ST</sup> MARCH, 2020

#### A. Prayers for the Anglican Communion and for Christian Denominations and Organizations

- i. Pray for Nicholas our Primate, Olusina, Our Archbishop and Olusola our Bishop for daily grace and divine unction to run the Church of God aright.
- ii. For the Rt. Rev. Joseph A. F. Olusola, his family and all members of the Diocese of Ijesha North East

#### B. Prayer for Nigeria & the World

- i. *Pray that the Lord of Hosts in His mercies will on account of His elects and remnants in Nigeria frustrate every raging from the pit of hell and all evil counsels, gang-ups and schemes in form of Boko Haram, Herdsmen and Islamicization agenda so that Christianity in Nigeria will never go the way of TURKEY nor NORTH AFRICA in Jesus Name. Amen.*
- ii. That righteousness shall prevail in our nation
- iii. That Jesus be enthroned and His will be done in Nigeria no matter what is happening.

#### C. Prayer for AVMCC

- i. For successful Vestry Meeting and peaceful deliberations
- ii. For miracles and great testimonies in this new month for the Church of God.
- iii. For divine visitation throughout the Lenten period.

#### D. Prayers for all our members who are having their Birthdays and/or other Anniversaries today:

- i. For Mrs. Ngozi Belolise, Mr. Ikechukwu Nwachukwu, Miss. Ginikanwa Nwosu-Igbo, Mr. Abraham Owolabi, Mrs. Grace Oluwase, Mrs. Ifeyinwa Marchie, Miss. Omorinsayo Ajose, Miss Flourish Udeme, Mr. Adeolu Oyinlola, Mr. Gbenga Ojo, Mrs. Ebunoluwa Ojo, Engr. Oladayo Egbedeyi, and others who are celebrating their birthdays today.
- ii. For those having their Wedding Anniversaries or any other positive Anniversaries today.

#### E. Prayers for individual Families within the AVMCC Household

Ezechukwu, Family, Ezech Family, Ezeike Family, Ezejelue Family, Ezekwo Family, Ezengwu Family, Ezenmo Family, Ezennaka Family, Ezenwa Family, Ezenwankwo Family.

- F. Prayers for the following Elders: The Rt. Rev. Dr. P. A. Adebisi, Engr. & Mrs. Odedairo, Mrs. Beatrice Akinola, Mrs. David-West, Justice S.O. Ilori, Mrs M.I. Ilori, Mrs Lydia Metu, Mr. B. Sorinmade, Mrs M.M. Aruofor, Mrs Esther Babalola, Mrs Roseline Anyadikwa, Mr. Michael Famuyide, Mrs. Ronke Famuyide, Mr. Samuel Chukwudum.

### JUSTIFICATION FOR SOCIETY MEMBERSHIP

The desirability of society membership is traceable to the Godly advice of Jethro to Moses his son in law as he administered the huge population of the Israelites in the wilderness.

**“MOREOVER THOU SHALL PROVIDE OUT ALL THE PEOPLE ABLE MEN, SUCH AS FEAR GOD, MEN OF TRUTH, HATING COVETOUSNESS AND PLACE SUCH OVER THEM, TO BE RULERS OF THOUSANDS AND RULERS OF HUNDREDS, RULERS OF FIFTIES AND RULERS OF TENS” EXOD. 18:21.**

Beloved to the glory of God AVMCC is a fairly large congregation and as the Israel of God today Gal. 6:16 we must follow the Bible standard as expatiated fully in Exodus 18:17-27 for the following reasons:

1. It is good to be in society vs. 17.
2. The blessings of joining a society far outweighs the burden if any.
3. The burden if any is light because it is of Christ and not of man – Matt. 11:28-30.
4. The Priests will not wear out in attending to large congregation as it is not possible to know everybody vs 18.
5. The people will not wear out as their matter receive the attention of sectional leaders with a referral of major matters to appropriate quarters vs 18.
6. It is a Godly counsel to be a member of a society vs 19.
7. It is an avenue to learn more of the ordinances of God and His laws vs 20.
8. It affords the opportunities of knowing the way of God better as seminars retreats, visitations, fellowships, fasting praying are arranged vs 20.
9. It points us to the work which we have to do vs 20.
10. It enables the Priest to focus more on Prayer and the word of God which of course is their major assignment Acts 6:4.
11. It allows the church to maximize the potentials of spiritual gifts and explore talents of members using also their professional expertise to enhance the standard of the Church vs 21.
12. It allows for matters to receive urgent and timely attention vs 22.
13. It makes the work in the house of God to be EASY and not become a BURDEN vs 22.
14. It allows for all to ENDURE vs 23.
15. It allows for a more PEACEFUL co-existence vs 23.

**NB: SHEEP DO NOT WALK ALONE THEY FLOCK TOGETHER. DO NOT BE AN ISOLATIONIST.**



**THE CATHEDRAL REFURBISHMENT PROJECT:****INTERIM LIST OF ITEMS AVAILABLE FOR OFF-TAKERS**

Below are items available for off-taking and funding by individuals, Societies or Groups. The list is an Interim one, subject to modifications as dictated by design exigencies and statutory requirement/compliance. Estimates of Costs are being compiled, to be finalised based on Final Design Specification.

