

## YOU NEED ANY HELP?

Contact the Cathedral Office for all necessary information and the Office will direct you to the appropriate persons to help. Below are the Contact Persons.

- A. **For Booking of all Services of the Church**  
*The Dean; The Canon Residentiary*
- B. **For Social Welfare and Charity**  
*The Dean; Chief (Mrs.) Grace Odukomaia 08033247831*
- C. **For Cathedral Societies**  
*The Dean; The Society Chaplains; Presidents & Secretaries of Societies*
- D. **For The Elderly Ministry**  
*The Dean; Chief (Mrs.) Ayo Akideinde - 07068610707*
- E. **For The Evangelical Ministry**  
*The Dean; The Rev. Yinka Akinpeju; Mr. Cyril Mgbamoka 07053334081*
- F. **For Cathedral Missionary Society**  
*The Dean; The Rev. Canon Dr. Benjamin Okere; Mr Tunji Odeneye 08033163337*
- G. **For the Children Ministry**  
*The Dean; The Rev. Yinka Akinpeju, Mr. Tunji Odeneye 08033163337;*
- H. **For The Youth Ministry**  
*The Dean, Rev. Ayodeji Oluwatusin; Chief (Mrs.) Funmi Ogunbadejo - 08033025033; Miss Bolanle Joseph - 08025490166*
- I. **For The Boys' & Girls Brigade; Boys' & Girls' Guild**  
*The Dean, The Rev. Ayodeji Oluwatusin; Mrs C.F. Akinrotimi - 08022791113; Mr Ayo Tetede - 08020691247*
- J. **For The Medical Board**  
*The Dean; Rev. Canon Dr. Benjamin Okere; Prof. (Mrs.) Ronke Akinsete 08023000496*
- K. **For The Counselling Ministry**  
*The Dean; Dr. (Mrs) Irene Okwerekwu - 08023078162*
- L. **For the Prisons & Hospital Ministry**  
*The Dean; Rev. Canon Dr. Benjamin Okere; Mr Kingsley Uba 08056258287*
- M. **For ETS Discipleship Training**  
*The Dean; Rev. Canon Dr. Benjamin Okere; Mr Tunji Odeneye - 0803-3163337; Dr (Mrs) Oyin Ilo - 09085019413*
- N. **For The Home Fellowship**  
*The Dean; Rev. Canon Dr. Benjamin Okere, Sir. Godson I. Chijindu - 08033025458*
- O. **For Singles' and Couples' Fellowship**  
*The Dean; Rev. Ayodeji Oluwatusin; Mr. Steve Aladesawe- 08033261047*
- P. **For Intercessory Ministry**  
*The Dean; Engr. T. Adejuyigbe- 08037227105*
- Q. **For Sports Ministry**  
*The Dean; The Canon Residentiary, Mr Desmond Odiase- 08033066901  
Mr Steve Ahua - 07038816041*
- R. **For Board of Directors for Economic Empowerment**  
*The Dean; Rev. Ayodeji Oluwatusin; Dr. Oladimeji Alo;*
- S. **For Cathedral Christian Mothers Matters**  
*Mrs Mercy Adewole, 08062910315; Mrs. Folake Owolabi - 08023156546*
- T. **For Chaplains to Societies**  
*The Dean; The Canon Residentiary*
- U. **For The Choir**  
*The Dean; Mr Sunday Olawuwo - 08023030357*
- V. **For Booking of the Hall**  
*The Dean, Mrs. Tola Famade - 0803-3109378,*
- W. **For Booking of the Guest House**  
*Mr. Kehinde Akinola - 08023050022; Tobi Balogun - 08033716752*

**Below are the Telephone Numbers of the Cathedral Office, the Dean and the Cathedral Priests. You can contact these phones as need be.**

The Dean	0806-2766051
The Ven. Abiodun Omoyelu	0806-2230010
The Ven. Gbenga Oniye	0803-3564593
The Ven. Azubike Ahubelem	0803-3081617
The Rev. Canon Dr. Benjamin Chijioke Okere	0802-3270247
The Rev. Toyin Adeyeye	0806-5088064
The Rev. Ayodeji Oluwatusin	0802-7562421
The Rev. Yinka Akinpeju	0802-4060758
The Rev. Samuel Adetona	0803-4418987
The Rev. Oluwatomide Oso	0816-6588257

## DIOCESE OF LAGOS WEST (Anglican Communion)



### ARCHBISHOP VINING MEMORIAL CHURCH CATHEDRAL

Oba Akinjobi Way, GRA, Ikeja

Founded – March, 1964

P.O. Box 506, Ikeja, Lagos

Website: [www.avmcc.org.ng](http://www.avmcc.org.ng)

E-mail: [info@avmcc.org.ng](mailto:info@avmcc.org.ng)

[archbishopviningchurchcathedral@yahoo.com](mailto:archbishopviningchurchcathedral@yahoo.com)

Follow Us On [avmccgraikeja](https://www.facebook.com/avmccgraikeja) [@avmcccathedral](https://twitter.com/avmcccathedral) [avmcccathedral](https://www.instagram.com/avmcccathedral)  
#avmc\_cathedral



Vol. 19/03/10/2023

#### Our Vision:

"CHRIST FOR ALL NATIONS"

#### Our 2023 Theme:

**"THE LORD WILL FIGHT FOR YOU" Exodus 14:14.**

IN GOD'S PRESENCE, THERE IS FULNESS OF JOY AND AT HIS RIGHT HAND, PLEASURES FOR EVERMORE. A GOOD INDICATOR OF SPIRITUAL GROWTH IS EAGERNESS TO BE IN GOD'S HOUSE FOR WORSHIP AND FELLOWSHIP. WELCOME TO HIS PRESENCE.

#### WEEKLY BULLETIN

Sunday, 5<sup>th</sup> Mar. - Saturday, 11<sup>th</sup> Mar., 2023

#### LENT II

Theme: Making Self Denial Meaningful

AVMCC 59<sup>TH</sup> FOUNDER'S DAY ANNIVERSARY

Colour: PURPLE

Dr. Dayo Omogbehin  
Cathedral Warden

Mr. Charles Ojo  
Cathedral Warden

The Ven. Ebenezer Adewole  
Dean of the Cathedral

The Rt. Rev. Dr. James O. Odedeji  
The Bishop, Diocese of Lagos West  
Please Take A Copy

Support God's Mission through the Covenant Seed  
Be A Diocesan Covenant Seeder

**1. SERVICES FOR SUNDAY – 5<sup>th</sup> March, 2023**

**A. 7.00 am HOLY COMMUNION  
AVMCC 59<sup>TH</sup> FOUNDER'S DAY ANNIVERSARY**

**Celebrant:** The Dean  
**The Epistle:** Layreader Ada Ejikeme  
**The Gospel:** The Rev. Yinka Akinpeju  
**Preacher:** The Dean  
**Intercessor:** The Dean

- ❖ Processional Hymn: CONH 112
- ❖ Worship Songs
- ❖ Preparation to Penitence - **The Ven. Gbenga Oniye**
- ❖ The Epistle: 1 John 3:1-10
- ❖ Gradual Hymn: CONH 598
- ❖ The Gospel: Luke 15:1-10
- ❖ **SERMON**
- ❖ Nicene Creed & Intercession
- ❖ The Peace (*Let there be peace*)
- ❖ **Procession of Elements: CONH 604**
- ❖ All Offerings: Choruses  
{*First Fruit, Tithes, Building, Covenant Seed, Sunday Offering & All other offerings*}
- ❖ The Eucharistic Prayers
- ❖ The Administration: CONH 275, 770, 602, 268
- ❖ The Ablution: Majestic, Worship His majesty... (pg 22)
- ❖ Post Communion Prayer
- ❖ **Thanksgiving:**
  - i. AVMCC 59<sup>th</sup> Founder's Day Thanksgiving
  - ii. Monthly Thanksgiving.
  - iii. Those born / or married in February
- ❖ Doxology CONH 491 (pg 11)
- ❖ Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: CONH 590

WE WELCOME ALL OUR FIRST TIMERS IN JESUS NAME. WE REQUEST THAT YOU PLEASE MOVE TO THE LADY'S CHAPEL AFTER THE SERVICE WHERE OUR EVANGELICAL TEAM IS WAITING TO ATTEND TO YOU. REMAIN BLESSED AND RAPTURABLE.

