

YOU NEED ANY HELP?

Contact the Cathedral Office for all necessary information and the Office will direct you to the appropriate persons to help. Below are the Contact Persons.

- A. **For Booking of all Services of the Church**
The Dean; The Canon Residentiary
- B. **For Social Welfare and Charity**
The Dean; The Rev. Dr. S. Opaaje; Dr. (Mrs.) Irene Omogbehin 08033223803
- C. **For Cathedral Societies**
The Dean; The Society Chaplains; Presidents & Secretaries of Societies
- D. **For The Elderly Ministry**
The Dean; Chief (Mrs.) Ayo Akideinde - 07068610707
- E. **For The Evangelical Ministry**
The Dean; Rev. Canon Benson Odude; Mr Cyril Mgbamoka - 07053334081
- F. **For Cathedral Missionary Society**
The Dean; Rev. Dr. Benjamin Okere; Mr Tunji Odeneye. - 08033163337
- G. **For the Children Ministry**
The Dean; The Rev. Canon B. Odude, Mr. Tunji Odeneye - 08033163337;
- H. **For The Youth Ministry**
The Dean, Rev. Ayodeji Oluwatusin; Chief (Mrs.) Funmi Ogunbadejo – 08033025033; Mr. Dayo Egbedayi - 08022865591
- I. **For The Boys' & Girls Brigade; Boys' & Girls' Guild**
The Dean, The Rev. Ayodeji Oluwatusin; Mrs A.O. Agara, Mrs C.F. Akinrotimi 08022791113; Mr Ayo Tetede - 08020691247
- J. **For The Medical Board**
The Dean; Rev. Dr. Benjamin Okere; Prof. (Mrs.) Ronke Akinsete 0802300049
- K. **For The Counselling Ministry**
The Dean; Rev. Canon Odude, Dr. (Mrs) Irene Okwerekwu – 08023078162
- L. **For the Prisons & Hospital Ministry**
The Dean; Rev. (Dr). Benjamin Okere; Mrs. Babarinsa - 08031334211.
- M. **For ETS Discipleship Training**
The Dean; Rev. Dr. Benjamin Okere; Mr Tunji Odeneye – 0803-3163337; Dr (Mrs) Oyin Ilo
- N. **For The Home Fellowship**
The Dean; Ven. J. Adekanye, Rev. Dr. B. Okere, Sir. Godson I. Chijindu- 08033025458
- O. **For Singles' and Couples' Fellowship**
The Dean; Rev. Ayodeji Oluwatusin; Mr. Steve Aladesawe- 08033261047
- P. **For Intercessory Ministry**
The Dean; Rev. Dr. Samuel Opaaje, Engr. T. Adejuyigbe- 08037227105
- Q. **For Sports Ministry**
The Dean; The Canon Residentiary, Mr Desmond Odiase- 08033066901 Mr Steve Ahua - 07038816041
- R. **For Board of Directors for Economic Empowerment**
The Dean; Rev. Ayodeji Oluwatusin; Dr. Oladimeji Alo; Mrs Segilola Olawoyin - 08074533508
- S. **For Cathedral Christian Mothers Matters**
The Dean; Mrs. A.O. Agara; Mrs. Folake Owolabi - 08023156546
- T. **For Chaplains to Societies**
The Dean; The Canon Residentiary
- U. **For The Choir**
The Dean; Mr Sunday Olawuwo - 08023030357
- V. **For Booking of the Hall**
The Dean, Mrs. Tola Famade - 0803-3109378
- W. **For Booking of the Guest House**
Mr. Jide Afolabi - 08037128186

Below are the Telephone Numbers of the Cathedral Office, the Dean and the Cathedral Priests. You can contact these phones as need be.

The Cathedral Office	0811-1114588
The Dean	0803-7152811
The Ven. Festus Olowosile	0803-4003552
The Ven. Gbenga Oniye	0803-3564593
The Ven. James Adekanye	0803-5806344
The Ven. Azubike Ahubelem	0803-3081617
The Rev. Canon Benson Odude	0802-3608782
The Rev. Dr. Samuel Opaaje	08 06-3097612
The Rev. Dr. Benjamin Chijioke Okere	0802-3270247
The Rev. Opeyemi Ibikunle	0803-0573299
The Rev. Ayodeji Oluwatusin	0802-7562421

DIOCESE OF LAGOS WEST (Anglican Communion)



ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL

Oba Akinjobi Way, GRA, Ikeja

Founded – March, 1964

P.O. Box 506, Ikeja, Lagos

Tel: 0811-1114588

Website: www.avmcc.org.ng

E-mail: info@avmcc.org.ng

archbishopviningchurchcathedral@yahoo.com

Follow Us On [avmccgraikeja](https://www.facebook.com/avmccgraikeja) [@avmcccathedral](https://twitter.com/avmcccathedral)

[#avmc_cathedral](https://www.instagram.com/avmc_cathedral)



Vol. 16/07/30/2020

Our Vision:

"CHRIST FOR ALL NATIONS"

Our 2020 Mission:

"THE JUST SHALL LIVE BY FAITH"
Romans 1:17

A GOOD INDICATOR OF YOUR SPIRITUAL TEMPERATURE IS YOUR EAGERNESS TO COME TO THE CHURCH (PS 122:1). NEVER ALLOW YOUR SEAT TO BE EMPTY FOR AN EMPTY SEAT IS AN EMPTY HEAD AND IN HIS PRESENCE ONLY ARE FULLNESS OF JOY AND PLEASURES.

WEEKLY BULLETIN

Sunday, 26th July - Saturday, 1st August, 2020

TRINITY 7

THEME: HARVEST OF THANKSGIVING

SUB-THEME: RAISING CHILDREN WITH THE ATTITUDE OF THANKSGIVING - PSALM 67:5-7

Colour: Green

Mr. Adetunji Adekoya
Cathedral Warden

Mr. Charles Ojo
Cathedral Warden

The Ven. Adegoke O. Agara
The Dean of the Cathedral

The Rt. Rev. Dr. James O. Odedeji
The Bishop, Diocese of Lagos West

Please Take A Copy

Support God's Mission through the Covenant Seed
Be A Diocesan Covenant Seeder

AVMCC MEDIA

Welcome to the Live Broadcast

Notice of Service: Please be informed that our SERVICE ON SUNDAYS during the lockdown will always start at 9.00am unless otherwise advised. Kindly join us Live on YOU TUBE.

<https://www.YouTube.com/avmccmedia>.

Kindly subscribe to this channel and you won't have to await a link to join every online broadcast.

A. 9.00 am MATTINS

CHILDREN'S HARVEST THANKSGIVING

CANTOR: THE REV. AYODEJI OLUWATUSIN

PREACHER: MR. OLUGBENGA OSOFISAN

1. SERVICE FOR SUNDAY – 26TH JULY, 2020

- ❖ Opening Hymn: CH CS 70 - {Tune: Elacombe}
- ❖ Call to Worship
- ❖ Psalm 67 {To be chanted}
- ❖ O.T. Reading: Deuteronomy 11:13-25– Miss Tayo Oyebanji
- ❖ Hymn: CH CS 12
- ❖ N.T. Reading: Mark 10:13-16- Mr. Stephen Opaaje
- ❖ Apostle's Creed - Collects
- ❖ Hymn: CH CS 11- {Tune: Aurelia}
- ❖ SERMON
- ❖ Worship Songs, Intercession – Grace- *The Rev. Dr. Samuel Opaaje*
- ❖ The Offerings: Choruses
- (a) {First Fruit, Tithes, Building, Covenant Seed, Sunday Offering & All other offerings}
- ❖ Thanksgiving:
 - i. Month End Thanksgiving
 - ii. Harvest Thanksgiving
 - a. Children's Harvest Thanksgiving
 - b. Family Harvest: (as indicated... pg. 5)
 - c. Society Harvest: (as indicated ...pg. 5)
 - iii. 55th Birthday thanksgiving of Mrs. Olufolake A. Ojo and God's numerous blessings.
 - iv. Outing thanksgiving for successful burial of Late Mr. Funsho Omole (Husband of Mrs. Uzoma Omole of the Guild of Stewards).
- ❖ Closing Prayer & Benediction
- ❖ EPISCOPAL ADDRESS- THE RT. REV. DR. JAMES OLUSOLA ODEDEJI
- ❖ Notices
- ❖ Closing Hymn: CH CS 51 'Safe in the arms..' {Pg. 6}

B. SENTENCES FOR TRINITY 7

Introductory Sentence

But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life.

Romans 6:22

Collect for Trinity 7

Almighty God, Who sent Your Holy Spirit to be the life and light of Your Church; open our hearts to the riches of His grace that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ our Lord. Amen.

2.