Interested Off-takers are kindly required to express their interest and making payment on account to tie down their interest.

| S/N | ITEM   | QTY    | STATUS             |
|-----|--|--------|--------------------|
| 1.  | Main Auditorium Altar Table                              | 1      | Taken              |
| 2.  | Main Auditorium Pulpit                                   | 1      | Taken              |
| 3.  | Main Auditorium Lectern                                  | 1      | Taken              |
| 4.  | Bishop's Throne –High Altar                              | 1      | Taken              |
| 5.  | Bishop's Throne – Choir Stall Side                       | 1      | Taken              |
| 6.  | Various Chancery Furniture                               | Lot    | Available          |
| 7.  | Altar Railings   | Lot    | Available          |
| 8.  | Chapel Altar Tables                                      | 3      | 2 nos. taken       |
| 9.  | Pews for Main Auditorium                                 | Lot    | Available          |
| 10. | Complete Set of Pews for each Chapel                     | 3 Lots | Available          |
| 11. | Baptismal Font   | 1      | Taken              |
| 12. | West Door  | 1      | Taken              |
| 13. | North Door   | 1      | Taken              |
| 14. | South Door   | 1      | Taken              |
| 15. | Doors leading to Sacristy                                | 2      | Available          |
| 16. | Doors leading to Bishop's/Priests' Vestries              | 2      | Available          |
| 17. | Doors leading to Guild of Steward's Vestry               | 2      | Available          |
| 18. | Entrance Doors to North & South Gallery                  | 2      | Available          |
| 19. | Entrance Doors to Audio Visual Room                      | 2      | Available          |
| 20. | Choir Stall  | Lot    | Taken              |
| 21. | Vicars' Stall  | Lot    | Available          |
| 22. | Cantor's Stall   | Lot    | Available          |
| 23. | Warden's Stall   | Lot    | Available          |
| 24. | Sacristy Furniture                                       | Lot    | Available          |
| 25. | Bishop's Vestry Furniture                                | Lot    | Available          |
| 26. | Priests' Vestry Furniture                                | Lot    | Available          |
| 27. | Choir Vestry Furniture                                   | Lot    | Available          |
| 28. | Main Altar Stained Glass Window                          | 1      | Taken              |
| 29. | West Façade Windows with tinted Glazing (various Sizes)  | 20     | Available          |
| 30. | Curtain Wall – West Façade                               | 2      | Available          |
| 31. | North Façade Windows with tinted Glazing (various Sizes) | 81     | Available          |
| 32. | Curtain Wall- North Façade                               | 2      | Available          |
| 33. | East Façade Windows with tinted Glazing (various sizes)  | 33     | Available          |
| 34. | Curtain Wall – East Façade                               | 2      | Available          |
| 35. | The Belfry   | 1 Lot  | Taken              |
| 36. | THE PIPE ORGAN   | 1 Lot  | Available          |
| 37. | Complete Audio Visual System                             | 1 Lot  | Available          |
| 38. | Air-Conditioning System                                  | Lot    | Available          |
| 39. | Passenger Lifts- 15 Passenger Car                        | 4      | Available          |
| 40. | Water Closets  | 27     | Partial Commitment |
| 41. | Disabled Toilet Sets                                     | 2      | Available          |
| 42. | Wash Hand Basins   | 38     | Available          |
| 43. | Urinals  | 6      | Available          |
| 44. | Breast Feeding Cubicles                                  | 4      | Available          |
| 45. | Electricals- Light fittings                              | LOT    | Available          |
| 46. | Transformer  | 1      | Available          |
| 47. | Chandeliers  | LOT    | Available          |
| 48. | Ceiling  | LOT    | Available          |
| 49. | Roofing  | LOT    | Available          |
| 50. | Internal Painting  | LOT    | Taken              |
| 51. | External Painting  | LOT    | Available          |
| 52. | Floor Finishes- Marble                                   | LOT    | Available          |
| 53. | Floor Finishes - Tiling                                  | LOT    | Available          |
| 54. | Floor Finishes - Carpets                                 | LOT    | Available          |
| 55. | Building Structure- Foundation to Ground Floor Slab      | LOT    | Available          |
| 56. | Building Structure – South Wall & Ancillaries            | LOT    | Available          |
| 57. | Building Structure – North Wall & Ancillaries            | LOT    | Available          |
| 58. | Building Structure – West Wall & Ancillaries             | LOT    | Available          |
| 59. | Building Structure East Wall & Ancillaries               | LOT    | Available          |
| 60. | Internals- Pillars & Arches                              | LOT    | Available          |

Kindly indicate interest by contacting the Wardens, the Fund Raising Committee Office (08155745555) or by e mail to :avmccfundraising@gmail.com.