**BREAST FEEDING SUITE**

This opens at the back of the **ALTAR** from **6.30am to 2.00pm** on **SUNDAYS** to enable our nursing mothers remain **BABY FRIENDLY** within the confines of the Church during services.

**AVMCC DEVELOPMENT FUND ACCOUNT**

**Account Name:** AVMCC Development Fund  
**Account Number:** 1021733207  
**Sort Code:** 033154512  
**Branch Address,** UBA Plc, 51A Adeniyi Jones Str. Ikeja.

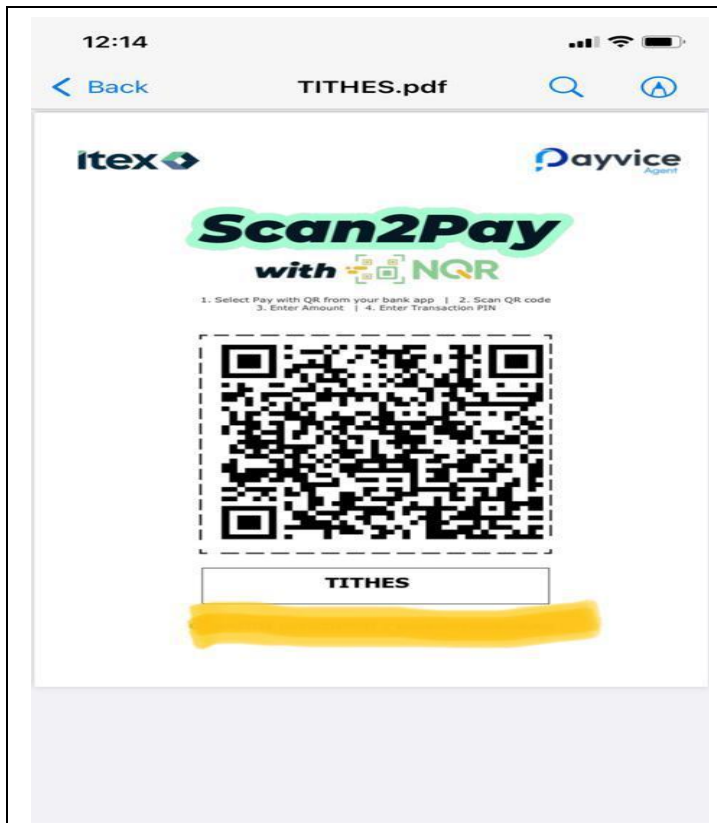
**USSD CODE**

**BILLER CODE: 40195**

\*BankUSSDCode\*000\*BILLER CODE+Amount#

**How to use it:**

- \*919\*000\*40195+1000# to give #1000 from a UBA account
- \*737\*000\*40195+5000# to give #5000 from a GTB account



1. Select pay with QR in your Bank App.
2. Scan QR Code
3. Enter Amount
4. Enter Transaction PIN

**25. AVMCC BANK ACCOUNTS DETAILS**

<u>BANK</u>	<u>ACCOUNT NUMBER</u>	<u>SORT CODE</u>	<u>PURPOSE</u>
ACCESS	0017948337	044151245	Building Fund Evangelical Fund
WEMA	0120970667	035150695	Offering & Thanksgiving
GTB	0570015856	058152120	Offering & Thanksgiving
FIRST	2025018178	011151841	Harvest (kindly signify the purpose e.g. Family harvest, Youth Harvest etc.)
FIRST	2001350641	011151841	Project Support
STANBIC IBTC	9200212515	221150027	First Fruits
GTB	0007899440	058152120	Tithes
ECO	0953002198		Building Fund
ZENITH	1011097083	057150314	Covenant Seed
FCMB	9318228020		AVMCC Choir
WEMA	0122245798	035150695	Endowment Fund

**For the New Cathedral Development Account details please refer to page 2 of this bulletin.**

20. **AVMCC CHURCH NEEDS**

Dear Parishioners,

*Be encouraged to pick one or more of the items listed below to mark your birthday, wedding anniversary and other occasions of joy. Do endeavour to get in touch with the WARDENS for specifications or monetization.*

- Development of our landed properties
- Painting of the Church and our halls
- Sound System Overhaul (Mixer, Amp etc) N1.8m
- 400 Plastic Chairs for the Halls
- 80 Plastic Tables for the Halls
- 2 Desktop Computer Systems
- 2 Hiace Buses
- 1 Coaster Bus
- 5 2HP Panasonic AC - N345,000 each
- 8 1.5HP Panasonic AC - N315,000 each
- 2 Dispenser, 2 DVD Player & 2 TV (for AVMCC Creche)**

**ABLUTION HYMN FOR 7.00AM & 10.00AM**  
**MAJESTY, WORSHIP HIS MAJESTY**

Majesty, worship His Majesty.  
 Unto Jesus be all glory, honor and praise!  
 Majesty, Kingdom Authority,  
 Flow from His throne, unto His own  
 His anthem raise!  
 So exalt, lift up on high the Name of Jesus!  
 Magnify, come glorify, Christ Jesus the King.  
 Majesty, worship His Majesty;  
 Jesus who died, now glorified, King of all kings!

21. **ANNOUNCEMENT**

Notices and Thanksgiving must get to Church Office not later than Thursday of the week.

**22. LATENESS TO WEDDING SERVICES**

In order to discourage lateness to wedding services we have introduced incidental fees to be paid by all intending couples. Those who come early will have their money refunded immediately but those who come late shall forfeit the fee to the church with effect from January, 2023.

23. **BREAKING NEWS – WOMEN TUCK SHOP**

Visit the Women Tuck Shop for your *Household items, Gift items, Refreshments, Toiletries, Snacks, Drinks, Salad, Smoothes etc.* **Venue:** Behind the Vining Hall. Thank you.

24. **PRAYER SUPPORT GROUP**

NAME: .....

WHAT'SAPP NUMBER.....

ADDRESS:.....

GENDER: .....

AGE: .....