C. ACTIVITIES FOR THE WEEK

Monday, July 27, 2020

Colour: Green

Epistle: *Romans 16:1-16*

Gospel: *Matthew 27:24-31*

Hymns: *CH 3, VSH 102, CH 421, CH 17*

Prayer Points:

1. Let me not labour in vain, O Lord.
2. O Lord, turn my mockery into glory

Tuesday, July 28, 2020

Colour: Green

Epistle: *Romans 16:17-27*

Gospel: *Matthew 27:32-44*

Hymns: *CH 161, VSH 441, VSH 77, CH 545*

Prayer Points:

1. Bruise Satan under my feet, O Lord of peace.
2. Deliver me from glory killers and character assassins, O Lord

BIBLE STUDY PREVIEW

GATHERING OF THE NOBLES - ACTS 17:10-11

Wednesday, July 29, 2020

Colour: Green

Epistle: *Acts 1:1-14*

Gospel: *Matthew 27:45-54*

Hymns: *CH 369, CH 347, VSH 78, CH 614*

Prayer Points:

1. Bring to pass that which you have promised me, O Lord my God.
2. I am lifted above the graves by the resurrection power of Jesus Christ.

HOURS OF DIVINE SETTLEMENT – 1 PETER 5:10

Prayer Leader: *The Rev. Dr. Benjamin Okere*

THEME: *THE VOICE OF RESTORATION – PSALM 85:4*

Thursday, July 30, 2020

Colour: Green

Epistle: *Acts 1:15-26*

Gospel: *Matthew 27:55-66*

Hymns: *CH 506, CH 484, VSH 25, CH 577*

Prayer Points:

1. O Lord, lighten my darkness and show me the path of life
2. Deliver me, body, soul and spirit from the custody of the Wicked

Friday, July 31, 2020

Colour: Green

Epistle: *Acts 2:1-21*

Gospel: *Matthew 28:1-10*

Hymns: *CH 510, CH 261, CH 303, CH 496*

Prayer Points:

1. Save me and my household in the day of your wrath, O Lord
2. O Lord, let this stone be rolled away.

Saturday, August 1, 2020

Colour: Green

6.00am HOUR OF BLESSINGS

Epistle: *Acts 2:22-36*

Gospel: *Matthew 28:11-20*

Hymns: *CH 466, CH 500, CH 621, CH 373*

Prayer Points:

1. O Lord, make my foes my footstool
2. Scatter the assembly and counsel of the wicked against me, O Lord.

7.

CLOSING HYMN: CH CS 51

Safe in the arms of Jesus

1 Safe in the arms of Jesus,
Safe on His gentle breast,
There by His love o’ershaded,
Sweetly my soul shall rest.
Hark! ’tis the voice of angels,
Borne in a song to me,
Over the fields of glory,
Over the jasper sea.

Refrain:

***Safe in the arms of Jesus,
Safe on His gentle breast,
There by His love o’ershaded,
Sweetly my soul shall rest.***

2 Safe in the arms of Jesus,
Safe from corroding care,
Safe from the world’s temptations,
Sin cannot harm me there.
Free from the blight of sorrow,
Free from my doubts and fears;
Only a few more trials,
Only a few more tears!

3 Jesus, my heart’s dear refuge,
Jesus has died for me;
Firm on the Rock of Ages,
Ever my trust shall be.
Here let me wait with patience,
Wait till the night is o’er;
Wait till I see the morning
Break on the golden shore. **Amen**

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NEW LOCKDOWN RULES

1. Wash your heart with Christ’s blood (Psalm 73:1).
2. Keep a social distance from evil (Job 28:28)
3. Avoid the crowd of wickedness and wicked men (Psalm 1:1)
4. Cover your mind from being infected from the sneeze of sin and hatred (Lev. 19:17)
5. Do not shake hands with abomination (Deut. 25:16)
6. Do not hug, heresy and false teachings (2 Pet. 2:1)
7. Be safe so that you will be saved (Jer. 17:14)
8. Sanitize your life with the Word of God (Psalm 1:2)
9. In case you notice any symptoms of sin, call the helpline of Christ in PRAYER (Jer. 33:3)
10. Always remember to boost your spiritual immunity With Faith and the Power of the Holy Spirit (Jude 1:20)

Post Communion Sentence

Live as children of light, for the fruit of light consists in all goodness, righteousness and truth.

Ephesians 5:9

C. PRAYER POINTS FOR TODAY – SUNDAY, 26TH JULY, 2020

A. Prayers for the Anglican Communion and for Christian Denominations and Organizations

- i. Pray for Henry Ndukuba our Primate, Olusina, Our Archbishop and Olusola our Bishop that their source of strength shall not be invaded by the adversary.
- ii. For the Rt. Rev. Benjamin Edafe Emamezi, his family and all members of the Diocese of Western Izon.
- iii. 76th Birthday of Mrs. Oyinade Akinbiyi.