**G. Prayers For:** The barren, the pregnant, spinsters, bachelors, the jobless and the homeless among us that God will open a book of remembrance covering them all and help them speedily to the shame of the devil, removing their reproaches.

**H.** Pray that God will send **HELP** to us from ABOVE to facilitate the development of our lands that are fallow.

## 5. THOUGHT FOR THE WEEK SUNDAY, 1<sup>ST</sup> MARCH, 2020

**THEME:** *GOING BEYOND TOKENISM  
IN FASTING*

**READINGS:** *JAMES 1:2-12, MATTHEW 4:1-11;  
PSALM 119:1-8.*

It's four days into Lent; Ashe Wednesday was on the 26<sup>th</sup> February, 2020 and the Forty days journey terminated on Saturday (11-04-2020) before Easter. You are welcome on board. Lent is traditionally a 40day fasting period (Sunday are excluded) modeled after Christ fasting in the wilderness before he began his public ministry. Basically our meditation for this week is titles, *Going Beyond Tokenism in Fasting*". A discourse on Fasting is very apt on the first Sunday in Lent.

A discourse on fasting is very apt on the first Sunday in Lent, because it helps to prepare our minds for the season. The season is a period for penitence, a time we all examine our sinful nature and return to God. It is not a season for asking God mundane things – It is a time to look inward and be ready to make commitment to change in any area wherein we have not submitted to the LORDSHIP of Jesus Christ. Lent is a sacrificial season, which reminds us about the Redemptive work of Jesus Christ, His death on the Cross and ultimately His Resurrection from the death.

The two key words in our topic for today are "Tokenism" and "Fasting". Collins dictionary definition of tokenism says, "if you refer to an action as tokenism, you disapprove of it because you think it is just done for effect. In order to show a particular intention or to impress a particular type of person or the practice of making only a token effort or doing no more than minimum in order to comply with a law. Cambridge dictionary defined tokenism as action that are the results of pretending to give advantage to those groups in the society who are often treated unfairly, in order to give the appearance of fairness – Cambridge synonym simply says to be unfairness and favouring someone unfairly.

What we have in the definition is that the Lenten Season or fasting is trivialized, that is, to make less important or when something is just done with less effort or with an intention to impress people. When the focus shift from pleasing God to impressing man.

Lent is not just an expression of our feeling; not a testing ground for the true grit of our will power neither is it a “spiritual” rationale for losing some kilos of weight thereby making the practice of fasting into a means to accomplish our own ends. Prophet Isaiah put it thus: “In fact in the day of your fast, you find pleasure, and exploit all your labourers. Indeed you fast for strife and debate, And to strike with the fist of wickedness (Ish. 58:3b,4). We must go beyond Tokenism in fasting. The focus is on God not man, on spiritual discipline not egoism, self-interest or aggrandisement.

Fasting during Lent is much more than abstaining from food, you can also deny yourself of pleasure and luxury during this season. It is a period of laying yourself bare before God seeking help for your deliverance from known and unknown sins. None of us can hide from God, it might be possible to keep your dirty and secret sins from men but not from your maker, and if you don’t seek help from God to help you deal with the sins one by one, the sin will soon disgrace you and finally destroy you because of your non-challant behaviour towards sin. Confess your weakness and sinfulness and pray for divine grace (to live above sins) and pardon. In the ancient Jewish tradition according to Marjorie Thompson in his book “Soul Feast”, fasting has two primary purposes.

The first was to express personal or national repentance for sin, fasting was a form of humble supplication before God in the face of imminent destruction or calamity (See Joel 2; Jonah 3, Esther 4).

Beloved, this season is a call to sober reflection, Soul searching and completely surrendering to the word of God.

The second purpose why Jews fast was to prepare inwardly for receiving the necessary strength and grace to complete mission of faithful service in God’s name. Primary examples are the forty day wilderness fast of Moses, Elijah and Jesus (Exod. 24;

## **B. Cathedral Youth Chapel Regular Weekly Programmes**

- i. Strictly Feminine - Every 3<sup>rd</sup> Saturday of the month.
  - ii. Just 4 Guys – Every 1<sup>st</sup> Saturday of the month at 1.00p.m
  - iii. Youth Fellowship every Saturday by 3.00p.m.
- Sunday:** 7.00am. & 10.00am. Services  
**Venue:** Youth Chapel (2<sup>nd</sup> Floor, Adetiloye House)  
**Strictly Feminine – Co-ord – Chiemeka Anadu - 08094816786.**  
**Just 4 Guys Co-ord. – Chijioke Udemezue - 08038178065**

## **C. Elderly Ministry**

All Senior Citizens are welcome every Tuesday from 11.00 am to 3.00pm.