**B. 10.00 am HOLY COMMUNION**  
**AVMCC 59<sup>TH</sup> FOUNDER'S DAY ANNIVERSARY**

- Celebrant:** The Dean
- The Epistle:** Layreader O. Onabolu
- The Gospel:** The Rev. Samuel Adetona
- Preacher:** The Dean
- Intercessor:** The Dean

- ❖ Processional Hymn: CONH 110
- ❖ Worship Songs
- ❖ Preparation to Penitence – **The Ven. A. Omoyelu**
- ❖ The Epistle: 1 John 3:1-10
- ❖ Gradual Hymn: CONH 462
- ❖ The Gospel: Luke 15:1-10
- ❖ **SERMON**
- ❖ Nicene Creed & Intercession
- ❖ The Peace (*Let there be peace*)
- ❖ **Procession of Elements: CONH 611**
- ❖ All Offerings: Choruses  
*{First Fruit, Tithes, Building, Covenant Seed, Sunday Offering & All other offerings}*
- ❖ The Eucharistic Prayers
- ❖ The Administration: CONH 283, 758(I), 603, 266
- ❖ The Ablution: Majesty, Worship His majesty... (pg 22)
- ❖ Post Communion Prayer
- ❖ **Thanksgiving:**
  - i. AVMCC 59<sup>th</sup> Founder's Day Thanksgiving
  - ii. Monthly Thanksgiving
  - iii. Those born / or married in February
  - iv. 86<sup>th</sup> birthday thanksgiving of Chief Mrs Adunni Ogunsanya & God's numerous blessings.
- ❖ Doxology CONH 491 (pg 11)
- ❖ Benediction
- ❖ Notices
- ❖ Diocesan Anthem
- ❖ Withdrawal Hymn: CONH 120

**C. EVENTS AHEAD**

1. **Christian Mothers Bible Study– Monday, 6<sup>th</sup> March, 2023 at 5.00pm – Lady Chapel.**
2. **Swearing-In of Standing Committee Members – Sunday, 12<sup>th</sup> March, 2023 at 10.00am Service.**
3. **CONFIRMATION CLASS 2023: takes place at Lady Chapel by 5.00pm every Thursday and Sundays immediately after 10.00am Service.**
4. **40 DAYS LENTEN REVIVAL @ 6.00am daily – Wed. 22<sup>nd</sup> February – 1<sup>st</sup> April, 2023.**
5. **MOTHERING SUNDAY- Sunday, 19<sup>th</sup> March, 2023 @ 7.00a.m & 10.00am services.**
6. **Enrolment Service: Mothers Union on Sunday, 26<sup>th</sup> March, 2023 at 2.00pm.**
7. **12 HOURS OF PRAISE – Friday, 31<sup>st</sup> March – Saturday, 1<sup>st</sup> April, 2023 at 6.00pm – 6.00am.**
8. **PALM SUNDAY - Sunday, 2<sup>nd</sup> April 2023.**
9. **MAUNDY THURSDAY - Thursday, 6<sup>th</sup> April, 2023.**
10. **GOOD FRIDAY – Friday, 7<sup>th</sup> April, 2023.**
11. **EASTER SUNDAY - Sunday, 9<sup>th</sup> April, 2023.**

12. **EASTER CANTATA - Sunday, 9<sup>th</sup> April, 2023**  
sponsored by Fountain of Hope Society @ 4.00pm.
13. **Rogation Sunday – Sunday, 14<sup>th</sup> May, 2023**
14. **Pentecost Sunday – Sunday, 28<sup>th</sup> May, 2023**

**D. FIRST FRUIT – LEV. 23:10-11; DEUT. 26:1-10**

1. Your first salary on a new job.
2. The first profit from a new line of business
3. For those already working, it is the first salary in the year.
4. When promoted to another level, the difference between your former salary and the new one.
5. To the aged with no pension, it is your first allowance from your children.
6. For Landlords and Landladies, the rent for the first month in the year is your first fruit.
7. For students, the poor, the jobless, it is your first gift in the year.

**TEST GOD WITH IT, TASTE AND SEE THAT THE LORD IS GOOD – Mal. 3:10, Ps. 34:8**

Acct NO - STANBIC IBTC - 9200212515- First Fruits

**E. AVMCC SPONSORSHIP OF 2023**  
**EVENSONG BY SOCIETIES**

1. Sunday Mar. 5, 2023 - Band of Faith
2. Sunday Mar. 12, 2023 - Band of Grace
3. Sunday Mar. 19, 2023 - Band of Light
4. Sunday Mar. 26, 2023 - Band of Mercy
5. Sunday Apr. 2, 2023 - Palm Sunday
6. Sunday Apr. 9, 2023- Easter Sunday / FOH Easter  
Cantata
7. Sunday April 16, 2023 - Band of Glory
8. Sunday April 23, 2023 - Band of Peace
9. Sunday April 30, 2023 - Busy Bees

**F. 7.00a.m & 10.00am - YOUTH SERVICE**

**Celebrant: The Rev. Ayodeji Oluwatusin**

**Preacher: Sis. Ifeanyi Orabuiche**

**Theme: Making Self Denial Meaningful**

- ❖ Opening Hymn: CONH 268
- ❖ The Preparation to Penitence
- ❖ The Epistle: 1 John 3:1-10
- ❖ Praise & Worship
- ❖ The Gospel: Luke 15:1-10
- ❖ Nicene Creed
- ❖ Offertory: Choruses
- (a) *First Fruits* (b) *Tithes, Building, Covenant Seed & Sunday Offering*
- ❖ The Eucharistic Prayers
- ❖ The Administration to Ablution: Worship Songs
- ❖ Post Communion Prayer
- ❖ Word and Prayer Ministrations
- ❖ Alpha Course
- ❖ Youth Anthem
- ❖ Notices
- ❖ Prayer & Benediction
- ❖ Withdrawal Hymn: CONH 278

4.



03775510

**ARCHBISHOP VININGMEMORIAL**  
**(ARCHBISHOP VINING MEMORIAL CHU)**

**OFFERING & THANKSGIVING**



03775523

**ARCHBISHOP VININGMEMORIAL**  
**(ARCHBISHOP VINING MEMORIAL CHU)**

**ENDOWMENT FUND**



03781225

**AVMCC CHOIR**  
**(AVMCC CHOIR)**

**AVMCC CHOIR**

21.

## 17. CHRISTIAN MOTHERS

- i. Christian Mothers Bible Study comes up on Monday, 6<sup>th</sup> March, 2023 at 5.00pm. **Topic:** Parenting Today. **Speaker:** YWCA.
- ii. All women prayer meeting {Cathedral Deanery} Every 1<sup>st</sup> Thursday of the Month. **Venue:** The AVMCC Main Sanctuary. **Time:** 5.00pm-6.00pm.
- iii. Bible Study for Christian Mothers - Every 1<sup>st</sup> Monday of the month at 5.00pm.
- iv. Fasting & Prayer for Christian Mothers - Every last Monday of the month at 5.00pm.
- v. All Sunday School Children from ages 5years upward meeting every last Sunday between 7.00am – 9.00am
- vi. **Adult Education Programme:** This course is for young and old every Monday & Wednesday by 3.30pm at the Vining Hall.

## 18. INFORMATION FOR MEMBERS

### A. VACANCIES

- i. We announce the passing into glory of our Father Mr Titus Okelana (Member of Choir & YMCA) Aged: 83years. Burial arrangements are as follows:
  - (a) **Wake Keep:** Monday, 10<sup>th</sup> April, 2023 at Vining Hall at 4.00pm.
  - (b) **Funeral Service:** Tuesday, 11<sup>th</sup> April, 2023 at AVMCC, Ikeja at 9.00am
- ii. We announce the passing into glory of our Mother Mrs Beatrice Mojisola Oduyoye. Aged: 85years. Burial arrangements are as follows:
  - (a) **Wake Keep:** Wednesday, 19<sup>th</sup> April, 2023 at Vining Hall at 4.00pm.
  - (b) **Funeral Service:** Thursday, 20<sup>th</sup> April, 2023 at AVMCC, Ikeja at 9.00am

### B. VACANCIES

- i. **Sales Representative/Computer Operator** is urgently needed at Ugolaura Int. Ltd. Adebola Shopping Mall – No 53, Isaac John GRA – Ikeja. Interested persons to call: 08038479946.
- ii. **2 Experienced Sales girls** are urgently needed to work in a Boutique on Allen Avenue, Ikeja. Interested persons to contact 0803-3046576.
- iii. **Female receptionist** with good computer skill is urgently needed in an office at Ikeja. Qualification: HND, OND, SSCE. Preferably residing in Ikeja. Interested persons to call - 07063214646.