D. Prayer for Nigeria & the World

- i. *Pray that the Lord of Host in His mercies will on account of His elects and remnants in Nigeria frustrate every raging from the pit of hell and all evil counsels, gang-ups and schemes in form of Boko Haram, Herdsmen and Islamization agenda so that Christianity in Nigeria will never go the way of TURKEY nor NORTH AFRICA in Jesus Name. Amen.*
- ii. Pray for safety of mothers and children all over Nigeria
- iii. Pray for orphanage that all needs shall be supplied
- iv. Pray for the sovereignty of God to reign in Nigeria.

E. Prayer for AVMCC

- i. Pray for grace to multiply upon all children in AVMCC
- ii. Pray for help unprecedented for families in AVMCC
- iii. Pray for knowledge of God’s **WORD** to spread the more among us.

**2. THOUGHT FOR THE WEEK
SUNDAY, 26TH JULY, 2020**

THEME: MODELLING CHRIST IN OUR BEHAVIOUR

READINGS: PSALM 119:49-64; EZEKIEL 36:24-28; GALATIANS 5:16-26; LUKE 6:27-38.

INTRODUCTION: There had been many role models as we grow up. From our parents, teachers, family members, and friends. Whoever we choose to hold in high esteem ultimately becomes our role model. Today’s theme is pointing us in the direction of the ultimate role model; we must pattern our lives after Jesus because there is no greater person to value than Him. There are numerous passages in the scriptures that shed light on Jesus’ example. Today we shall look at how we can model Christ in our behavior.

Let us take a look at ten ways we can model Christ in our behavior.

1. Love genuinely: (Luke 6: 28)It’s easy to love our own. We love our people, the ones we most relate to, naturally and genuinely. Love becomes a challenge, and often near-impossible, when we are faced with those who look, believe, or behave differently than we do. It’s easier to write someone off or label them than it is to love them. So how do you demonstrate true affection when it becomes a struggle? The answer is Jesus. He loves each one of us with a deep, authentic, unfathomable kind of devotion. If we are to show this love to the ones we find hard to accept, we have to tap into His supernatural resources, we have to dip your cup into His stream of mercy until it overflows and naturally pours out of us. Walking in genuine love is possible with Christ.

2. Love our enemies: (Luke 6: 27) Jesus admonished us to love our enemies. In Luke 23:34 Jesus said to his crucifiers “Forgive them, Father, for they know not what they do.” If ever there was an acceptable time to curse an enemy, I’d say the moment that they’re nailing your wrists and

feet to a cross, piercing you with a sword, and mocking you as you die. Then He goes and speaks a blessing over the ones who are murdering Him. He loved his enemies and he wished they come to the understanding of the will of God.

3. Do good to everyone: (Luke 6:27, 33) “do good to those that hate us. And if ye do good to them which do good to you, what thank have ye? for sinners also do even the same”. Acts 10:38 reads ‘How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.’ He showed us that we shouldn’t limit our goodness to only those that loved us but we should extend to those that hate us.

4. Bless others: (Luke 6:28) “Bless them that curse you, and pray for them which despitefully use you”. We are admonished to bless others despite their attitude to us. Bless and do not curse. Any time we sacrifice joyfully, not for recognition or reward but because we want the light of Christ to shine, we are magnifying our Savior. Jesus himself modeled blessing behaviours by healing, forgiving, and serving without considering the evil deeds. He won many to His cause through this radical, loving actions.

4. Pray for our enemies: (Luke 6:28) The passion we need in order to serve God comes from nurturing an honest personal relationship with Him, in prayer we communicate with the Father. We are therefore also taught that not only should we pray for ourselves and loved ones, but that we should pray for those who despitefully use us. Today a number of us pray that our enemies should die, but the prayer Jesus admonished us to pray is not for their death but for their healing and deliverance.

5. Rejoice in hope, have patience in tribulation: (Luke 6:29) “And unto him that smiteth thee on the one cheek offer also the other; and him that taketh away thy cloke forbid not to take thy coat also”. Jesus set the bar high on this one. He never told us to give up in the face of challenges but instead to do much more. Many of us refer to this as foolishness or weakness but Jesus went extra miles with Pharisees and Sadducees in order to win some. We are not to take offence but be patient and allow joy of God to keep radiating in our hearts.