- i. Medical Check-up in the Clinic; Spiritual Talks; Games /Exercises and Handicrafts in the Vining Hall.
- ii. Please send names of sick and shut-in Elders to the Coordinator Elderly Ministry or the Cathedral office for visitation.
- iii. **2020 Bible Quiz Book – (1) Ruth (11) The Catechism**

## **D. Evangelical Ministry**

### **i. Monthly Meeting**

- (a) 1<sup>st</sup> & 3<sup>rd</sup> Monday of the Month at 1<sup>st</sup> Floor, Vining House by 6.00pm.
- (b) 2<sup>nd</sup> Saturday has been shifted to 3<sup>rd</sup> Saturday.

### **ii. Home Fellowships:**

All Parishioners and their friends are encouraged to attend a Home Fellowship of their Choice and convenience near their homes or work places. Please check the list of Home Fellowship Centres.

### **iii. Visitation:**

Do you know any Parishioner who needs to be visited by the Church? Please send the name and address to the Evangelical Ministry, the Intercessors or the Dean for a follow-up.

## **E. Counseling Ministry**

Please take advantage of the Cathedral Counselling Ministry. It involves every aspect of Human Endeavour, which includes but is not limited to Marriage, Business, and Career. We have a monthly Family Evening where we bring the current needs of Families into focus. If you wish to talk to somebody for Counselling, please call: **08037605902, available on 24 hour basis.**

## **F. Prisons & Hospital Ministry**

- (a) Hospital Visitation every 3<sup>rd</sup> and last Sundays of the month.
- (b) Prison visitation every 2<sup>nd</sup> Thursday of the month (c) Meeting comes up every 2<sup>nd</sup> Sunday of the month after 10.00a.m Service at the Church gallery. For more information, call **(08033136370 and 08036695837).**

## **G. Intercessory Ministry**

This Group, meets for prayers every Tuesday from 5p.m to 6pm. They visit the sick and all those needing spiritual support and prayers etc after 7.00a.m Midweek Communion service every Wednesday. Please avail yourself of the services of this group as and when required.

## **H. Men & Women of Grace Fellowship**

We invite all widows and widowers to a fellowship of God’s grace, identifying with one another, serving God and others. We organise Workshops, Evangelical Outreach, Visitations, We meet on Thursdays at 11.00am at the Chapel. For more information please call: **0802-3014807.**



### GRADUAL HYMN FOR 7.00AM

#### MORE HOLINESS GIVE ME

1 More holiness give me,  
More striving within;  
More patience in suff'ring,  
More sorrow for sin;  
More faith in my Savior,  
More sense of His care.  
More joy in His service,  
More purpose in prayer.

2 More gratitude give me,  
More trust in the Lord;  
More pride in His glory,  
More hope in His word;  
More tears for His sorrows,  
More pain at His grief;  
More meekness in trial,  
More praise for relief.

3 More purity give me,  
More strength to o'ercome;  
More freedom from earth-stains,  
More longings for home;  
More fit for the kingdom,  
More used would I be;  
More blessed and holy,  
More, Savior, like Thee

////////////////////////////////////

#### HYMN VSH 17 'PASS ME NOT O GENTLE SAVIOUR'

1. Pass me not, O gentle Savior,  
Hear my humble cry;  
While on others thou art calling,  
Do not pass me by.

#### Refrain:

**Savior, Savior,  
Hear my humble cry;  
While on others thou art calling,  
Do not pass me by.**

- 2 Let me at thy throne of Mercy  
Find a sweet relief;  
Kneeling t here in deep contrition,  
Help my unbelief.
- 3 Trusting only in thy merit,  
Would I seek thy face;  
Heal my wounded, broken Spirit,  
Save me by thy grace.
- 4 Thou the spring of all my comfort,  
More than life to me,  
Whom have I on earth beside Thee?  
Whom in heaven but Thee?

34; 1Kg 19, Matt 4). The fasting prepares each one to become a personal bearer of God's saving acts to the people. If you don't want a spiritual exercise in futility you must take the season seriously.

Today's gospel according to Matthew Chapter 4:1-11 gives us a clue into the purpose and benefit of fasting. Russian orthodox theologian, Alexander Schmamann reminds us that we must prepare spiritually before fasting. A fast of spiritual purpose must be centred on God and can be so only if we ask God's help. Since people's problem and challenges span from physical, spiritual and psychological, it is advisable that deliberate efforts are put into the preparation. Fasting depletes your normal energy reserves, it is important to reduce your normal activity while fasting. No wonder, Jesus was led into the wilderness after He had fasted 40 days and 40 nights to be tempted by the Devil.

Notice that while He was still fasting, the Spirit led Jesus into the wilderness to be tempted. The purpose of the fasting exercise was meant to prepare Jesus for the ministry. He was enabled, strengthened to confront Satan and to overcome through the word. This presupposes that Jesus loved and studied the Word of God. He tackled Satan using the Word, "It is written". Fasting helps to deal with the temptation of the flesh, the temptation of the spirit, and the temptation of the world. Fasting helps our spiritual antenna and concentration so much so that the flesh is subdued and the spirit is exalted. Fasting humbles and is capable of stirring spiritual hunger and thirst. We read that Jesus after He had fasted, He was hungry, and on the Cross He cried, "I am thirsty" (Matt 19:28).