## 19. ICT LOUNGE:

Kindly patronize the AVMCC ICT LOUNGE at Adetiloye House (Ground Floor), which opens at 9.00am-5.00pm Monday to Friday, for your: Typing, Printing, Photocopy, Scanning, Bulk SMS, Laminating, Tinted Permit, Internet Work, Binding, Scratch Cards (Jamb, WAEC, NECO etc) and Computer Training. **Contact:** Call/Whatsapp No: 07063214646.

20.

## G. 6.00 pm. EUCHARIST WITH ANOINTING

- Celebrant:** *The Rev. Samuel Adetona*  
**Preacher:** *The Rev. Yinka Akinpeju*  
**Sponsor:** *Band of Faith*  
**Organist:** *Mr Sina Oyeneye*
- ❖ Processional Hymn: CONH 451
  - ❖ Preparation to Collect
  - ❖ The Epistle: 1 John 3:1-10 – **Band of Faith**
  - ❖ The Gospel: Luke 15:1-10
  - ❖ Sermon
  - ❖ Nicene Creed, Intercession to Peace
  - ❖ Offerings CONH 822
- (a) **First Fruits (b) Tithes, Building, Covenant Seed & Sunday Offering**
- ❖ Eucharistic Prayer
  - ❖ Communion: CONH 450
  - ❖ Ablution Hymn: Anima Christi
  - ❖ Post Communion Prayer
  - ❖ Prayer & Benediction
  - ❖ Notices
  - ❖ Withdrawal Hymn: CONH 455

## 2. SENTENCES FOR LENT II

### Introductory Sentence

A great prophet has risen among us; God has visited his people.  
**Luke 7:16.**

### Collect:

Almighty God, Whose glory it is always to have mercy! Be gracious to all who have gone astray from Your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of Your Word, through Jesus Christ Your Son, who with You and the Holy Spirit, lives and reigns, One God, for ever and ever. Amen.

### Collect for the Season:

Almighty and merciful God, You hate nothing that You have made and forgive the sins of all those who are penitent. Create and make in us new and contrite hearts, that lamenting our sins and acknowledging our wretchedness, we may receive from You, the God of all mercy, perfect forgiveness and peace; through Jesus Christ our Lord. Amen.

### Post Communion Sentence

My heart says of You, "Seek His face" Your face O Lord, I will seek.  
**Psalms 27:8.**

### TOWARDS THE NEW CATHEDRAL

#### THE COLLECT:

Heavenly Father we acknowledge the fact that without You, we can do nothing, for except You build, those who are building are doing it in vain. Empower us to build to Your glory and honour O Lord. Provide for us unto overflowing and over abundance. Make way where there seems to be none, silence every spirit of Sanballat and Tobiah and fill us with the anointing of Zerubbabel unto a glorious timely and speedy completion for with You there is no abandoned project. All of these and many more mercies and grace we ask for in the mighty name of Jesus Christ our Lord and Saviour. Amen.

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### 3. LET THERE BE PEACE (ADAPTED)

Let there be PEACE shared among us

Let there be Peace in our hearts

5.



May NOW your Peace sweep this church  
Cause us O Lord to Arise  
Give us a fresh understanding  
Of Brotherly Peace that is Real  
Let there be Peace shared among us  
Let there be Peace.

#### 4. PRAYER POINTS FOR TODAY – SUNDAY, 5<sup>TH</sup> MARCH, 2023

##### A. Prayers for the Anglican Communion and for Christian Denominations and Organizations

- i. Pray for Henry Ndukuba our Primate, and Olusola our Bishop, for grace to hear from the Lord on daily basis in line with God's mandate in their episcopacy.
- ii. For the Rt. Rev. Chijioke Aneke, his family and all members of the Diocese of Udi.

##### B. Prayer for Nigeria & the World

- i. *Pray that the Lord of Host in His mercies will on account of His elects and remnants in Nigeria frustrate every raging from the pit of hell and all evil counsels, gang-ups and schemes in form of Boko Haram, Herdsmen and Islamnization agenda so that Christianity in Nigeria will never go the way of TURKEY nor NORTH AFRICA in Jesus Name. Amen.*
- ii. Pray that the Lord shall silence every rumour of war in the world especially in those countries where they are not at rest as at today.
- iii. Pray for the political leaders in our country that fear of God shall overshadow them.

##### C. Prayer for AVMCC

- i. Pray for those who are waiting on God for favour in our midst.
- ii. Pray for grace of God and divine help concerning our lives.
- iii. Pray that the joy of the Lord will be our portion in AVMCC.

##### D. Prayers for individual Families within the AVMCC Household

Ogbogu Family, Ogboh Family, Ogbolu Family, Ogbonna Family, Ogbonnaya Family, Ogbu Family, Ogbuchukwu Family, Ogbugh Family, Ogbuka Family, Ogbuzo Family.

##### E. Prayers for all our members who are having their Birthdays and/or other Anniversaries today:

- i. For Mrs Omowunmi Adeyemi, Miss Solape Ajala, Miss Ifeoma Anadu, Mr Ikechukwu Iwekuba, Miss Ezinne Nwanguma, Mr Solomon Okokoro, Mr Akinkumi Akideinde, Chief (Mrs) Adunni Ogunsanya, Mrs Patience Owhe, Miss Opeoluwa Aderemi, Mrs Adaeze Ikedife, Mr Ekene Okoli, Mrs Rosemary Onebunne, Mr Idemudia Ekhomu, Mr Tolulope Ijogun, Mr Chizaram Kanu, Mr Chukwuemeka Kanu who are celebrating their birthdays today.
- ii. For those having their Wedding Anniversaries or any other positive Anniversaries today.

F. Prayers for the following people: Engr. & Mrs. Odedairo, Mrs. Beatrice Akinola, Mrs M.O. Ilori, Mrs Lydia Metu, Mrs M.M. Aruofor, Mrs Roseline Anyadikwa, Mr Samuel Chukwudum.

#### KEY PRAYER POINTS FOR THE MONTH

- Let us pray and thank God for the season of Lent. Bless His name for His plans and purposes for the season of Lent.
- Raise the altar of liberation and release over this season of Lent and connect it to the golden altar in heaven.
- Decree an end to all forms of bondage and captivity in this season of Lent by the blood of Jesus Christ. Ask the Lord to turn back every captivity in this season in Jesus' name. **PSALM 126:1-6**
- Command the gates of liberation and release to be opened by their own accord in this season of Lent by the supreme transaction of the broken body and the shed blood of Jesus Christ. **ACTS 12:6-10**
- Ask the Lord to pass through the camp of the enemy in this season of Lent to strike their power base and scatter all their power sources, as well as their evil altars and thrones in Jesus' mighty name. **EXODUS 12:12**
- Let us ask the Lord to arise in this season of Lent and unleash His judgments against every Pharaoh Company holding us, our families, the church, and the nation captive as He did to Pharaoh in Egypt. **EXODUS 12:29-33**
- Let us activate the divine insurance in the blood of Jesus Christ on behalf of ourselves, our families, and the Nation against any evil orchestration as we go through Lent and the month of March. **EXODUS 12:13**
- Declare the opening and the release of God's doors of blessings and uncommon favor upon our lives, our families, and the Nation in this season of Lent. **EXODUS 12:35-36**