6. Help those in need and be hospitable: (Luke 6:30) “Give to every man that asketh of thee; and of him that taketh away thy goods ask them not again.” A number of us are extremely blessed to live in relative opulence. We have a roof over our head, some cash in the bank, a cozy bed to sleep in, a pantry full of food, and a little family to rely on. We haven’t been given these amenities because we deserve them or so that we can kick back and luxuriate our way through life. We know that “to whom much is given much is required.” We in a wonderful position to take our money, time, talents, and material wealth and pass them along to those who are lacking. We gravely sin when we hoard these blessings and refuse to open our house, wallet, food, and heart to the poor, the homeless, the hungry, and the orphan. Jesus walked the path of charity. He’s calling you and me to join Him.

7. Share in the joys and sorrows of those around you: (Luke 6: 31-34) Jesus wept when He heard the news of a friend’s death. He celebrated weddings and feasts with family. He had compassion. He delighted in local children. He immersed Himself in the joys and sorrows of those He loved. He’s equally invested in us. One way we want to follow Him is to entangle our lives with the lives of our companions, however messy it might get, we must show up.

8. Overcome evil with good: (Luke 6: 31-34) In today’s society, evil seems to be gaining ground. At times it feels like darkness is choking out the light. We have to remind ourselves of one thing when we start to feel discouraged: Christ has overcome ALREADY. If we belong to Him, We are on the winning side. Why should we live a defeated life when we share a being with His triumphant Spirit? On our own strength we can overcome little. Jesus Christ has given us a pattern to live by, and it is expedient that we do not allow the world to choke us up but shine in the midst of thick darkness. Isa 60:1.

9. Live by the Spirit. (Gal 5:16) For us to live a successful Christian life as exemplified by our Lord Jesus Christ, we must allow the Holy Spirit lead our lives. Our Lord Jesus went out in the power of the Holy Spirit, He allowed the Holy Spirit to direct Him. We must also give room for the Spirit of God to take the lead in our lives. We MUST live by the Spirit.

10. Live in peace with everyone: Peaceful coexistence is one of the key things Jesus Christ emphasized in his teachings. All the above mentioned pattern of life geared us towards this. It is expedient therefore that we have this at the back of our minds that we must live in peace with all men as Jesus did. Heb 12:14 says we should follow peace with all men, and holiness, without which no man shall see the Lord.

In conclusion, it is a must for us to pattern our lives after Christ. He had helped us by giving us examples to follow and endowed with His Spirit, it is my prayer that as we take this to heart He will help us to live as He had lived in this our corrupt generation. Amen.

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AVMCC BANK ACCOUNTS DETAILS

<u>BANK</u>	<u>ACCOUNT NUMBER</u>	<u>SORT CODE</u>	<u>PURPOSE</u>
ACCESS	0017948337	044151245	Evangelical Fund
WEMA	0120970667	035150695	Offering & Thanksgiving
FIRST	2025018178	011151841	Harvest (kindly signify the purpose e.g. Family harvest, Youth Harvest etc.)
FIRST	2001350641	011151841	Project Support
STANBIC	9200212515		
IBTC		221150027	First Fruits
GTB	0007899440	058152120	Tithes
ECO	0953002198		Building Fund
ZENITH	1011097083	057150314	Covenant Seed
WEMA	0122245798	035150695	Endowment Fund

AVMCC DEVELOPMENT FUND ACCOUNT

Account Name: AVMCC Development Fund
Account Number: 1021733207
Sort Code: 033154512
Branch Address, UBA Plc, 51A Adeniyi Jones Street, Ikeja

- HARVEST NEWS**
- A. Family Harvest for today- Sunday, 26th July, 2020**
Mr. Charles Ojo & family, Mr. Segun Akintemi & family, Mr. Duro Olatunji & family, Muiyiwa Talabi & family, Mr. Christian Obianagha & family, Mrs. Oyinate Akinbiyi & family.
- B. Society Harvest for today – Sunday, 26th July, 2020**
Christian Friends & Band of Light Societies
- B. Society Harvest for next - Sunday 2nd August, 2020**
Ambassadors of Christ & Band of Glory Societies

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NOW OPEN
AVMCC Guest House
 Stay within a purely Christian environment at AVMCC Guest House. Visit the Office of Archbishop Vining Memorial Church Cathedral, GRA, Ikeja, for more details and Booking. You will be happy to use the Facilities. For enquiries call- **Mr. Jide Afolabi - 08037128186.**