This year's Lenten season can be the best ever if you pay attention to details, if you refuse to go the way of others, but remain focused on God. God is willing to bless everyone of His Children, and ready to take us to the next spiritual level, but in quietness and sobriety, not in wanton behaviour and noise. Take time to pray and meditate on God's presence and your fasting will be beyond Tokenism.

Have a blessed week

## 10. ATTENDANCE FOR PREVIOUS WEEK

February 23 – February 29

|                          |     |
|--------------------------|-----|
| 7.00 am Holy Communion   | 830 |
| 7.00 am Youth Service    | 236 |
| 7.00 am Sunday School    | -   |
| 10.00 am Mattins         | 674 |
| 10.00 am Youth Service   | 186 |
| 10.00 am Sunday School   | -   |
| 6.00 pm Service          | -   |
| Tuesday Bible Study      | 138 |
| Wednesday Holy Communion | 230 |
| Wednesday Prayer Meeting | 919 |

## 11. MEETINGS THIS WEEK

- The following Societies will meet immediately in the Church after Service

- ✚ *Ascension Fellowship*
- ✚ *Christian Brothers Society*
- ✚ *Ambassador of Christ Executive*
- ✚ *Y. W. C. A. Executive*
- ✚ *Agape Christian Sisters*
- ✚ *Sons & Daughters of Egbaland*
- ✚ *Band of Light Executive*
- ✚ *Lords Labourers Fellowship*

## 12. CATHEDRAL ROSTER

### A. Cathedral Health Centre

#### i. Personnel on Duty this Sunday, 1<sup>st</sup> Mar., 2020

**7.00a.m-10.00a.m:** Dr. Akinlembola Makinde, Dr. Akinola Oliver, Pharm. Ifeanyi Uchefuna, Mrs. Gina Okolo, Pharm Ezenwaji A.

**10.00am-2.00pm:** Dr. Tunji Areo, Pharm. Yewande Olorunsola, Mrs. Vivian Jerry-Amah, Mrs. Chinelo Emenike, Pharm. Dele Ajala, Dr. Frances Ajose.

#### ii. Personnel on Duty Next Sunday, 8<sup>th</sup> Mar., 2020

**7.00a.m-10.00a.m:** Dr. Makinde Akinlembola, Pharm Chie Nwerri, Pharm. Ifeanyi Uchefuna, Mrs. Gina Okolo, Dr. O. Akinola.

**10.00am-2.00pm:** Dr. Femi Olaleye, Pharm. Ranti Adediji, Mrs. Bola Awobiyi, Ms. Ademike Adefila.

### B. Security & Traffic Control

#### i. Sunday 1<sup>st</sup> Mar., - Saturday, 7<sup>th</sup> Mar., 2020

Jemerigbe Helen I. (**Captain**), Helen Arhagba (**Assistant Captain**), Goke Uthman; Juliet Chimezie, Caroline Omowhara, Adeyemi Muiyiwa, Jones Bassey, Funsho Fagbuyiro, Kene Obimma, Chuwuemeka Osaka, Bolaji Dania, Funmi Ladele, Ekwegh Lilian.

#### ii. Sunday 8<sup>th</sup> Mar., - Saturday, 14<sup>th</sup> Mar., 2020

Segun Openiyi (**Captain**), Nwaorgu Chinedu (**Assistant Captain**), Odanye Moji Mrs, Ayo Tetedede, Ogunleye Adeboboye, Mbaekwe Augustine, Dare Sigbeku, Jones Bassey, George A. Adeyemi, Juliet Chimezie, Omotola Onakoya, Akinniran O. Temidayo, Bolaji Dania, Rita Osibodu.

## 11. SUMMARY OF SERVICES FOR NEXT SUNDAY

LENT 2

March 8

**Theme: THE SUFFERING SERVANT**

**Colour: Purple**

**7.00 am: HOLY COMMUNION**

*Celebrant: The Diocesan*

*Epistle: 1 John 3:1-10*

*Layreader Funmi Tetedede*

*Gospel: Luke 15:1-10*

*The Rev. Dr. Benjamin Okere*

*Address: The Diocesan*

### THE YOUTH SERVICE

**Venue: The Adetiloye House**

**Cantor: The Rev. Ayodeji Oluwatusin**

**Preacher: The Rev. Ayodeji Oluwatusin**

**10.00am MATTINS**

*Cantor: The Ven. Festus Olowosile*

*O.T. Reading: Isaiah 53:1-12*

*Layreader Ade Ejikeme*

*Psalm: 33:17-21*

*N.T. Reading: Luke 15:1-10*

*Layreader Grace Odukamaiya*

*Address: The Diocesan*

**6.00 pm: FAMILY EVENING**

*Cantor: The Ven. Gbenga Oniye*

*Psalm: 24*

*Lesson: Romans 6:3-14*

*Preacher: The Ven. James Adekanye*

## 12. BANNS OF MARRIAGE

We publish the Banns of Marriage between the persons under-listed: If anyone knows any just cause in law why the persons listed may not be joined together in Holy Matrimony, he should declare it immediately.