**15. REVISITING AND RESUSCITATING HOME FELLOWSHIP CENTRES IN AVMCC**

The AVMCC House Fellowship Project has finally taken off! Parishioners are encouraged to attend House Fellowship in their nearest Centers. Those whose locations have changed should please contact Mrs. Charity Nnebedum for corrections. The following are the existing House Fellowship Centres:

AREA	COORDINATOR	MEETING DAYS & TIME	PHONE NUMBER	ADDRESS
Opebi	Bro. I.O. Odeniran	Every Thursday @ 6pm	08023096565	11a Samuel Awoniyi St. Opebi
Magodo	Sis. Funmi Akinbobola	Every Sunday @ 6pm	08033083851	7 Akinola Erinoluwa St. Magodo Phase 2.
Oyemekun/Adeyeri/College Rd, Ogba	Bro. Ndubisii Odebeatu	Every Sunday @ 6pm	08037297743	19, Ilerioluwa Crescent off Adeyeri St, College Rd. Ogba
Ajao Estate	Sis. Ebele Okere	Every Sunday @ 6pm	08026609443	29 Fatai Irawo Street, Off Murtala Mohammed Int Airport Rd, Ajao Estate

For enquiries, please call or Whatsapp: 070632214646 or 08033025458.



**G. Prayers For:** The barren, the pregnant, spinsters, bachelors, the jobless and the homeless among us that God will open a book of remembrance covering them all and help them speedily to the shame of the devil, removing their reproaches.

**5. THOUGHT FOR THE WEEK SUNDAY, 5<sup>TH</sup> MARCH, 2023**

**THEME: MAKING SELF DENIAL MEANINGFUL READINGS: PSALM 33:17-21, ISAIAH 53:1-12; 1 JOHN 3:1-10; LUKE 15:1-10.**

**INTRODUCTION**

Welcome to today's Sunday Service. May God's presence envelope you and give you an undeniable experience in Jesus Name. Amen. The Lenten season is on. This morning we are considering how to make self-denial meaningful. We want to know the ways we can get the best out of this season. We must know that being mere religious about Lent will fetch us nothing because that was the exact thing the religious people in the days of Prophet Joel were doing. They would rend/tear their garments but not their hearts (Joel 2:13). Any person can put up an act showing they are disciples but their fruits don't align. The difference is simple. A religious person is ceremonial and shallow; lacking relationship with the object of worship. A disciple is a follower intently understudying, learning and living in the life of the master. Following is a major constituent of denying self. Self-denial is about forgetting about yourself. It is about making yourself insignificant for a higher call. Denying yourself is an essential part of the Christian life. Jesus called upon those who wish to be His followers to reject the natural human inclination toward selfishness. "Then Jesus told his disciples, 'If anyone would come after me, let him deny himself and take up his cross and follow me'" (Matthew 16:24). Self-denial is the willingness to deny oneself of possessions or status, in order to grow in holiness and commitment to God. So I ask this question, what time is it?

**1. TIME TO SACRIFICE**

Isaiah 53:7 says "He was oppressed, and he was afflicted, yet he opened not his mouth: he is brought as a lamb to the slaughter, and as a sheep before her shearers is dumb, so he opened not his mouth". Jesus denied himself. He could had opened his mouth and call down fire to destroy the Roman Soldiers dragging him but he chose to let go of himself and submit to the assignment to save mankind. That was huge sacrifice. We must follow in his steps. We must be willing to give up something for someone or for some people or for some good course.

## 2. TIME TO DE-EMPHASIZE

This is not the time play your titles, position, powers, wealth, affluence and might. This is the time to de-emphasize. This is the time to understate yourself. This is the time to truly emphasize who Jesus is to the world and live in his life to others. This is not the time for self-glorification. It is not the time for loudness of ego and accomplishment. Nobody contests that you have might but this is the time you soberly deploy your might under the Almighty in reaching the people with no might at all. Phil 2:5-8 says *“Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: **But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men; And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross”**.*

## 3. TIME TO SERVE

Jesus served. ....and took upon himself the form of a servant. **Please note that he wasn't made a servant. He made himself a servant!** The Lord Himself exemplified self-denial (John 13:1-17). He washed the feet of his disciples. All of them. He didn't just washed them. He dried them with a towel. He did a good job of it. Maybe you want to tell the Guild of Stewards that for this Lenten Season, I want to join you in the services to help. Maybe you want to come around and join the janitors in cleaning the Church premises. Something that is flowing from you not compelled or imposed. Maybe you want to join the intercessors in prayers.

## 4. TIME TO UNCOVER YOUR SINS AND REPENT

Proverbs 28:18 says *“He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy”* This is the time to uncover. Remove the lid. Break the gourd or box wherein you hide those bad behaviours. Repent! **Repentance** is a personal, sorrowful, regretful and absolute turning away from ungodliness to godliness; turning away from sin to righteousness; turning away from evil to good; turning away from the devil to God. This is the very first call God is made to mankind. Repentance is a U-turn; a complete turn-away from what you have been doing to something new. Repentance is a jettison of the old direction and an embrace of a new one. In Matthew 3:1-2, the Bible says, *in those days, John the Baptist came, preaching in the wilderness of Judea and saying, “Repent, for the kingdom of heaven has come near. Lent is a time to dump old and spiritually unprofitable ways and embrace the ways of righteousness.*

8.

## C. Cathedral Youth Chapel Regular Weekly Programmes

- i. Strictly Feminine - Every 3<sup>rd</sup> Saturday of the month.
- ii. Just 4 Guys – Every 3<sup>rd</sup> Saturday of the month at 3.00p.m
- iii. Youth Fellowship every Saturday by 3.00pm.

**Sunday: 7.00am. & 10.00am. Services**

**Venue:** Youth Chapel (2<sup>nd</sup> Floor, Adetiloye House)

**Strictly Feminine – Co-ord –Sola Aladesawe - 08135431392.**

**Just 4 Guys Co-ord. – Okechukwu Ofoegbu - 08064463886**

## D. Elderly Ministry

All Senior Citizens are welcome every first and second Tuesday of each month from 11.00 am to 1.00pm.

- i. Medical Check-up in the Clinic; Spiritual Talks; Games /Exercises and Handicrafts in the Vining Hall.
- ii. Please send names of sick and shut-in Elders to the Coordinator Elderly Ministry or the Cathedral office for visitation.
- iii. **2023 Bible Quiz Book – EZEKIEL**

## E. Evangelical Ministry

### i. Monthly Meeting

- (a) 1<sup>st</sup> & 3<sup>rd</sup> Monday of the Month at 1<sup>st</sup> Floor, Vining House by 6.00pm.
- (b) 2<sup>nd</sup> Saturday has been shifted to 3<sup>rd</sup> Saturday.

### ii. Home Fellowships:

All Parishioners and their friends are encouraged to attend a Home Fellowship of their Choice and convenience near their homes or work places. Please check the list of Home Fellowship Centres.

### iii. Visitation:

Do you know any Parishioner who needs to be visited by the Church? Please send the name and address to the Evangelical Ministry, the Intercessors or the Dean for a follow-up.

## F. Prisons & Hospital Ministry

(a) Hospital Visitation every 3<sup>rd</sup> and last Sundays of the month. (b) Prison visitation every 2<sup>nd</sup> Thursday of the month (c) Meeting comes up every 2<sup>nd</sup> Sunday of the month after 10.00a.m Service at the Church gallery. For more information, call **(08033136370 and 08036695837)**.

## G. Intercessory Ministry

This Group meets for prayers every Tuesday from 5p.m to 6pm. They visit the sick and all those needing spiritual support and prayers etc after 7.00a.m Midweek Communion service every Wednesday. Please avail yourself of the services of this group as and when required.

## H. Men & Women of Grace Fellowship

1. Are you a widower or a widow?
2. Are you aware of the existence of above fellowship for widowers and widows?
3. If yes to no. 1, Are you a registered member of the fellowship?
4. Kindly pick and complete a registration form to register or update your data.

Identify with one and other via care, love and support by fellowshipping of God's grace every last Thursday of the month at 11.000am.

For the fellowship's objectives, registration form and other information, visit the church office or call 08023125243.

17.



### **E. Admission to Anglican Girl's College, Ketu-Ijanikin**

The form for the school is out at the rate of N5,000.00. Payment should be made into Wema Bank Account No.0120980406. Account Name: Anglican Girl's College, Ketu-Ijanikin. Forms can be obtained from the Cathedral Office, please fill and submit to the school.

### **F. Lagos Anglican Dioceses Bible College, Lagos**

Admission interview for new students is scheduled for Saturday, 18<sup>th</sup> March, 2023 at 8.00am. 17 Broad Street, Lagos. For details call: 08033083851. Admission form is N3,000.

### **G. Admission to Igbobi College, Yaba,**

The forms for the above schools are out at the rate of **₦10,000**. Payment should be made into **Union Bank Acct N0 0004513499**. Account Name: Igbobi College. Kindly collect the form at the Igbobi College, Admission office, Yaba or download form from the college website [www.igbobicollegeyaba.com](http://www.igbobicollegeyaba.com).

### **H. Babington Macaulay Junior Seminary, Ikorodu**

The forms for the above school are out at the rate of **₦15,000**. Payment should be made into **Zenith Bank Plc: Babington Macaulay Junior Seminary Account No 1015133015**. Collect your own at the Cathedral Office and submit at the school. **Examination Date:** Saturday, 3<sup>rd</sup> June, 2023. Interview on Saturday 11<sup>th</sup> June, 2023 at 8.00am.

### **I. Admission to Lagos Anglican Schools**

- Anglican Comp. High School, College Road, Ipaja,
- Anglican Girls Grammar School, Surulere,
- CMS Grammar School, Bariga
- Bishop Howells Memorial Grammar School, Bariga
- Lagos Anglican Nursery & Primary School, Bariga.

The forms for the above schools are out at the rate of **₦12,000**. Payment should be made into **Union Bank Acct N0 0002516850**. **Account Name:** Lagos Anglican Schools Management Board and Collect the form at the Cathedral Office and submit to the school of your choice. **Examination Dates:** *Saturday, 1<sup>st</sup> April, 2023, Saturday, 6<sup>th</sup> May, 2023, Saturday, 3<sup>rd</sup> June, 2023 and Saturday, 1<sup>st</sup> July, 2023.*

## **14. MINISTRIES & FELLOWSHIPS**

### **A. Children's Ministry**

Parents are requested to send their children to the Sunday School with Bibles, Note Books & Biro. Please instruct your children to remain in the Sunday School and not wander about looking for things to buy. Children are better and safer in the Sunday School.

### **B. COUNSELLING MINISTRY**

Prospective couples are counselled in the ministry after which they are referred to the priest assigned to them for the concluding part of the Counselling session.

Counselees from overseas (with evidence) who intend to spend a short period in the country for their wedding, undergo crash programmes because of their time limitations.

## **5. TIME TO LOVE**

Denying yourself is one part of the process. There is the part of someone or something benefiting from the denial. Your denial is a sacrifice offered. The way God expressed his love towards us was in denying himself for our sake. So, when you deprive yourself of pleasure. The savings made is meant to benefit someone else. Isaiah 58:6-7 throws more light on this. *"Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?"* Brethren, Lent is not a time to save money for ourselves. It is a time show love in terms of giving and helping people. The food you deny yourself of must go to someone else.

## **6. TIME TO FOR SPIRITUAL SERIOUSNESS**

So a lot of people fast but neither pray nor study the Bible nor get spiritually serious. They just go through the motions. Fasting is denial of the flesh but you must feed your spirit. When we fast, we beat down the flesh. It is a time to sow unto the Spirit to reap eternal life (Gal 6:8) **"Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life"**. It is the time to properly take our cross and begin to follow Jesus more intently. This is the time our spiritual sensitivity should be higher. This is the time to seek deep revelations from God.

## **7. TIME TO SOW**

Psalm 126:5-6 says *"They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him"* **A wise farmer doesn't eat his seeds. He sows them.** For those who are spiritually sensitive, this is the time to sacrificially sow seeds of faith, love, peace, relationship, success et al. Careless farmers eat up their seeds. They consume their seeds. What efforts are we making today for a brighter tomorrow. It might be more time with your spouse or children. You can withdraw from your many activities and spend more time with people to grow and build them.

## **CONCLUSION**

From the moment of our new birth into Jesus Christ, self-denial becomes a daily exercise for the rest of this life on earth (1 Peter 4:1-2). Through daily self-denial and crucifying the flesh, our life in Christ grows and develops more and more. When you are willing to sacrifice your time, energy, rights, position, reputation, privileges, comforts, and even your very life for the sake of Christ, you exemplify what it means to deny yourself (Matthew 10:39) I bid you welcome to a most meaningful time of Lent in Jesus name. Amen

## 6. ATTENDANCE FOR PREVIOUS WEEK

February 26 – March 4

7.00 am Holy Communion	573
7.00 am Youth Service	-
7.00 am Sunday School	-
10.00 am Mattins	437
10.00 am Youth Service	-
10.00 am Sunday School	-
Tuesday Bible Study	105
Wednesday Holy Communion	182
Wednesday Prayer Meeting	235

## 7. MEETINGS THIS WEEK

The following Societies will meet immediately in the Church

-  *Band of Peace Society*
-  *Ascension Fellowship*
-  *Christian Brothers Society*
-  *Ambassadors of Christ Executive*
-  *Y.W.C.A. Executive*
-  *Agape Christian Sisters*
-  *Sons & Daughters of Egbaland*
-  *Band of Light Executive*
-  *Lords Labourers Fellowship*

## 8. CATHEDRAL ROSTER

### A. Cathedral Health Centre

#### i. Personnel on Duty this Sunday, 5<sup>th</sup> March, 2023

**7.00a.m-10.00a.m:** Dr. M. Akinlemibola, Dr. B. Ibidapo-Obe, Pharm. Chief Nwerri, Mrs Nkiru Arah, Mrs A. Amah-Jerry.

**10.00am-2.00pm:** Dr. (Mrs) Irene Okwerekwu, Dr. Arinze Onubogu, Pharm. Dele Ajala, Pharm Y. Olorunsola, Mrs Bola Awobiyi, Mrs Chinelo Emenike.

#### ii. Personnel on Duty Next Sunday 12<sup>th</sup> March. 2023

**7.00a.m-10.00a.m:** Dr. M. Akinlemibola, Dr. B. Ibidapo-Obe, Pharm. Chief Nwerri, Mrs Olufunke Olatunji, Mrs E. Osibajo.

**10.00am-2.00pm:** Prof. I. Akinsete, Pharm. Dele Ajala, Dr. (Mrs) Irene Okwerekwu, Mrs Chinelo Emenike, Sis Boladuro Ajibola.