### 2<sup>ND</sup> NOTICE:

1. **Mr. Elvis Ezue & Miss. Esther Esuga**

### 1<sup>ST</sup> NOTICE:

1. **Pastor Uchenna Ifediegwu & Miss. Grace Agbo**

2. **Mr. Sheriff Oladepo & Miss. Adeola Wande**

## 13. NOTICES

### A. Visitors and New Comers

We welcome Visitors and New Comers to Archbishop Vining Memorial Church Cathedral, Ikeja. We pray that the joy of the Lord will be yours today and always. You are requested to please move to the Lady's Chapel after the service where our Evangelical Team is waiting to attend to you.

### B. Library:

The Cathedral Library opens daily:

Monday – Friday 9.00am to 6.00pm

Sundays 1.00pm to 3.00pm

We request everyone to make use of this opportunity.

**Friday, March 6, 2020      Colour: Violet**

**6.00am** Lent Revival – Help negate my negative dreams O

*Lord – Gen. 40:1-22*

**Celebrant:** *The Ven. Gbenga Oniye*

**Epistle:** *1 Cor. 3:16-23- Lay. C. F. Akinrotimi*

**Gospel:** *Mark 2:13-22*

**Hymns:** *Worship Songs, CH 484, Worship Songs, CH 16*

**Preacher:** *The Rev. Opeyemi Ibikunle*

**Prayer Points:**

- ❖ For the Rt. Rev. Abraham Akinlalu, his family and all members of the Diocese of Oke-Osun
- ❖ For the Rt. Rev. Oluseyi Oyelade, his family and all members of the Diocese of Ife East
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr. Adetola Adeyanju, Mr. Oluwatosin Adegun, Engr. Adeyemi Ajibade, Otunba Samuel Deru, Miss. Oyinkansola Odeneye, Mr. Oluwagbemiga Odeneye, Miss. Obianuju Nwobi, Miss. Obianudo Nwobi, Miss. Olubusola Onakoya, Pharm. Alfred Osinoiki, Mr. Chike Ezeagabu and Mr. Chukwudi Okeke
- ❖ For these individual Families within the AVMCC Household: Faseyiku, Family, Fasokun Family, Fatoba Family, Fatogun Family, Fatunmbi Family, Fawehinmi Family, Fegbada Family, Fetuga Family, Finnih Family, Folososele Family.

**8.00am** *Annual Diocesan Wardens, Secretaries & Accountant Retreat at AVMCC*

**6.00pm** **EFAC Meeting**

**6.30pm** **Choir Practice**

**Saturday, March 7, 2020      Colour: Violet**

**6.00am** Lent Revival – Keep me humble O Lord without humiliating me- 1 Cor. 4:6-7

**Celebrant:** *The Ven. Azubike Ahubelem*

**Epistle:** *1 Cor. 4:1-7- Lay. Omolabake Obisesan*

**Gospel:** *Mark 2:23-3.6*

**Hymns:** *Worship Songs, CH 209, Worship Songs, VSH 22*

**Preacher:** *The Rev. Ayodeji Oluwatusin*

**Prayer Points:**

- ❖ For the Rt. Rev. Steven Akobe, his family and all members of the Diocese of Kabba.
- ❖ For the Rt. Rev. Cyril Odutemu, his family and all members of the Diocese of Ughelli.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr. Abayomi Kalejaiye, Mr. Samuel Lebi, Mr. Babatunde Oluwasola, Mrs. Adenike Adeniyi, Mr. Olaniyi Olaleye, Mr. Benjamin Ikebeotu, Miss. Tamilore Osunleti, Mrs. Adebisi Babatunde, Barr. Gbenga Olusola, Mrs. Chinonso Onwuzurike, Mrs. Kofoworola Odeyemi, Mrs. Uzoamaka Okafor, Mr. Ikenna Onyemaobi, Mrs. Ijeoma Nwosu-Igbo, and Mr. Mike Echedom.
- ❖ For these individual Families within the AVMCC Household: Fowokan, Family, Fuwa Family, Gabriel Family, Gafar Family, Gbadamosi Family, Gbenle Family, Gbolade Family, George Family, Gharoro Family, Gidado Family.

**4.00pm** *70<sup>th</sup> Birthday Thanksgiving of Mrs. Oyinate Odeyemi*

**4.00 pm** **Youth Fellowship**

**4.00 pm** **Boys' Brigade and Girls' Brigade**

**4.00 pm** **Baptism**

## **E. RAISING N5 BILLION CATHEDRAL DEVELOPMENT FUND**

With the estimated 2,000 worshippers regularly seeking, serving and worshipping the Lord in AVMCC, coupled with the spheres of influence and the tentacles of each and everyone of us, given our friends, well wishers, colleagues, family members, neighbours, business associates etc it will take the following analysis to raise the sum of 5billion Naira for developmental fund from which the refurbishment of the Cathedral shall be done while also focusing on the development of the various fallow lands owned by the Cathedral situated at Isheri North, Baruwa Ipaja, Oregon, Oba Akran etc spread over Lagos State.