### B. Security & Traffic Control

#### i. Sunday 5<sup>th</sup> March. - Saturday, 11<sup>th</sup> Mar. 2023

Oyebanji Toba (**Captain**), Helen Arhagba, (**Assistant Captain**), Segun Adeniji, Chioma Obi, Caroline Omowhara, Juliet Chimezie, Funso Fagbuyiro, Kene Obimma, Chukwuemeka Osaka, Funmi Ladele, Ekwegh Lilian, Michael Enujioké, Olusegun Esan, Enujioké Michael, Odibo Fanny Efe, Odanye Mojisola.

#### ii. Sunday 12<sup>th</sup> Mar. - Saturday, 18<sup>th</sup> Mar, 2023

Omotola Onakoya, (**Captain**), Goke Uthman; (**Assistant Captain**), Ogunleye Adeboboye, Adeyemi Muiyiwa, Segun Adeniji, Dare Sigbeku, Chioma Obi, Juliet Chimezie, Akinniran O. Temidayo, Rita Osibodu, Olusegun Esan, Michael Enujioké, Nwaorgu Chinedu, Okedurum Andrew, Gbenga Ojo.

10.

## 10. SUMMARY OF SERVICES FOR NEXT SUNDAY

Lent III

March 12

Theme: Christ: The Way, The Truth and The Life

Colour: Purple

7.00 am: HOLY COMMUNION

*Celebrant:* The Rev. Samuel Adetona

*Epistle:* Colossians 1:24-29

*Layreader F. Okey-Ogbu*

*Gospel:* Luke 9:18-27

*The Rev. Toyin Adeyeye*

*Address:* The Rev. Canon Dr. B. Okere

### THE YOUTH SERVICE

**Venue:** The Adetiloye House

**Cantor:** The Rev. Ayodeji Oluwatusin

**Preacher:** The Rev. Ayodeji Oluwatusin

10.00am: MATTINS

*Cantor:* The Ven. Gbenga Oniye

*O.T. Reading:* Genesis 7:17-24

*Layreader G. Okeke*

*N.T. Reading:* Luke 9:18-27

*Layreader O. Obisesan*

*Address:* The Rev. Yinka Akinpeju

2.00pm: 70<sup>TH</sup> BIRTHDAY OF  
MRS ADEBOLA AFUN

6.00 pm: EVENSONG

*Cantor:* The Rev. Ayodeji Oluwatusin

*Psalm* 31

*Lesson:* Acts 12:1-17a

*Preacher:* The Rev. Yinka Akinpeju

## 11. NOTICES

### A. Visitors and New Comers

We welcome Visitors and New Comers to Archbishop Vining Memorial Church Cathedral, Ikeja. We pray that the joy of the Lord will be yours today and always. You are requested to please move to the Lady's Chapel after the service where our Evangelical Team is waiting to attend to you.

### B. Library:

The Cathedral Library opens daily:

Monday – Friday - 8.00am to 5.00pm

Closed on Saturday & Sunday.

We request everyone to make use of this opportunity.

### C. Vining Bookshop

Kindly patronize the Bookshop at Adetiloye House, which opens at 9.00am-5.00pm Tuesday to Friday, 10.00am-4.00pm on Saturdays and 9.30am-2.00pm on Sundays.

### D. AVMCC Guest House

Stay within a Christian environment, also visit the restaurant for tasty and affordable meals all located at the 3<sup>rd</sup> Floor of Vining house within the Church complex. Laundry services are also available. Contact us on 09158070000 and 09158060000.

15.

Folorunso, Mrs Ngo Deal, Mr Adetokunbo Olofin, Miss Ijeoma Onukwube, Mr Tokunbo Olofin, Mr Izunna Okpara, Mr Oluwaseun Yusuff, Mrs Gloria Afamefuna, Mr Ifeatu Onwuasonya.

- ❖ For these individual Families within the AVMCC Household: Ogunlesi Family, Ogunleye Family, Ogunmoyero Family, Ogunnowo-Bolaji Family, Ogunnubi Family, Ogunniran Family, Ogunsanya Family, Ogunsola Family, Oguntola Family, Oguntuase Family.

#### 5.00pm CONFIRMATION CLASS – Vining Hall

Friday, March 10 2023 Colour: Purple

6.00am Lent Revival

7.00am Holy Communion

Theme: The believer's Word

Celebrant: *The Ven. Azubike Ahubelem*

For the Epistle: *Lev. 27:1-25– Mrs P. Olagbaju.*

Gospel: *John 5:30-47*

Hymns: *CONH 532, CONH 535, CONH 445*

Preacher: *The Rev. Samuel Adetona*

Prayer Points:

- ❖ For the Rt. Rev. Festus Davies, his family and all members of the Diocese of Ogori-Magongo.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Samuel Ihuonye, Mrs Diana Oguine, Mr Emeka Nwobi, Mrs Stella Ogunrinde, Mr Eytayo Koiku, Justice George Oguntade, Mr Okechukwu Anekwe.
- ❖ For these individual Families within the AVMCC Household: Ogunwumi Family, Ogunye Family, Ogunyemi Family, Ogunyomade Family, Oguta Family, Ohagwa Family, Ohaka Family, Ohazurume Family.

6.00pm Choir Practice

11.00pm Online Vigil

Saturday, March 11, 2023 Colour: Purple

6.00am Lent Revival

7.00am Holy Communion

Theme: Dedicated to the Lord

Celebrant: *The Rev. Yinka Akinpeju*

For the Epistle: *Lev. 27:26-End- Mrs H. Adewale*

Gospel: *John 7:1-13*

Hymns: *CONH 403, CONH 394, CONH 726*

Preacher: *The Rev. Ayodeji Oluwatusin*

Prayer Points:

- ❖ For the Rt. Rev. Yusuf Ishaya Janfalan, his family and all members of the Diocese of Ikara.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mrs Adaeze Anaduaka, Mrs Glory Anyanwu, Mr Gabriel Iwuoha, Mr Uchenna Emeruwa, Mrs Lilian Elue, Mr Olakunle Jegede, Mrs Uzoamaka Udunze, Mrs Chinyere Kanu, Mrs Omotunde Adesanya, Mrs Judith Ohiomokhare, Miss Ayodele Osundeko, Miss Chidera Echedom, Mr Imongan Akhigbe, Miss Ayodele Osundeko, Mr God's Victory Okeke.
- ❖ For these individual Families within the AVMCC Household: Ohiara Family, Ohieku Family, Ohiomah Family.

4.00 pm

Baptism

14.