|            |                                |             |
|------------|--------------------------------|-------------|
| 1          | person giving 5 billion        | = 5 billion |
| 2          | persons giving 2.5billion      | = 5 billion |
| 5          | people giving 1 billion each   | = 5 billion |
| 10         | people giving 500 million each | = 5 billion |
| 20         | people giving 250 million each | = 5 billion |
| 50         | people giving 200 million each | = 5 billion |
| 100        | people giving 50 million each  | = 5 billion |
| 200        | people giving 25 million each  | = 5 billion |
| 250        | people giving 20 million each  | = 5 billion |
| 334        | people giving 15 million each  | = 5 billion |
| 500        | people giving 10 million each  | = 5 billion |
| 1000       | people giving 5 million each   | = 5 billion |
| 2000       | people giving 2.5 million each | = 5 billion |
| 2500       | people giving 2 million each   | = 5 billion |
| 5000       | people giving 1 million each   | = 5 billion |
| 10,000     | people giving 500,000 each     | = 5 billion |
| 20,000     | people giving 250,000 each     | = 5 billion |
| 25,000     | people giving 200,000 each     | = 5 billion |
| 50,000     | people giving 100,000 each     | = 5 billion |
| 100,000    | people giving 50,000 each      | = 5 billion |
| 200,000    | people giving 25,000 each      | = 5 billion |
| 250,000    | people giving 20,000 each      | = 5 billion |
| 500,000    | people giving 10,000 each      | = 5 billion |
| 1,000,000  | people giving 5,000 each       | = 5 billion |
| 5,000,000  | people giving 1,000 each       | = 5 billion |
| 10,000,000 | people giving 500 each         | = 5 billion |

With each and every one of us as fund ambassadors going out to appeal for fund in the realization of this lofty venture, all we need to do is to know someone who knows someone, who knows someone and who know someone else for God is still in the habit of using human vessels to accomplish His purposes. Nehemiah got letters from the King appealing for donors in kind, cash and materials to build. **Neh. 2:7-8.**

**WHERE THERE IS A WILL THERE WILL ALWAYS BE A WAY.**

## **HYMN FOR DOXOLOGY - (I.O.M 309 TRANSLATED)**

1. My spirit on Thy care,  
Blest Saviour, I recline;  
Thou wilt not leave me to despair,  
For Thou art love divine.
2. In Thee I place my trust,  
On Thee I calmly rest;  
I know Thee good, I know Thee just,  
And count Thy choice the best.
3. Whate'er events betide,  
Thy will they all perform:  
Safe in Thy breast my head I hide,  
Nor fear the coming storm.
4. Let good or ill befall,  
It must be good for me;  
Secure of having Thee in all,  
Of having all in Thee. Amen.

## 10. ACTIVITIES FOR THE WEEK

**Monday, March 2, 2020 Colour: Violet**

**6.00am** Lent Revival- *Robe me with the garment of glory O*

*Lord –Gen. 37:3*

**Celebrant:** *The Dean*

**Epistle:** *1 Cor. 1:1-19 – Lay. F. Okey Ogbu*

**Gospel:** *Mark 1:1-13*

**Hymns:** *Worship Songs, VSH 64, Worship Songs, CH XVI*

**Preacher:** *The Ven. Festus Olowosile*

### **Prayer Points:**

- ❖ For the Rt. Rev. Ralph G. Ebirien, his family and all members of the Diocese of Niger Delta.
- ❖ For the Rt. Rev. Babatunde Ogunbanwo, his family and all members of the Diocese of Ijebu South West.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr. Collins Kodaolu, Mr. Oladunjoye Odewale, Mrs. Uche Jinwa, Mr. Daniel Ohiomah, and Miss. Temitope Oseni.
- ❖ For these individual Families within the AVMCC Household: Ezenwoko, Family, Ezeobi Family, Ezeocha Family, Ezeoke Family, Ezeokoli Family, Ezeokonkwo Family, Ezeonyebuchi Family, Ezeuduji Family, Ezeugwa Family, Ezeike Family.

**5.30 pm** **Family/Marriage Counseling Meeting**

**6.30 pm** **Choir Practice**

**Tuesday, March 3, 2020 Colour: Violet**

**6.00am** Lent Revival- *Deliver me from satanic prison*

*O Lord –Mark 1:14*

**Celebrant:** *The Rev. Canon Benson Odude*

**Epistle:** *1 Cor. 1:20-31 - Lay. Edwin Eze*

**Gospel:** *Mark 1:14-28*

**Hymns:** *Worship Songs, CH 253, Worship Songs, CH 373*

**Preacher:** *The Ven. James Adekanye*

### **Prayer Points:**

- ❖ For the Rt. Rev. Dapo Asaju Bishop Theologian, and all members of his family.
- ❖ For the Rt. Rev. Ezekiel Dahunsi, his family and all members of the Diocese of Idoani.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs. Stella Azike, Miss. Roseline Hale, Mrs. Kate Igumma, Mrs. Ifeoma Ezeani Chief Samuel Ogidiolu, Mr. Chibuike Okeke, Mrs. Adeola Oladipo, Dame Elizabeth Omene, Mrs. Adedoyin Osibanjo, Sir. Josiah Ozumba, Mrs. Blessing Okeke, Mrs. Josephine Ubeh, Miss. Olaitan Sanya-Abiodun, Miss. Omotola Sosanya, Mrs. Ngozi Nwanjoku, Mr. Friday Iyayi, Miss. Joy Onyechere, Mr. Ernest Ifeakandu, Mr. Joseph Olayinka and Mr. Richardson Onwuka.
- ❖ For these individual Families within the AVMCC Household: Eziohuru Family, Ezirim Family, Ezomike Family, Ezue Family, Ezuma Family, Fabode Family, Fadahunsi Family, Fadayiko Family, Fadayomi Family, Fadero Family.

**11.00 am - 3.00 pm - Senior Citizens Clinic & Fellowship**

**5.00pm** **Confirmation Class – Seminar Room**

**5.00pm - 6.00pm** **Intercessory Prayer**

**5.00pm - 6.00pm** **BIBLE STUDY PREVIEW**

**6.00 pm** **GATHERING OF THE**

**NOBLES - ACTS 17:10-11**

**ZECHARIAH 9**

**Wednesday, March 4, 2020 Colour: Violet**

**6.00am** Lent Revival- *Lord make my life attractive –*

*Mark 1:45*

**Celebrant:** *The Ven. James Adekanye*

**Epistle:** *1 Cor. 2:1-13- Lay. Kike Akinyemi*

**Gospel:** *Mark 1:29-45- The Rev. Dr. B. Okere*

**Hymns:** *Worship Songs, CH 440, Worship Songs, CH 537*

**Preacher:** *The Rev. Dr. Samuel Opaaje*

### **Prayer Points:**

- ❖ For the Rt. Rev. Justus N. Mogeke, his family and all members of the Diocese of Asaba.
- ❖ For the Rt. Rev. Emmanuel O. Oko-Jaja, his family and all members of the Diocese of Niger Delta West.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Miss. Oluwakemi Makinde, Mr. Thompson Obla, Mr. Emmanuel Ochogu, Miss. Nneoma Okeke, Mrs. Olabisi Faola, Mr. Afolabi Ogun, Mr. Solo-Edema Tomewo, Mr. Olufemi Okelana, Mr. Victor Akwueh, Otunba Richard Oladokun, Mr. Akinjide Olanlokun, and Mr. Chikwado Umeokwuchi,
- ❖ For these individual Families within the AVMCC Household: Fadola, Family, Fadiya Family, Fagboyegun Family, Fagbuyiro Family, Fajebe Family, Falade Family, Falayi Family, Faleye Family, Faloyin Family, Famade Family.

**8.00am** **Vining Intercessor's Visitation**

**6.00pm** **LENTEN SERVICE**

**Thursday, March 5, 2020 Colour: Violet**

**6.00am** Lent Revival – *Make me overcome every obstacle to my miracles O Lord- Mark 2:4*

**Celebrant:** *The Ven. Festus Olowosile*

**Epistle:** *1 Cor. 2:14-3.15- Lay. Nneka Ochokwu*

**Gospel:** *Mark 2:1-12*

**Hymns:** *Worship Songs, CH 588, Worship Songs, CH 17*

**Preacher:** *The Post. Adefope Adetujoye*

### **Prayer Points:**

- ❖ For the Rt. Rev. Chamberlain Ogunedo, his family and all members of the Diocese of Mbaise.
- ❖ For the Rt. Rev. Samuel Ogundeji, his family and all members of the Diocese of Egba-West.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs. Omowunmi Adeyemi, Miss. Solape Ajala, Miss. Ifeoma Anadu, Mr. Ikechukwu Iwekuba, Miss. Ezinne Nwanguma, Mrs. Charity Enebeli, Mr. Akinkunmi Akideinde, Chief (Mrs.) Adunni Ogunsanya, Mrs. Patience Owhe, Miss. Opeoluwa Aderemi, Mrs. Adaeze Ikedife, Mr. Ekene Okoli, Mrs. Rosemary Onebunne, Mr. Idemudia Ekhomu, Mr. Tolulope Ijogun, Mr. Chizaram Kanu, and Mr. Chukwuemeka Kanu.
- ❖ For these individual Families within the AVMCC Household: Famutimi, Family, Famuyide Family, Famuyiro Family, Faniyi Family, Faola Family, Fapohunda Family, Farinu Family, Fasehun Family, Faseminikan Family, Fashina Family.

**1.00pm** **The Diocesan Board Meeting holds today.**

**Venue: 2<sup>nd</sup> Floor Adetiloye House, AVMCC, Ikeja.**

**11.00am** **Meeting of Men & Women of Grace**