#### QUOTABLE QUOTES

1. The God that is fully known is no God –  
**Bishop Odedeji**
2. Your relevance is not in the money you possess, it is the impact you make with the riches–**Bishop Odedeji**
3. One day, we shall all be remembered for two things. First the life you built up and second, the life you destroyed - **Bishop Odedeji**
4. Men may help you to the top, but character will either sustain or demote you- **Bishop Odedeji**
5. When God is leading you, you can never lack direction – **Bishop Odedeji**
6. Never let your background, put your back on the ground – **Bishop Odedeji.**
7. The beautiful paint on the wall is a product of a beautiful heart – **Bishop Odedeji**
8. Success is a product, you have a price to pay –  
**Bishop Odedeji**
9. No one is too small to lead. We only have men that are too big to follow – **Bishop Odedeji**
10. If you do what you LIKE always, you will end up where you do not LIKE– **Ven Ebenezer Adewole**
11. What costs Nothing, leads to Nothing –  
**Bishop Odedeji**
12. When you take God for GRANTED, you will be GROUNDED - **Bishop Odedeji**
13. You become a rebel, if you do not have the attitude of gratitude – **Ven Ebenezer Adewole.**
14. If You fail Examination, don't fail correction –  
**Bishop Odedeji**
15. Nature does not harbor vacuum. When you are stagnant, you will attract dust – **Bishop Odedeji**
16. When carnality is the order of the day in your life, the devil is the one ordering your life – **Bishop Odedeji**
17. Champions are not made in the ring, they are only recognized in the ring – **Bishop Odedeji**
18. Clarity of purpose is the bedrock of fruitful choice making - **Bishop Odedeji**
19. Attitude creates your world and determines your Ultitude - **Bishop Odedeji.**
20. Nothing will forever be easy when it is worthwhile – **Bishop Odedeji**

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#### HYMN FOR DOXOLOGY - (CONH 491)

1. Let Your blessings, Lord, attend us,  
As we go out of this place,  
And abiding in Your presence  
Basking in Your joy and grace.
2. Let us in Your sight find favour  
In all on which our hands lay  
Make Your face Lord shine upon us  
As You lead us on our way.
3. May Your heavenly peace surround us  
Turn our darkness into light,  
Give us strength, now and forever0  
So, to live within Your might.
4. God, our compassionate Father,  
Look upon us with mercy  
Let Your Name receive our praises  
Now and for eternity. Amen.

11.

**9. ACTIVITIES FOR THE WEEK****Monday, March 6, 2023 Colour: Purple****6.00am Lent Revival****7.00am Holy Communion****Theme: Cohabitation of the Rich and Poor****Celebrant: The Rev. Samuel Adetona****For the Epistle: Lev. 25:1-18- Mr. Nathan Eze****Gospel: John 4:27-42****Hymns: CONH 451, CONH 484, CONH 785(II)****Preacher: The Ven. Gbenga Oniye****Prayer Points:**

- ❖ For the Rt. Rev. Ephraim Ikeakor, his family and all members of the Diocese of Amichi.
- ❖ For the Rt. Rev. Samuel Egbeunmi, his family and all members of the Diocese of Ilesa South West.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Adetola Adeyanju, Mr Oluwatosin Adigun, Engr. Adeyemi Ajibade, Miss Oyinkansola Odeneye, Mr Oluwagbemiga Odeneye, Miss Obianuju Nwobi, Miss Obianudo Nwobi, Miss Olubusola Onakoya, Pharm Alfred Osinoiki, Mr Chike Ezeagabu, Mr Chukwudi Okeke, Mrs Olusola Buluro, Mr Uzoezi Nwachukwu, Mr Olakunle Williams.
- ❖ For these individual Families within the AVMCC Household: Ogedengbe Family, Oghenekaro Family, Ogidiolu Family, Ogochukwu Family, Ogoge Family, Oguaju Family, Oguamanam Family, Ogunnubi Family, Oguchi Family, Oguchuba Family.

**6.30 pm Choir Practice****Tuesday, March 7, 2023 Colour: Purple****6.00am Lent Revival****7.00am Holy Communion****Theme: Holding God by His Word****Celebrant: The Ven. Abiodun Omoyelu****For the Epistle: Lev. 25:19-44- Mr. E. Chukwubuikem****Gospel: John 4:43-54****Hymns: CONH 543 (II), CONH 538, CONH 458****Preacher: The Rev. Canon Dr. B. Okere****Prayer Points:**

- ❖ For the Rt. Rev. Edward Osuegbu, his family and all members of the Diocese of Okigwe.
- ❖ For the Rt. Rev. Blessing Erifeta, his family and all members of the Diocese of Sapele.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Abayomi Kalejaiye, Mr Samuel Lebi, Mr Babatunde Oluwasola, Mrs Adenike Adeniyi, Mr Olaniyi Olaleye, Mr Benjamin Ikebeotu, Miss Tamilore Osunleti, Miss Esther Olinya, Mrs Adebisi Babatunde, Barr. Gbenga Olusola, Mrs Chinonso Onwuzurike, Mrs Kofoworola Odeyemi, Mrs Uzoamaka Okafor, Mr Ikenna Onyemaobi, Mrs Ijeoma Nwosu-Igbo, Mr Mike Echedom.
- ❖ For these individual Families within the AVMCC Household: Oguechuba Family, Ogugua Family, Oguine Family, Ogun Family, Ogunbadejo Family, Ogunbadeniyi Family, Ogunbiyi Family, Ogunboye Family, Ogundele Family, Ogundimu Family.

**5.00pm - 6.00pm Intercessory Prayer****6.00 pm BIBLE STUDY****12.****Wednesday, March 8, 2023 Colour: Purple****6.00am Lent Revival****7.00am Holy Communion****Theme: Wholehearted devotion towards God****Celebrant: The Ven. Gbenga Oniye****For the Epistle: Lev. 26:1-21 - Lay. M. Oshikoya****Gospel: John 5:1-18****Hymns: CONH 901, CONH 822, CONH 450, CONH 455****Preacher: The Dean****Prayer Point**

- ❖ For the Rt. Rev. Daniel Olinya, his family and all members of the Diocese of Eha-Amufu.
- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Dr. Ayodele Obilana, Mrs Viola Amuta, Mr Louis Ekwunife, Mrs Florence Osofisan, Mr Enefiok Isong, Mr Alex Ezeocha, Mr George Nwoke, Mr Olufemi Ogunboye, Chief Sanya Gbolade, Miss Olabisi Tugbobo, Chief (Mrs) Dianne Aderiye, Mr Joshua Bamgbade, Miss Patience Gawan, Mr Abiola Adepoju, Mr George Okechukwu.
- ❖ For these individual Families within the AVMCC Household: Ogundipe Family, Ogundiran Family, Ogungbe Family, Ogunkoya Family, Ogunlade Family, Ogunlela Family.

**9.00am 75<sup>TH</sup> BIRTHDAY OF DR. AYODELE OBILANA****6.00pm****LENTEN SERVICE****ORDER OF SERVICE****Celebrant: The Rev. Yinka Akinpeju****The Epistoller: The Rev. Canon Dr. B. Okere****The Gospeller: The Rev. Samuel Adetona****Preacher: The Ven. Gbenga Oniye****Intercession: The Rev. Toyin Adeyeye****Theme: Return to the Lord**

1. Processional: Organ Recital
2. Opening Hymn: CONH 281
3. The Preparation to Penitence – **Ven. A. Omoyelu**
4. The Epistle: Romans 1:28, 2:11
5. Gradual Hymn: CONH 278
6. The Gospel: John 5:1-18
7. The Message
8. Nicene Creed,
9. Intercession
10. Peace
11. Offertory Hymn: CONH 795
12. Eucharistic Prayers
13. Administration: CONH 267, 556, 272
14. Ablution Hymn: CONH 538 (*Self Denial Envelopes*)
15. Post Communion Prayer
16. Closing Prayer and Benediction
17. Notices
18. Withdrawal Hymn: Organ Postlude

**Thursday, March 9, 2023****Colour: Purple****6.00am Lent Revival****7.00am Holy Communion****Theme: Chastening for Reformation****Celebrant: The Ven. Abiodun Omoyelu****For the Epistle: Lev. 26:22-End – Mrs T. Afolabi****Gospel: John 5:19-29****Hymns: CONH 616, CONH 450, CONH 471****Preacher: The Rev. Yinka Akinpeju****Prayer Points:**

- ❖ For these members of the Cathedral who are celebrating their Birthdays today: Mr Funsho Adegbeye, Mrs Abiola Aderibigbe, Mrs Abimbola Soyinka, Dr. Afelumo

**13.**